| 12 | 13 | 14 | 15 | 16 | | |
|---------------------------|-------------------------------|--------------------------|------------------------------|-------------------------|--|--|
| Protein Kit | Creamy pasta salad | WBJ | Muffin/Yogurt | Bagel and Cream Cheese | | |
| Pretzels | Rotini | WOWbutter | Muffin | Cinnamon Raisin Bagel | | |
| Cheese Slices, hummus cup | Shredded Cheese | Jelly | Yogurt, string cheese | Yogurt, Sunflower seeds | | |
| Celery sticks | diced bell pepper | Baby carrots | Broccoli (cold) | Cream cheese | | |
| Applesauce cup | Jicama | Pear | Banana | Lemon chickpea salad | | |
| Ranch | Pineapple cup | Ranch | Ranch | Apple | | |
| | Tajin | | | | | |
| 19 | 20 | 21 | 22 | 23 | | |
| | Cheese Sandwch | Breakfast for Lunch | Lunchable | Pizza bagel | | |
| | White American Cheese | Yogurt cup | Hummus cup | Shredded mozzarella | | |
| ΗΑΡΡΥ | Pepperjack cheese | Colby Jack String Cheese | Sliced cheese rounds | Bagel | | |
| | Hamburger Bun | Granola | wheat crackers | Marinara cup | | |
| JUNETEENTH! | Lettuce and Tomato | Red bell pepper strips | Cucumber slice | Whole apple | | |
| | Raisins | Watermelon chunks | 100% Fruit Juice Box | | | |
| | Mayo, hot sauce packet, ranch | Ranch | Ranch | | | |
| 26 | 27 | 28 | 29 | 30 | | |
| Cheese croissant | Taco kit | Yogurt kit | Chef salad | Protein Kit | | |
| Yellow American Cheese | Sesasoned black beans | Yogurt cup | Chickpeas | Sunflower seeds | | |
| White American Cheese | Shredded cheese | Sunflower seeds | Shredded cheese and crackers | Cheese cubes | | |
| Croissant | Tortilla chips | Granola | Mixed greens | Pizza crackers | | |
| Baby carrots | Salsa cup | Red bell pepper strips | Whole apple | Cherry tomatoes | | |
| Orange | Plum | Banana | Shredded carrots/tomatos | Craisins | | |
| Mayo, Mustard, Ranch | | Ranch | Ranch | | | |

June 2023 - Vegetarian Cold Lunch



All Meals include milk

July 2023- Vegetarian Cold Lunch

| 3 | 4 | 5 | 6 | 7 |
|-----------------------------|------------------------|--------------------------------|--------------------------|--------------------------|
| Wowbutter and Jelly | | Cheese Sandwch | Breakfast for Lunch | Lunchable |
| Wowbutter | Happy 4th of July! | White American Cheese | Yogurt cup and granola | Hummus cup |
| Baby carrots | The second | Pepperjack cheese | Colby Jack String Cheese | Cheese rounds/crackers |
| Orange | | Lettuce and Tomato | Red bell pepper strips | Cucumber slice |
| Jelly, Ranch | and the second second | Raisins | Watermelon chunks | 100% Fruit Juice Box |
| | A MARK AND A MARKAN | Mayo, hot sauce packet, ranch | Ranch | Ranch |
| 10 | 11 | 12 | 13 | 14 |
| Pizza bagel | Cheese croissant | Taco kit | Yogurt kit | Chef salad |
| Shredded mozzarella | Yellow American Cheese | Sesasoned black beans | Yogurt cup and granola | Chickpeas |
| Marinara cup | White American Cheese | Tortilla chips/Shredded cheese | Sunflower seeds | Shredded cheese/cracker |
| Whole apple | Baby carrots | Salsa cup | Red bell pepper strips | Mixed greens |
| | Orange | Plum | Banana | Whole apple |
| | Mayo, Mustard, Ranch | | Ranch | tomatoes/ ranch |
| 17 | 18 | 19 | 20 | 21 |
| Protein Kit | Wowbutter and Jelly | Creamy pasta salad | Cheese Sandwch | Breakfast for Lunch |
| Sunflower seeds | Wowbutter | Shredded cheese | American and Pepperjack | Yogurt cup and granola |
| Cheese cubes | Baby carrots | Snap peas | Lettuce and Tomato | Colby Jack String Cheese |
| Pizza crackers | Orange | Whole apple | Raisins | Red bell pepper strips |
| Cherry tomatoes | Jelly, Ranch | diced bell pepper | Mayo, hot sauce packet | Watermelon chunks |
| Craisins | | | Ranch | Ranch |
| 24 | 25 | 26 | 27 | 28 |
| Lunchable | Pizza bagel | Cheese croissant | Taco kit | Yogurt kit |
| Hummus cup | Shredded mozzarella | Yellow American Cheese | Sesasoned black beans | Yogurt cup |
| Sliced cheese rounds | Bagel | White American Cheese | Shredded cheese | Sunflower seeds |
| Wheat Crackers | Marinara cup | Croissant | Tortilla chips | Granola |
| Baby Carrots | Whole apple | Cucumber slices | Salsa cup | Red bell pepper strips |
| 100% Fruit Juice Box | | Orange | Plum | Banana |
| Ranch | | Mayo, Mustard, Ranch | | Ranch |
| 31 | | **** | | |
| Protein Kit | | | | |
| Sunflower seeds | ****** | | | |
| heese cubes, pizza crackers | | | | |
| Snap peas | | | All Meals i | nclude milk |
| Whole apple | - | | | |

Whole apple

August 2023- Vegetarian Cold Lunch

