



Pre-K Cold Breakfast

October 2023

*This institution is an equal opportunity provider
 **Two milk options offered with each meal

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Monday, October 2</u> Cereal Pearsauce	<u>Tuesday, October 3</u> Apple Cinnamon Bread Apple Slices	<u>Wednesday, October 4</u> Strawberry Yogurt WG English Muffin Orange Slices	<u>Thursday, October 5</u> Chocolate Darlington Bar Melon	<u>Friday, October 6</u> WG Blueberry Bagel Cream Cheese Pineapple
<u>Monday, October 9</u> Cereal Applesauce	<u>Tuesday, October 10</u> Apple Oat Grow Bar Apple Slices	<u>Wednesday, October 11</u> WG Bagel Cream Cheese Orange Slices	<u>Thursday, October 12</u> WG Banana Bread Melon	<u>Friday, October 13</u> Cherry Apple Crunch Bar Fruit Salad CHP
<u>Monday, October 16</u> Cereal Orange Slices	<u>Tuesday, October 17</u> Chocolate Crisp Grow Bar Appleberry Sauce	<u>Wednesday, October 18</u> Vanilla Yogurt WG English Muffin Pear Slice	<u>Thursday, October 19</u> WG Blueberry Bread Melon	<u>Friday, October 20</u> Triple Berry Crunch Bar Apple Slices
<u>Monday, October 23</u> Cereal Pear Slices	<u>Tuesday, October 24</u> WG Pumpkin Bread Orange Slices	<u>Wednesday, October 25</u> WG Bagel Cream Cheese Pear Slices	<u>Thursday, October 26</u> Strawberry Banana Smoothie Bowl Animal Crackers	<u>Friday, October 27</u> Strawberry Darlington Bar Melon

WG = Whole Grain
 CHP = Cantaloupe, Honeydew, Pineapple