

# OCTOBER 2025 BREAKFAST

## HALLOWEEN HUMOR

### Question

Who won the Skeleton beauty contest?

Why are Skeletons always so calm?



### Answer

No Body

Nothing gets under their skin

Monday	Tuesday	Wednesday	Thursday	Friday
		01 <b>Strawberry Mini Wheats</b>  Honey Graham Pear Berry Juice	02 <b>Donut</b>  Nectarine Grapes	03 <b>Crispy Rice Cereal</b>  Honey Graham Blueberries Grape Juice
06 <b>Strawberry Pop Tart</b>  Honey Graham Tropical Fruit Cup Flavored Applesauce	07 <b>Glazed Donut</b>  Apple Orange Juice	08 <b>Yogurt Parfait</b>  Granola Pear Mandarin Oranges	09 <b>Maple Snack'n Waffle</b>  Maple Snack'n Waffle Diced Peaches Strawberries	10 <b>Frosted Mini Wheats</b>  Vanilla Graham Banana Berry Juice
13 <b>Raisin Bran</b>  French Toast Graham Apple Kiwi Strawberry Juice	14 <b>Banana Bread</b>  Pear Mandarin Oranges	15 <b>Cinnamon Pop Tart</b>  Tropical Fruit Raisins	16 <b>Strawberry Stuffed Bagel</b>  Diced Peaches Grapes Orange Juice	17 <b>Corn Flakes</b>  Honey Graham Banana Berry Juice
20 <b>Honey Scooters</b>  Honey Graham Crackers Orange Grape Juice	21 <b>Cocoa Puffs Cereal Bar</b>  Mozzarella Cheese Stick Apple Orange Juice	22 <b>Lemon Bread</b>  Pear Flavored Applesauce	23 <b>Apple Oatmeal Bar</b>  Cantaloupe Pineapple Tidbits	24 <b>Cinnamon Toasters</b>  Honey Graham Cracker Banana Apple Juice
27 <b>Strawberry Oatmeal Bar</b>  Orange Flavored Applesauce	28 <b>Pumpkin Bread</b>  Apple Tropical Fruit	29 <b>Cinnamon Toast Crunch Bar</b>  Pear Dried Cranberries	30 <b>Blueberry Pop Tart</b>  Honey Graham Tropical Fruit Flavored Applesauce	31 <b>Honey Bunches of Oats</b>  Honey Bunches of Oats Chocolate Graham Blueberries Banana

**MILK** contains no artificial growth hormones or antibiotics

We use whole grain breads and 100% fruit juice

Nutrition and allergen information  
available at [www.FSPro.com](http://www.FSPro.com)

**Milk is available with all meals**  
**Menu items do not contain pork**  
**+Does not contain meat**

**BEX 9-12**