



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Monday, October 2

Cereal  
String Cheese  
Pearsauce

### Tuesday, October 3

Apple Cinnamon Bread  
Apple Slices

### Wednesday, October 4

Strawberry Yogurt  
Granola Crumble  
Raisins

### Thursday, October 5

Chocolate Darlington Bar  
Melon

### Friday, October 6

WG Blueberry Bagel  
Cream Cheese  
Pineapple

### Monday, October 9

Cereal  
String Cheese  
Applesauce

### Tuesday, October 10

Apple Oat Grow Bar  
Apple Slices

### Wednesday, October 11

WG Bagel  
Cream Cheese  
Orange Slices

### Thursday, October 12

WG Banana Bread  
Melon

### Friday, October 13

Cherry Apple Crunch Bar  
Fruit Salad CHP

### Monday, October 16

Cereal  
String Cheese  
Orange Slices

### Tuesday, October 17

Chocolate Crisp Grow Bar  
Appleberry Sauce

### Wednesday, October 18

Vanilla Yogurt  
Granola Crumble  
Pear Slice

### Thursday, October 19

WG Blueberry Bread  
Melon

### Friday, October 20

Triple Berry Crunch Bar  
Apple Slices

### Monday, October 23

Cereal  
String Cheese  
Pear Slices

### Tuesday, October 24

WG Pumpkin Chocolate  
Chip Bread  
Orange Slices

### Wednesday, October 25

WG Bagel  
Cream Cheese  
Apple Slice

### Thursday, October 26

Strawberry Banana  
Smoothie Bowl  
Granola Crumble

### Friday, October 27

Strawberry Darlington Bar  
Melon

WG = Whole Grain

CHP = Cantaloupe, Honeydew, Pineapple

# Cold-Packaged Breakfast

October 2023

\*This institution is an equal opportunity provider

\*\*Two milk options offered with each meal