

June 2023- Cold Lunch

5	6	7	8	9
Chicken Salad Sandwich	Creamy Pasta Salad	Turkey and Cheese Sandwich	Muffin/Yogurt	Bagel and Cream Cheese
Hamburger Bun Chicken Salad Celery sticks Pineapple cup Ranch	Rotini Shredded Cheese Shredded carrots, broccoli, Jicama Pear Tajin	Turkey ham, cheddar Baby carrots Orange Ranch	Muffin Yogurt, string cheese Broccoli (cold) Fruit Punch (100% juice) Ranch	Cinnamon Raisin Bagel Yogurt, Sunflower seeds Cream cheese Lemon chickpea salad Orange
12	13	14	15	16
Turkey and cheese sandwich	Ranch chicken wrap	Wowbutter and Jelly	Chef salad	Pizza Bagel
Deli turkey American cheese Broccoli (cold) Pineapple cup Ranch	tortilla Diced chicken Diced tomatoes Pear	Wowbutter Jelly Jicama Orange	Veggie Crackers Chickpeas, shredded cheese Shredded carrots, mixed greens Snap peas Fruit Punch (100% juice)	Bagel Shredded Mozzarella cheese Marinara cup Lemon Chickpea salad Orange Ranch
19	20	21	22	23
HAPPY JUNETEENTH!	Turkey and Cheese Sandwich	Breakfast for Lunch	Lunchable	Pizza bagel
	Deli turkey Pepperjack cheese Hamburger Bun Lettuce and Tomato Raisins Mayo, Mustard	Yogurt cup Colby Jack String Cheese Granola Red bell pepper strips Watermelon chunks Ranch	Jennie O Turkey Coins Sliced cheese rounds Wheat Crackers Cucumber slice 100% Fruit Juice Box Ranch	Shredded mozzarella Jennie O Turkey pepperoni Bagel Marinara cup Whole apple
26	27	28	29	30
Turkey cheese croissant	Taco kit	Yogurt kit	Chicken Salad Sandwich	Protein Kit
Deli turkey White American Cheese Croissant Baby carrots Orange Mayo, Mustard	Seasoned diced chicken Shredded cheese Tortilla chips Salsa cup Plum	Yogurt cup Sunflower seeds Granola Red bell pepper strips Banana Ranch	Chicken salad Hamburger Bun Mixed greens Whole apple Ranch	Turkey Coins (JennieO) Cheese cubes Pizza crackers Cherry tomatoes Craisins

All meals include milk


July 2023- Cold Lunch

3	4	5	6	7
Ranch chicken wrap	Happy 4th of July! 	Turkey and cheese	Breakfast for Lunch	Lunchable
Diced chicken Tortilla Baby carrots Orange Ranch		Deli turkey Pepperjack cheese Lettuce and Tomato Raisins Mayo, Mustard	Yogurt cup and granola Colby Jack String Cheese Red bell pepper strips Watermelon chunks Ranch	Jennie O Turkey Coins Cheese and crackers Cucumber slice 100% Fruit Juice Box Ranch
10	11	12	13	14
Pizza bagel	Turkey cheese croissant	Taco kit	Yogurt kit	Chicken Salad Sandwich
Shredded mozzarella Jennie O Turkey pepperoni Bagel Marinara cup Whole apple	Deli turkey White American Cheese Baby carrots Orange Mayo, Mustard	Seasoned diced chicken Shredded cheese Tortilla chips Salsa cup Plum	Yogurt cup and granola Sunflower seeds Red bell pepper strips Banana Ranch	Chicken salad Hamburger Bun Mixed greens Whole apple Ranch
17	18	19	20	21
Protein Kit	Ranch chicken wrap	Buffalo pasta salad	Turkey and cheese	Breakfast for Lunch
Turkey Coins (Jennie O) Cheese cubes Pizza crackers Cherry tomatoes Craisins	Diced chicken Tortilla Baby carrots Orange Ranch	Diced chicken Shredded cheese Snap peas Whole apple Celery, Red Bell Pepper, Cauliflower	Deli turkey Pepperjack cheese Lettuce and Tomato Raisins Mayo, Mustard	Yogurt cup and granola Colby Jack String Cheese Red bell pepper strips Watermelon chunks Ranch
24	25	26	27	28
Lunchable	Pizza bagel	Turkey cheese croissant	Taco kit	Yogurt kit
Jennie O Turkey Coins Cheese rounds and crackers Baby carrots 100% Fruit Juice Box Ranch	Shredded mozzarella Jennie O Turkey pepperoni Bagel Marinara cup Whole apple	Deli turkey White American Cheese Cucumber slices Orange Mayo, Mustard	Seasoned diced chicken Shredded cheese Tortilla chips Salsa cup Plum	Yogurt cup and granola Sunflower seeds Red bell pepper strips Banana Ranch
31				
Chicken Salad Sandwich				
Chicken salad Snap peas Whole apple Ranch				

HAPPY 4TH OF JULY!

All Meals include milk

August 2023- Cold Lunch

	1	2	3	4
	Protein Kit Turkey Coins (JennieO) Cheese cubes Pizza crackers Cherry tomatoes Craisins	Ranch chicken wrap Diced chicken Tortilla Baby carrots Orange Ranch	Buffalo pasta salad Diced chicken Shredded cheese Pasta Snap peas Whole apple celery, red bell pepper,	Turkey and cheese Deli turkey Pepperjack cheese Hamburger Bun Lettuce and Tomato Raisins Mayo, Mustard
7	8	9	10	11
Breakfast for Lunch Yogurt cup Colby Jack String Cheese Granola Red bell pepper strips 100% Fruit Juice Box Ranch	Lunchable Jennie O Turkey Coins Sliced cheese rounds wheat Crackers Baby carrots Craisins Ranch	Pizza bagel Shredded mozzarella Jennie O Turkey pepperoni Bagel Marinara cup Whole apple	Turkey cheese croissant Deli turkey White American Cheese Croissant Cucumber slices Watermelon chunks Mayo, Mustard	Taco kit Seasoned diced chicken Shredded cheese Tortilla chips Salsa cup Plum
14	15	16	17	18
Yogurt kit Yogurt cup Sunflower seeds Granola Cherry tomatoes Craisins Ranch	Chicken Salad Sandwich Chicken salad Hamburger Bun Snap peas Whole apple Ranch	Protein Kit Turkey Coins (JennieO) Cheese cubes pizza crackers Red bell pepper strips Banana	Ranch chicken wrap Diced chicken tortilla Baby carrots Orange Ranch	Buffalo pasta salad Diced chicken Shredded cheese Pasta Snap peas Whole apple celery, red bell pepper,

All Meals include milk