Contains No Pork	-										
Soy   Milk   Gluten   Egg   Snellish   Hish   Peanut   Ireenut   (Illinois)   None				Wheat						Secame	
Milk Swithe		Soy	Milk		Egg	Shellfish	Fish	Peanut	Treenut		None
Milk, 1% White				Gluten						(IIIIIIOIS)	
Milk, Chocolate											
Milk, Solim  Milk, Soy  Full & Milk  Juice, Apple  Juice, Apple  Juice, Grape  Juice, Orange  Apple  Apple	Milk, 1% White		х								
Milk, Soy   X	Milk, Chocolate		x								
Fruit & Juice, Apple  Juice, Apple  Juice, Grape  Juice, Grape  Juice, Orange  Apple			x								
Juice, Apple       X         Juice, Grape       X         Juice, Orange       X         Apple       X         Applesauce       X         Banana       X         Clementine       X         Craisin       X         Grape       X         Orange       X         Pear       X         Plum       X         Raisin       X         Vegetable- Fresh & Frozen       X         Bean, Black       X         Bean, Black Charro       X         Bean, Green       X		x									
Juice, Grape       X         Juice, Orange       X         Applesauce       X         Banana       X         Clementine       X         Craisin       X         Grape       X         Orange       X         Pear       X         Plum       X         Balain       X         Vegetable- Fresh & Frozen       X         Bean, Blaked       X         Bean, Black Charro       X         Bean, Green       X	Fruit & Juice										
Juice, Grape	Juice, Apple										х
Juice, Orange       X         Apple       X         Applesauce       X         Banana       X         Clementine       X         Craisin       X         Grape       X         Orange       X         Pear       Y         Plum       X         Raisin       X         Vegetable- Fresh & Frozen       X         Bean, Black       X         Bean, Black BBQ       X         Bean, Black Charro       X         Bean, Green       X	Juice, Fruit										x
Apple       x         Applesauce       x         Banana       x         Clementine       x         Craisin       x         Grape       x         Orange       x         Pear       x         Plum       x         Raisin       x         Vegetable- Fresh & Frozen       x         Bean, Baked A       x         Bean, Black BBQ       x         Bean, Black Charro       x         Bean, Green       x	Juice, Grape										×
Apple       x         Applesauce       x         Banana       x         Clementine       x         Craisin       x         Grape       x         Orange       x         Pear       x         Plum       x         Raisin       x         Vegetable- Fresh & Frozen       x         Bean, Black       x         Bean, Black BBQ       x         Bean, Black Charro       x         Bean, Green       x											х
Applesauce       x         Banana       x         Clementine       x         Craisin       x         Grape       x         Orange       x         Pear       x         Plum       x         Raisin       x         Vegetable- Fresh & Frozen       x         Bean, Baked △       x         Bean, Black       x         Bean, Black BBQ       x         Bean, Black Charro       x         Bean, Green       x											х
Banana       X         Clementine       X         Craisin       X         Grape       X         Orange       X         Pear       X         Plum       X         Raisin       X         Vegetable- Fresh & Frozen       X         Bean, Black       X         Bean, Black BBQ       X         Bean, Black Charro       X         Bean, Green       X											x
Craisin         x           Grape         x           Orange         x           Pear         x           Plum         x           Raisin         x           Vegetable- Fresh & Frozen         x           Bean, Baked ▲         x           Bean, Black         x           Bean, Black BBQ         x           Bean, Black Charro         x           Bean, Green         x											x
Grape         x           Orange         x           Pear         x           Plum         x           Raisin         x           Vegetable- Fresh & Frozen         x           Bean, Baked ▲         x           Bean, Black         x           Bean, Black BBQ         x           Bean, Black Charro         x           Bean, Green         x	Clementine										x
Orange         x           Pear         x           Plum         x           Raisin         x           Vegetable- Fresh & Frozen         x           Bean, Baked ▲         x           Bean, Black         x           Bean, Black BBQ         x           Bean, Black Charro         x           Bean, Green         x	Craisin										x
Orange         x           Pear         x           Plum         x           Raisin         x           Vegetable- Fresh & Frozen         x           Bean, Baked ▲         x           Bean, Black         x           Bean, Black BBQ         x           Bean, Black Charro         x           Bean, Green         x	Grape										x
Plum         x           Raisin         x           Vegetable- Fresh & Frozen         x           Bean, Baked ▲         x           Bean, Black         x           Bean, Black BBQ         x           Bean, Black Charro         x           Bean, Green         x	Orange										x
Raisin       x         Vegetable- Fresh & Frozen       x         Bean, Baked ▲       S       S       X         Bean, Black       S       S       X         Bean, Black BBQ       S       X       X         Bean, Black Charro       X       X       X         Bean, Green       X       X       X	Pear										×
Vegetable- Fresh & Frozen   Bean, Baked ▲ X   Bean, Black X   Bean, Black BBQ X   Bean, Black Charro X   Bean, Green X	Plum										×
Bean, Baked ▲	Raisin										x
Bean, Black         X           Bean, Black BBQ         X           Bean, Black Charro         X           Bean, Green         X	Vegetable- Fresh & Frozen										
Bean, Black BBQ Bean, Black Charro Bean, Green	Bean, Baked ▲										х
Bean, Black Charro Bean, Green Sean Green	Bean, Black										х
Bean, Green x	Bean, Black BBQ										х
	Bean, Black Charro										х
Bean, Garbanzo	Bean, Green										x
, ,	Bean, Garbanzo										×
Bean, Pinto x	Bean, Pinto										x
Bean, Pinto Kickin'	Bean, Pinto Kickin'										x
Blend, Peas & Carrots	Blend, Peas & Carrots										x
Blend, Mixed Vegetable	Blend, Mixed Vegetable										х
Broccoli x											х
Carrots	Carrots		-		-				-	-	х
Cauliflower	Cauliflower										х
Celery Stick x	Celery Stick										х
Corn											х
Pea, Green x	Pea, Green										х

	iiiioiiiiatit	on are encourage	ca to contact th	e registereu uieti	iciaii.					
Menu Item			Wheat						Sesame	
*May Contain	Soy	Milk	Gluten	Egg	Shellfish	Fish	Peanut	Treenut	(Illinois)	None
▲ Contains No Pork			Gluten						(IIIIIIOIS)	
Pepper, Bell										Х
Potato, Mashed		x								
Potato, Crinkle Fry										x
Potato, Tater Tot										x
Potato, Sweet Potato										x
Salad, Potato	x			x						
Salad, Romaine										x
Spinach										x
Tomato, Grape										x
Protein, Cheese, Dairy, Yogurt										
Cheese, Cube		x								
Cheese, String Mozzarella		x								
Egg, Hard Boiled		x								
Pepperoni, Slices										x
Yogurt, Strawberry Banana Danimals		x								
Yogurt, Vanilla Danimals		x								
Grains, Rice, Pasta										
Bread, Biscuit WG		x	x							
Bread, Breadstick WG			х							
Bread, Flatbread*	May Contain	x	x							
Bread, Pretzel Bites			х							
Bread, Pretzel Rod			х							
Pasta, Egg Noodles	x	x	x	x						
Pasta, Penne*			х	May Contain						
Pasta, Spaghetti*			х	May Contain						
Rice, Plain										x
Roll, Dinner	x		х							
Breakfast Cold										
Bagel, Blueberry			х							
Bagel, Cinnamon Raisin			x							
Bagel, Plain, Whole Grain			х							
Bagel, Mini Cinnamon Cream Cheese		×	x							
Bagel, Mini Strawberry Cream Cheese		x	х							
Bar, Butterscotch Oatmeal	х	×	x	x						
Bar, Benefit, French Toast	х	x	х	x						
Bar, Benefit, Mini Brown Sugar	x	x	x	x						
Bar, Benefit, Banana Chocolate Chip	x	x	x	x						

			ca to contact tin							
Menu Item			Wheat						Sesame	
*May Contain	Soy	Milk	Gluten	Egg	Shellfish	Fish	Peanut	Treenut	(Illinois)	None
▲ Contains No Pork			Glaten						(11111013)	
Bar, Cereal, Trix	x		x							
Bar, Cereal, Cocoa Puffs	x		х							
Bar, Cereal, Cinn Toast Crunch										
Bar, Cereal, Golden Grahams										
Bar, Cereal, Fruity Cheerios	x		x							
Bar, Cereal, Strawberry Cheerios	x		x							
Bar, Granola, Chewy, Smores*	x	x	х				May Contain	May Contain		
Bar, Nutrigrain, Apple Cinnamon	х	x	х							
Bar, Nutrigrain, Blueberry	х	x	х							
Bar, Nutrigrain, Strawberry	x	×	х							
Breakfast Round, Cinnamon	х	×	x	×						
Breakfast Round, Oatmeal Chocolate Chip	х	×	x	×						
Bkfst Rnd, Oatmeal Banana Choco Chip	х	×	x	×						
Cereal, Cheerios Apple Cinnamon										x
Cereal, Cheerios										x
Cereal, Cheerios Fruity										×
Cereal, Chex Cinnamon										×
Cereal, Chex Corn										×
Cereal, Chex Rice										×
Cereal, Cinnamon Toast Crunch	х		х							
Cereal, Cocoa Puff										х
Cereal, Frosted Flakes	х		х							
Cereal, Frosted Mini Wheat			x							
Cereal, Golden Graham			х							
Cereal, Lucky Charm										x
Cereal, Raisin Bran*			х					May Contain		х
Cereal, Rice Krispies										×
Muffin, Apple Cinnamon	х		х	x						
Muffin, Banana	х		х	x						
Muffin, Blueberry	x		x	х						
Muffin, Chocolate Chip	х	х	x	x						
Muffin, Corn	x	х	×	х						
Muffin, English	x	×	х							
Pop Tart, Blueberry	x		×							
Pop Tart, Cinnamon Brown Sugar	х		х							
Pop Tart, Fudge	x		x							
Pop Tart, Strawberry	х		х							

	imormatic	on are encourage	- Contact tin	registered diet	iciani.					
Menu Item			Wheat						Sesame	
*May Contain	Soy	Milk	Gluten	Egg	Shellfish	Fish	Peanut	Treenut	(Illinois)	None
▲ Contains No Pork			Olutel.						(	
Stik, Dunkin, Glazed	Х	x	х	Х						
Breakfast Hot										
Bagel, Sausage & Cheese 🔺	x	x	x							
Bosco Stick, Maple Egg & Cheese		х	x	x						
Chicken 'N Biscuit	x	x	x							
Donut, Hole	x	x	x							
French Toast, Cinnamon Rush	x	x	x	x						
French Toast, Mixed Berry	x	x	x	x						
French Toast, Sticks	x	x	x	x						
Frudel, Apple		x	x							
Frudel, Cherry		х	x							
Muffin, Egg & Cheese	х	x	x	x						
Muffin, Sausage & Cheese	x	×	x							
Muffin, Sausage, Egg & Cheese	x	x	x	x						
Omelet, Cheddar		×		x						
Pancake, Chocolate Chip	х	×	x	x						
Pancake, Confetti	x	x	х	x						
Pancakes, Maple		х	х	x						
Pancake, Strawberry Splash		х	х	x						
Pizza, Sausage	х	х	х							
Sausage, Chicken Patty 🛕										х
Roll, Crescent, Chocolate		x	х							
Roll, Crescent, Grape		x	x							
Roll, Mini Cinni		х	х							
Waffle, Blueberry	х	х	х	х						
Waffle, Maple Madness	x	×	x	x						
Wrap, Turkey Maple Pancake 🛕	x	x	х	x						
Condiments										
Cheese, Cream, Original 1 oz		x								
Dressing, Ceasar		x				х				
Dressing, French				х						
Dressing, Italian	Х									
Dressing, Ranch		×		Х						
Gravy, Brown*	х	×	х	May Contain						
Gravy, Poultry*	x	x	х	May Contain						
Jelly, Grape										х
Sauce, BBQ Heinz	х	х								

Menu Item			Wheat						Sesame	
*May Contain	Soy	Milk	Gluten	Egg	Shellfish	Fish	Peanut	Treenut	(Illinois)	None
▲ Contains No Pork			Giuteii						(IIII1013)	
Sauce, Cheese, Cheddar		×								
Sauce, Cheese, Italian Alfredo		x								
Sauce, Ketchup Heinz										×
Sauce, Marinara										х
Sauce, Marinara, Beef	×									
Sauce, Mayonnaise	x	x		х						
Sauce, Mustard										x
Sauce, Pizza										x
Sauce, Relish										x
Sauce, Spaghetti	x									
Sauce, Spaghetti, Beef	x									
Sauce, Taco	x									
Sauce, Tartar				x						
Syrup, Maple										х
Snacks, Chips, and Crackers										
Chip, Cheeto, Baked		x								
Chip, Dorito, Cool Ranch		x								
Chip, Munchies Snack Mix		x	x							
Chip, Pretzel, Heartzel			x							
Cracker, Animal	x		x							
Cracker, Belly Bear, Chocolate			x							
Cracker, Belly Bear, Cinnamon			x							
Cracker, Bug Bite	x		x							
Cracker, Churro Cruncher			x							
Cracker, Chz It	x	x	x							
Cracker, Crunchmania, Cinn	x	x	x							
Cracker, Elf Graham, Chocolate	x		x							
Cracker, Elf Graham, Cinnamon	x		x							
Cracker, Goldfish Cheddar		x	х							
Cracker, Goldfish Colors		×	x							
Cracker, Goldfish Graham, Giant Vanilla			x							
Cracker, Goldfish Pretzel		×	x							
Cracker, Graham	Х		х							
Cracker, Jungle			x							
Cracker, Scooby Graham	Х		х							
Snack, Rice Krispies, Mini	х	x								
Lunch Entrées (Hot)										

		on are encourag								
Menu Item			Wheat						Sesame	
*May Contain	Soy	Milk	Gluten	Egg	Shellfish	Fish	Peanut	Treenut	(Illinois)	None
▲ Contains No Pork			Gluten						(IIIIIIOIS)	
Bowl, Country Chicken Nugget	X	×	×	x						
Burrito, Bean & Cheese		×	x							
Burrito, Chili Cheese	x	×	x							
Calzone, Meat Lovers	x	x	x							
Cheeseburger (Beef)	x	×	x							
Chicken, Corn Dog ▲	x	x	x	x						
Chicken, Drumstick, Roasted										x
Chicken, Nuggets	x		x							
Chicken, Orange with Broccoli	x		x							
Chicken, Popcorn	X		x							
Chicken, Popcorn Spicy	x		x							
Chicken, Sandwich, Breaded	x		×							
Chicken, Sandwich, Breaded Spicy	X		×							
Chicken, Sandwich, Diced BBQ	x		×							
Chicken, Sandwich, Parmesan	X	x	×							
Chicken, Sandwich, Slider	x		x							
Chicken, Tender	X		×							
Hamburger (Beef)	x		x							
Hot Dog, Plain (Turkey) 🛕			×							
Fish, Bites		×	×			x				
Fish, Sticks		×	×			x				
French Toast, Sticks	x	×	х	х						
Fun Lunch: Mini Corn Dogs, Pretzel Bites, Cheese Sauce	X	x	x	x						
Meatball, Beef	x									
Meatball, Beef BBQ	x	x	х							
Meatball, Chicken BBQ	x		x							
Meatloaf, Cheeseburger		×	x							
Melt, T.Ham, Cheese, American 🔺	x	×	×							
Melt, Cheese, American	x	×	×							
Melt, Fish, Patty, American Cheese	х	×	х	х		х				
Nacho, Beef, Cheese, Bean Combo	x	×	х							
Pasta, Macaroni & Cheese*	x	×	х	May Contain						
Pasta, Ravioli, Jumbo Cheese		×	x	x						
Pizza, Cheesy Slice / Cheesy Flatbread	х	×	х							
Pizza, Crunchers		×	x							
Pizza, Galaxy Cheese	х	×	х							
Pizza, Galaxy Pepperoni (Turkey & Beef)	x	x	х		_			_		

		on are encourag	ca to contact th	e registered diet	reiorni					
Menu Item			Wheat						Sesame	
*May Contain	Soy	Milk	Gluten	Egg	Shellfish	Fish	Peanut	Treenut	(Illinois)	None
▲ Contains No Pork			Glaten						(IIIIIOIS)	
Pizza, Sticks	x	x	x							
Pizza, Turkey Sausage Flatbread 🔺	x	x	x							
Pull-Apart, Italian Cheese & Garlic		x	x							
Pull-Apart, Southwest Queso		x	x							
Salisbury Steak (Beef) with (Brown) Gravy & Egg Noodles	x	x	x	x						
Sloppy Joe (Beef) on a Bun	x		x							
Sandwich, Pancake Griddler 🛕	x		х	x						
Sandwich, Turkey, Chicken Ham, Provolone on a Bun 🛕	x	x	x							
Soup, Chili, Vegetarian										x
Sticks, Mozzarella, Breaded		х	х							
Sub, Meatball, BBQ	x	x	x						-	
Sub, Meatball, Pizza	x	x	х							
Sub, Riblet, Pork, BBQ	x		х							
Tacos, Chicken	x	x	х							
Tacos, Beef & Cheese	x	x	х							
Turkey, Mini Corn Dog 🔺	х	х	х	х						
Turkey, Sliced with Gravy*	x	x	х	May Contain						
Lunch Entrees (Cold), Lunch Express Sandwich and Salad Entrées										
Chicken, Popcorn (Dippin' Chicken)	x		x							
Flatbread*, (Chicken & Beef or Turkey) Pepperoni, Cheese Cubes ▲	May Contain	x	х							
Flatbread*, Shredded Mozzarella & Pizza Sauce	May Contain	x	х							
Salad, Chicken, Chef		x		x						
Salad, Chicken, Popcorn	x	x	x							
Salad, Egg, Chef		x		x						
Salad, Garden, Cheese		x								
Sandwich, Cheese, American	x	x	x							
Sandwich, Chicken Ham, American on a Bun 🛕	X	x	x							
Sandwich, Chicken Ham, Provolone 🛕	x	x	x							
Sandwich, Roast Beef & Cheddar Cheese		x	x							
Sandwich, Sunbutter & Jelly	x		x							
Sandwich, Turkey Ham, American 🛕	x	x	x							
Sandwich, Turkey Ham, Provolone 🔺	x	х	х							
Sandwich, Turkey, American	x	x	x							
Sandwich, Turkey, American on a Croissant (Bistro Croissant)	x	х	х	x						
Sandwich, Turkey, Chicken Ham, Provolone on a Bun ▲	х	x	х							
Sandwich, Turkey, Provolone on a Pretzel Roll (Super Turkey Sandwich)	х	x	х							
Sub, Turkey Ham, American 🛕	x	x	x							
				_		_	_			

Menu Item  *May Contain  ▲ Contains No Pork	Soy	Milk	Wheat Gluten	Egg	Shellfish	Fish	Peanut	Treenut	Sesame (Illinois)	None
Sub, Turkey, American	Х	x	Х							
Sub, Turkey, Chicken Ham, Cheddar (Combo Sub) 🛕	x	x	x							
Sub, Turkey, Provolone	x	x	х							
Tortilla Chips, Chicken & Shredded Cheddar (Chicken Nacho Sampler)		x	x							
Tortilla, Shredded Mozzarella & Cheddar (WG Wonder Wrap)		x	х							
Tortilla, Turkey, Shredded Mozzarella & Cheddar (BYO Turkey Wrap)	x	x	x							
Wrap, Three Cheese (MYO Powerful Protein Wrap)	x	x	х							
Wrap, Turkey Combo & Cheddar Cheese (Create Your Own American Wrap)		x	x							
Yogurt & Granola / Yogurt & Granola Parfait	x	×								
Yogurt Parfait (Build a Yogurt Parfait - Yogurt, Sunflower Seeds, Rice Chex)		x								