

## SEPTEMBER 2025 BREAKFAST

### LABOR DAY LAUGHS

#### Question

What is Hercules favorite holiday?

Did you hear the one about Labor Day?



#### Answer

Labor Day

It works for me

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |
|--|--|---|---|---|
|       | <b>02 Honey Scooters</b><br>Honey Graham Crackers<br>Orange<br>Grape Juice         | <b>03 Lemon Bread</b><br>Pear<br>Flavored Applesauce  | <b>04 Apple Oatmeal Bar</b><br>Cantaloupe<br>Pineapple Tidbits                                | <b>05 Cinnamon Toasters</b><br>Honey Graham Cracker<br>Bannana<br>Apple Juice                         |
| <b>08 Raisin Bran</b><br>French Toast Graham<br>Apple<br>Kiwi Strawberry Juice         | <b>09 Banana Bread</b><br>Pear<br>Mandarin Oranges                                 | <b>10 Cinnamon Pop Tart</b><br>Tropical Fruit<br>Raisins  | <b>11 Strawberry Stuffed Bagel</b><br>Peach<br>Plum<br>Orange Juice                           | <b>12 Corn Flakes</b><br>Honey Graham<br>Banana<br>Berry Juice  |
| <b>15 Strawberry Oatmeal Bar</b><br>Orange<br>Flavored Applesauce                      | <b>16 Pumpkin Bread</b><br>Plum<br>Tropical Fruit                                  | <b>17 Cinnamon Toast Crunch Bar</b><br>Apple<br>Raisins   | <b>18 Blueberry Pop Tart</b><br>Honey Graham Cracker<br>Tropical Fruit<br>Flavored Applesauce | <b>19 Honey Bunches of Oats</b><br>Honey Bunches of Oats<br>Chocolate Graham<br>Blueberries<br>Banana |
| <b>22 Marshmallow Mateys</b><br>Honey Graham Cracker<br>Apple<br>Kiwi Strawberry Juice | <b>23 Blueberry Bread</b><br>Peach<br>Flavored Applesauce                          | <b>24 Bagel</b><br>Orange<br>Raisins<br>Strawberry Cream Cheese   | <b>25 Glazed Pull Apart</b><br>Grapes<br>Pineapple Tidbits                                    | <b>26 Scooters Cereal</b><br>Cinnamon Graham<br>Pear<br>Fruit Punch                                   |
| <b>29 Pancake Bites</b><br>Apple<br>Orange Juice<br>Syrup                              | <b>30 Apple Muffin</b><br>Strawberry Banana Yogurt<br>Orange<br>Tropical Fruit Mix | <b>MILK</b> contains no artificial growth hormones or antibiotics<br><br>We use whole grain breads and 100% fruit juice<br><br>Nutrition and allergen information available at <a href="http://www.FSPro.com">www.FSPro.com</a> |   |   |

**Milk is available with all meals**  
**Menu items do not contain pork**  
**+Does not contain meat**



**BEX 9-12**