

# Base Menu Spreadsheet

## Weighted Values

Sep 1, 2022 thru Sep 30, 2022

**Menu Name:** After School Snacks w/Milk  
**Site:**

**Include Cost:** No  
**Report Style:** Detailed

### Thursday - 09/01/2022

### Reimbursable Meal Total 477

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831264 SNACK: CHIP SS, Cheeto Bkd Cru	Package	477	120	1.00	200	1	4.50	0.00	0	16.00	1.00	2.00
826341 JUICE SS, Frit Bld 100% 6oz Crt	Each	477	90	0.00	20	19	0.00	0.00	0	21.00	0.00	0.00
Weighted Daily Average			210	1.00	220	20	4.50	0.00	0	37.00	1.00	2.00
% of Calories				4.29%		38.1%	19.3%	0.0%		70.5%		3.8%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Friday - 09/02/2022

### Reimbursable Meal Total 477

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831305 BRD: MUF AP, Blueb 2ozWG (1BG)	Muffin	477	190	2.00	130	16	6.00	0.00	30	30.00	2.00	3.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	477	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00
Weighted Daily Average			290	3.50	250	27	8.50	0.00	45	41.00	2.00	11.00
% of Calories				10.86%		37.2%	26.4%	0.0%		56.6%		15.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Tuesday - 09/06/2022

### Reimbursable Meal Total 900

# Base Menu Spreadsheet

## Weighted Values

Sep 1, 2022 thru Sep 30, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831285 BRD: CRACK SS, Animal WG	Package	900	120	1.00	115	8	3.50	0.00	0	22.00	2.00	2.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	900	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00
Weighted Daily Average			220	2.50	235	19	6.00	0.00	15	33.00	2.00	10.00
% of Calories				10.23%		34.5%	24.5%	0.0%		60.0%		18.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Wednesday - 09/07/2022 Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990620 SNACK: CHIP SS, DORITO WHITE NACHO RF WG	Package	900	130	1.00	170	1	5.00	0.00	0	20.00	2.00	2.00
826341 JUICE SS, Frt Bld 100% 6oz Crt	Each	900	90	0.00	20	19	0.00	0.00	0	21.00	0.00	0.00
Weighted Daily Average			220	1.00	190	20	5.00	0.00	0	41.00	2.00	2.00
% of Calories				4.09%		36.4%	20.5%	0.0%		74.5%		3.6%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Thursday - 09/08/2022 Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	900	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00

# Base Menu Spreadsheet

## Weighted Values

Sep 1, 2022 thru Sep 30, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
833274 CHEESE, CH STICK 1EA 1.0	Stick	900	90	4.50	200	0	7.00	0.00	20	0.00	0.00	7.00
Weighted Daily Average			190	5.00	370	0	11.00	0.00	20	14.00	1.00	9.00
% of Calories				23.68%		0%	52.1%	0.0%		29.5%		18.9%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Friday - 09/09/2022

### Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831141 BRD: CRACK SS, ScoobyDoo CinWG	Package	900	120	1.00	115	8	3.50	0.00	0	21.00	1.00	2.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	900	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00
Weighted Daily Average			220	2.50	235	19	6.00	0.00	15	32.00	1.00	10.00
% of Calories				10.23%		34.5%	24.5%	0.0%		58.2%		18.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Monday - 09/12/2022

### Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831311 BRD: BAR, NutriGr ApCin1.5WGIW	Each	900	150	0.50	135	14	3.50	0.00	0	30.00	3.00	2.00

# Base Menu Spreadsheet

## Weighted Values

Sep 1, 2022 thru Sep 30, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	900	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00
Weighted Daily Average			250	2.00	255	25	6.00	0.00	15	41.00	3.00	10.00
% of Calories				7.20%		40.0%	21.6%	0.0%		65.6%		16.0%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Tuesday - 09/13/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831289 BRD: CRACK SS, Chz-It WG	Package	900	100	1.00	150	0	3.50	0.00	5	14.00	1.00	2.00
826341 JUICE SS, Frt Bld 100% 6oz Crt	Each	900	90	0.00	20	19	0.00	0.00	0	21.00	0.00	0.00
Weighted Daily Average			190	1.00	170	19	3.50	0.00	5	35.00	1.00	2.00
% of Calories				4.74%		40.0%	16.6%	0.0%		73.7%		4.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Wednesday - 09/14/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990382 BRD: CRACK SS, CHURRO CRUNCHER 1OZ WG (1BG)	Package	900	110	0.00	75	8	2.50	0.00	0	21.00	2.00	2.00

# Base Menu Spreadsheet

## Weighted Values

Sep 1, 2022 thru Sep 30, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
826339 JUICE SS, Apple 100% 6oz Cart	Each	900	80	0.00	20	19	0.00	0.00	0	20.00	0.00	0.00
Weighted Daily Average			190	0.00	95	27	2.50	0.00	0	41.00	2.00	2.00
% of Calories				0.00%		56.8%	11.8%	0.0%		86.3%		4.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Thursday - 09/15/2022

### Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831305 BRD: MUF AP, Blueb 2ozWG (1BG)	Muffin	900	190	2.00	130	16	6.00	0.00	30	30.00	2.00	3.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	900	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00
Weighted Daily Average			290	3.50	250	27	8.50	0.00	45	41.00	2.00	11.00
% of Calories				10.86%		37.2%	26.4%	0.0%		56.6%		15.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Friday - 09/16/2022

### Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831269 SNACK: CHIP SS, Dorito CR RFWG	Package	900	130	0.50	150	0	5.00	0.00	0	20.00	2.00	2.00

# Base Menu Spreadsheet

## Weighted Values

Sep 1, 2022 thru Sep 30, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
826348 JUICE SS, Orange 100% 6oz Cart	Each	900	80	0.00	20	17	0.00	0.00	0	20.00	0.00	1.00
Weighted Daily Average			210	0.50	170	17	5.00	0.00	0	40.00	2.00	3.00
% of Calories				2.14%		32.4%	21.4%	0.0%		76.2%		5.7%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Monday - 09/19/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831142 BRD: CRACK SS, Bug Bites CinWG	Package	900	120	1.00	115	8	3.50	0.00	0	21.00	1.00	2.00
826339 JUICE SS, Apple 100% 6oz Cart	Each	900	80	0.00	20	19	0.00	0.00	0	20.00	0.00	0.00
Weighted Daily Average			200	1.00	135	27	3.50	0.00	0	41.00	1.00	2.00
% of Calories				4.50%		54.0%	15.8%	0.0%		82.0%		4.0%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Tuesday - 09/20/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	900	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00

# Base Menu Spreadsheet

## Weighted Values

Sep 1, 2022 thru Sep 30, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
826348 JUICE SS, Orange 100% 6oz Cart	Each	900	80	0.00	20	17	0.00	0.00	0	20.00	0.00	1.00
Weighted Daily Average			180	0.50	190	17	4.00	0.00	0	34.00	1.00	3.00
% of Calories				2.50%		37.8%	20.0%	0.0%		75.6%		6.7%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Wednesday - 09/21/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831162 BRD: BAR, Cereal GldnGrm WG IW	Each	900	150	0.00	110	9	3.00	0.00	0	30.00	3.00	2.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	900	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00
Weighted Daily Average			250	1.50	230	20	5.50	0.00	15	41.00	3.00	10.00
% of Calories				5.40%		32.0%	19.8%	0.0%		65.6%		16.0%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Thursday - 09/22/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
825962 BRD: CRACK SS, GFishPrtz .75oz	Package	900	90	0.00	200	0	1.50	0.00	0	16.00	1.00	2.00

# Base Menu Spreadsheet

## Weighted Values

Sep 1, 2022 thru Sep 30, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831458 CHEESE, CH CUBES RF IW 1.0	Pkg (1oz)	900	90	4.50	190	0	7.00	0.00	20	0.00	0.00	7.00
Weighted Daily Average			180	4.50	390	0	8.50	0.00	20	16.00	1.00	9.00
% of Calories				22.50%		0%	42.5%	0.0%		35.6%		20.0%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Friday - 09/23/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831306 BRD: MUF AP, Choc 2oz WG (1BG)	Muffin	900	190	2.00	130	17	6.00	0.00	35	33.00	2.00	3.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	900	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00
Weighted Daily Average			290	3.50	250	28	8.50	0.00	50	44.00	2.00	11.00
% of Calories				10.86%		38.6%	26.4%	0.0%		60.7%		15.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Monday - 09/26/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831720 BRD: CRACK SS, Bear GrhmCinnWG	Package	900	120	0.00	115	7	4.00	0.00	0	20.00	1.00	2.00



# Base Menu Spreadsheet

## Weighted Values

Sep 1, 2022 thru Sep 30, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	900	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00
Weighted Daily Average			220	1.50	235	18	6.50	0.00	15	31.00	1.00	10.00
% of Calories				6.14%		32.7%	26.6%	0.0%		56.4%		18.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Tuesday - 09/27/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990620 SNACK: CHIP SS, DORITO WHITE NACHO RF WG	Package	900	130	1.00	170	1	5.00	0.00	0	20.00	2.00	2.00
826341 JUICE SS, Frt Bld 100% 6oz Crt	Each	900	90	0.00	20	19	0.00	0.00	0	21.00	0.00	0.00
Weighted Daily Average			220	1.00	190	20	5.00	0.00	0	41.00	2.00	2.00
% of Calories				4.09%		36.4%	20.5%	0.0%		74.5%		3.6%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Wednesday - 09/28/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831141 BRD: CRACK SS, ScoobyDoo CinWG	Package	900	120	1.00	115	8	3.50	0.00	0	21.00	1.00	2.00

# Base Menu Spreadsheet

## Weighted Values

Sep 1, 2022 thru Sep 30, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	900	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00
Weighted Daily Average			220	2.50	235	19	6.00	0.00	15	32.00	1.00	10.00
% of Calories				10.23%		34.5%	24.5%	0.0%		58.2%		18.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Thursday - 09/29/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
833274 CHEESE, CH STICK 1EA 1.0	Stick	900	90	4.50	200	0	7.00	0.00	20	0.00	0.00	7.00
831312 BRD: BAR, NutriGr Strwb1.5WGIW	Each	900	150	0.50	150	14	3.50	0.00	0	30.00	3.00	2.00
Weighted Daily Average			240	5.00	350	14	10.50	0.00	20	30.00	3.00	9.00
% of Calories				18.75%		23.3%	39.4%	0.0%		50.0%		15.0%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

### Friday - 09/30/2022

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
831289 BRD: CRACK SS, Chz-It WG	Package	900	100	1.00	150	0	3.50	0.00	5	14.00	1.00	2.00

# Base Menu Spreadsheet

## Weighted Values

Sep 1, 2022 thru Sep 30, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
826341 JUICE SS, Frt Bld 100% 6oz Crt	Each	900	90	0.00	20	19	0.00	0.00	0	21.00	0.00	0.00
Weighted Daily Average			190	1.00	170	19	3.50	0.00	5	35.00	1.00	2.00
% of Calories				4.74%		40.0%	16.6%	0.0%		73.7%		4.2%
Weekly Nutrient Guideline			450 - 600	<10	640		<=0					

			Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			222	2	229	19	6.10	0.00	14	35.29	1.67	6.67
% of Calories				8.59%		34.2%	24.7%	0.0%		63.6%		12.0%

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.