June 2023- Cold Lunch

5	6	7	8	9
Chicken Salad Sandwich	Creamy Pasta Salad	Turkey and Cheese Sandwich	Muffin/Yogurt	Bagel and Cream Cheese
Hamburger Bun	Rotini	Turkey ham, cheddar	Muffin	Cinnamon Raisin Bagel
Chicken Salad	Shredded Cheese	Baby carrots	Yogurt, string cheese	Yogurt, Sunflower seeds
Celery sticks	Shredded carrots, broccoli,	Orange	Broccoli (cold)	Cream cheese
Pineapple cup	Jicama	Ranch	Fruit Punch (100% juice)	Lemon chickpea salad
Ranch	Pear		Ranch	Orange
	Tajin			
12	13	14	15	16
Turkey and cheese sandwich	Ranch chicken wrap	Wowbutter and Jelly	Chef salad	Pizza Bagel
Deli turkey	tortilla	Wowbutter	Veggie Crackers	Bagel
American cheese	Diced chicken	Jelly	Chickpeas, shredded cheese	Shredded Mozzarella cheese
Broccoli (cold)	Diced tomatoes	Jicama	Shredded carrots, mixed greens	Marinara cup
Pineapple cup	Pear	Orange	Snap peas	Lemon Chickpea salad
Ranch			Fruit Punch (100% juice)	Orange
				Ranch
19	20	21	22	23
	Turkey and Cheese Sandwich	Breakfast for Lunch	Lunchable	Pizza bagel
	Deli turkey	Yogurt cup	Jennie O Turkey Coins	Shredded mozzarella
LIADDV				_
HAPPY	Pepperjack cheese	Colby Jack String Cheese	Sliced cheese rounds	Jennie O Turkey pepperoni
НАРРҮ	Pepperjack cheese Hamburger Bun	Colby Jack String Cheese Granola	Sliced cheese rounds Wheat Crackers	Jennie O Turkey pepperoni Bagel
JUNETEENTH!		,		
	Hamburger Bun	Granola	Wheat Crackers	Bagel
	Hamburger Bun Lettuce and Tomato	Granola Red bell pepper strips	Wheat Crackers Cucumber slice	Bagel Marinara cup
	Hamburger Bun Lettuce and Tomato Raisins	Granola Red bell pepper strips Watermelon chunks	Wheat Crackers Cucumber slice 100% Fruit Juice Box Ranch 29	Bagel Marinara cup
JUNETEENTH! 26 Turkey cheese croissant	Hamburger Bun Lettuce and Tomato Raisins Mayo, Mustard 27 Taco kit	Granola Red bell pepper strips Watermelon chunks Ranch 28 Yogurt kit	Wheat Crackers Cucumber slice 100% Fruit Juice Box Ranch 29 Chicken Salad Sandwich	Bagel Marinara cup Whole apple 30 Protein Kit
JUNETEENTH!	Hamburger Bun Lettuce and Tomato Raisins Mayo, Mustard 27	Granola Red bell pepper strips Watermelon chunks Ranch	Wheat Crackers Cucumber slice 100% Fruit Juice Box Ranch 29	Bagel Marinara cup Whole apple 30
JUNETEENTH! 26 Turkey cheese croissant	Hamburger Bun Lettuce and Tomato Raisins Mayo, Mustard 27 Taco kit	Granola Red bell pepper strips Watermelon chunks Ranch 28 Yogurt kit	Wheat Crackers Cucumber slice 100% Fruit Juice Box Ranch 29 Chicken Salad Sandwich	Bagel Marinara cup Whole apple 30 Protein Kit
JUNETEENTH! 26 Turkey cheese croissant Deli turkey	Hamburger Bun Lettuce and Tomato Raisins Mayo, Mustard 27 Taco kit Seasoned diced chicen	Granola Red bell pepper strips Watermelon chunks Ranch 28 Yogurt kit Yogurt cup	Wheat Crackers Cucumber slice 100% Fruit Juice Box Ranch 29 Chicken Salad Sandwich Chicken salad	Bagel Marinara cup Whole apple 30 Protein Kit Turkey Coins (JennieO)
26 Turkey cheese croissant Deli turkey White American Cheese	Hamburger Bun Lettuce and Tomato Raisins Mayo, Mustard 27 Taco kit Seasoned diced chicen Shredded cheese	Granola Red bell pepper strips Watermelon chunks Ranch 28 Yogurt kit Yogurt cup Sunflower seeds	Wheat Crackers Cucumber slice 100% Fruit Juice Box Ranch 29 Chicken Salad Sandwich Chicken salad Hamburger Bun	Bagel Marinara cup Whole apple 30 Protein Kit Turkey Coins (JennieO) Cheese cubes
26 Turkey cheese croissant Deli turkey White American Cheese Croissant	Hamburger Bun Lettuce and Tomato Raisins Mayo, Mustard 27 Taco kit Seasoned diced chicen Shredded cheese Tortilla chips	Granola Red bell pepper strips Watermelon chunks Ranch 28 Yogurt kit Yogurt cup Sunflower seeds Granola	Wheat Crackers Cucumber slice 100% Fruit Juice Box Ranch 29 Chicken Salad Sandwich Chicken salad Hamburger Bun Mixed greens	Bagel Marinara cup Whole apple 30 Protein Kit Turkey Coins (JennieO) Cheese cubes Pizza crackers

All meals include milk

July 2023- Cold Lunch

3	4	5	6	7
Ranch chicken wrap		Turkey and cheese	Breakfast for Lunch	Lunchable
Diced chicken	Happy 4th of July!	Deli turkey	Yogurt cup and granola	Jennie O Turkey Coins
Tortilla	A NAME OF THE PARTY OF THE PART	Pepperjack cheese	Colby Jack String Cheese	Cheese and crackers
Baby carrots		Lettuce and Tomato	Red bell pepper strips	Cucumber slice
Orange		Raisins	Watermelon chunks	100% Fruit Juice Box
Ranch	Wall In	Mayo, Mustard	Ranch	Ranch
10	11	12	13	14
Pizza bagel	Turkey cheese croissant	Taco kit	Yogurt kit	Chicken Salad Sandwich
Shredded mozzarella	Deli turkey	Seasoned diced chicen	Yogurt cup and granola	Chicken salad
Jennie O Turkey pepperoni	White American Cheese	Shredded cheese	Sunflower seeds	Hamburger Bun
Bagel	Baby carrots	Tortilla chips	Red bell pepper strips	Mixed greens
Marinara cup	Orange	Salsa cup	Banana	Whole apple
Whole apple	Mayo, Mustard	Plum	Ranch	Ranch
17	18	19	20	21
Protein Kit	Ranch chicken wrap	Buffalo pasta salad	Turkey and cheese	Breakfast for Lunch
Turkey Coins (JennieO)	Diced chicken	Diced chicken	Deli turkey	Yogurt cup and granola
Cheese cubes	Tortilla	Shredded cheese	Pepperjack cheese	Colby Jack String Cheese
Pizza crackers	Baby carrots	Snap peas	Lettuce and Tomato	Red bell pepper strips
Cherry tomatoes	Orange	Whole apple	Raisins	Watermelon chunks
Craisins	Ranch	Celery, Red Bell Pepper, Cauliflower	Mayo, Mustard	Ranch
24	25	26	27	28
Lunchable	Pizza bagel	Turkey cheese croissant	Taco kit	Yogurt kit
Jennie O Turkey Coins	Shredded mozzarella	Deli turkey	Seasoned diced chicen	Yogurt cup and granola
Cheese rounds and crackers	Jennie O Turkey pepperoni	White American Cheese	Shredded cheese	Sunflower seeds
Baby carrots	Bagel	Cucumber slices	Tortilla chips	Red bell pepper strips
100% Fruit Juice Box	Marinara cup	Orange	Salsa cup	Banana
Ranch	Whole apple	Mayo, Mustard	Plum	Ranch
31	* *	***		•

Chicken Salad Sandwich

Snap peas Whole apple Ranch

Chicken salad

HAPPY 4TH OF JULY!

All Meals include milk

August 2023- Cold Lunch

\ /	1	2	3	4
	Protein Kit	Ranch chicken wrap	Buffalo pasta salad	Turkey and cheese
(, , , ,	Turkey Coins (JennieO)	Diced chicken	Diced chicken	Deli turkey
	Cheese cubes	Tortilla	Shredded cheese	Pepperjack cheese
	Pizza crackers	Baby carrots	Pasta	Hamburger Bun
	Cherry tomatoes	Orange	Snap peas	Lettuce and Tomato
	Craisins	Ranch	Whole apple	Raisins
// // // \			celery, red bell pepper,	Mayo, Mustard
7	8	9	10	11
Breakfast for Lunch	Lunchable	Pizza bagel	Turkey cheese croissant	Taco kit
Yogurt cup	Jennie O Turkey Coins	Shredded mozzarella	Deli turkey	Seasoned diced chicen
Colby Jack String Cheese	Sliced cheese rounds	Jennie O Turkey pepperoni	White American Cheese	Shredded cheese
Granola	wheat Crackers	Bagel	Croissant	Tortilla chips
Red bell pepper strips	Baby carrots	Marinara cup	Cucumber slices	Salsa cup
100% Fruit Juice Box	Craisins	Whole apple	Watermelon chunks	Plum
Ranch	Ranch		Mayo, Mustard	
14	15	16	17	18
Yogurt kit	Chicken Salad Sandwich	Protein Kit	Ranch chicken wrap	Buffalo pasta salad
Yogurt cup	Chicken salad	Turkey Coins (JennieO)	Diced chicken	Diced chicken
Sunflower seeds	Hamburger Bun	Cheese cubes	tortilla	Shredded cheese
Granola	Snap peas	pizza crackers	Baby carrots	Pasta
Cherry tomatoes	Whole apple	Red bell pepper strips	Orange	Snap peas
Craisins	Ranch	Banana	Ranch	Whole apple
Ranch				celery, red bell pepper,

All Meals include milk