



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Monday, October 2

WG Cinnamon Muffin  
Whole Fruit

### Tuesday, October 3

Blueberry Snack'n Waffle  
Whole Fruit

### Wednesday, October 4

WG Banana Bread  
Whole Fruit

### Thursday, October 5

WG Pancakes  
Syrup Packet  
Whole Fruit

### Friday, October 6

Brown Sugar Cinnamon Oatmeal  
Granola Crumble  
Whole Fruit

### Monday, October 9

WG French Toast Casserole  
Whole Fruit

### Tuesday, October 10

WG Carrot Bread  
Whole Fruit

### Wednesday, October 11

Cheesy Omelet  
WG Bread  
Whole Fruit

### Thursday, October 12

**WG Pancake**  
Syrup Packet  
Whole Fruit

### Friday, October 13

WG Waffles  
Syrup Packet  
Whole Fruit

### Monday, October 16

Maple Snack'n Waffle  
Whole Fruit

### Tuesday, October 17

WG Pancake  
Syrup Packet  
Whole Fruit

### Wednesday, October 18

WG Breakfast Burrito  
Salsa  
Whole Fruit

### Thursday, October 19

Brown Sugar Cinnamon Oatmeal  
Granola Crumble  
Whole Fruit

### Friday, October 20

WG Savory Toast Casserole  
Whole Fruit

### Monday, October 23

WG Waffles  
Syrup Packet  
Whole Fruit

### Tuesday, October 24

English Muffin  
Jelly Packet  
Whole Fruit

### Wednesday, October 25

WG Blueberry Muffin  
Whole Fruit

### Thursday, October 26

WG Pancake  
Syrup Packet  
Whole Fruit

### Friday, October 27

WG French Toast Casserole  
Whole Fruit

WG = Whole Grain  
CHP = Cantaloupe, Honeydew, Pineapple

# Hot Packaged Breakfast

## October 2023

\*This institution is an equal opportunity provider

\*\*Two milk options offered with each meal