

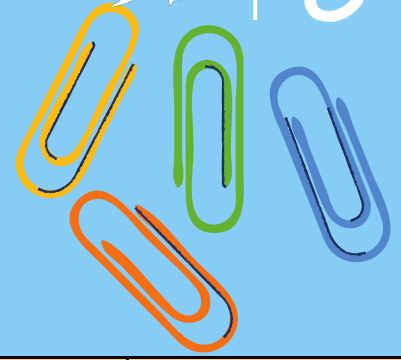
AUGUST 2022 LUNCH


Milk contains no artificial growth hormones or antibiotics.

We use heart healthy whole-grain breads and serve 100% fruit juice.

Nutrition and allergen information available at www.FSPro.com

Milk is available with all meals
Menu items do not contain pork
+ Contains no meat
Menu Subject to Change



Monday	Tuesday	Wednesday	Thursday	Friday
15 Popcorn Chicken Pretzel Rod Ranch Dressing Potato Salad Baby Carrots Fresh Fruit 100% Fruit Juice	16 Confetti Pancakes + Vanilla Yogurt Cheese Stick Baby Carrots Grape Tomatoes Fresh Fruit 100% Fruit Juice	17 Chicken Ham, Turkey & Cheese Sandwich Mustard Three Bean Salad Baby Carrots Fresh Fruit Flavored Applesauce	18 Italian Salad Breadstick Italian Dressing Fresh Celery Baby Carrots Fresh Fruit 100% Fruit Juice Belly Bear Grahams	19 Cheese Sub + Sweet Golden Corn Bell Pepper Strips Baby Carrots 100% Fruit Juice Scooby Doo Grahams Fresh Fruit
22 Strawberry Banana Yogurt + Blueberry Muffin String Cheese Baby Carrots Grape Tomatoes Fresh Fruit 100% Fruit Juice Bug Bite Grahams	23 Pepperoni Slices Cheddar Cheese Cubes Mini Flatbread Potato Salad Baby Carrots Fresh Fruit 100% Fruit Juice Goldfish Pretzels	24 Popcorn Chicken Salad Dinner Roll Ranch Dressing Bell Pepper Strips Baby Carrots Fresh Fruit 100% Fruit Juice Belly Bear Grahams	25 Turkey & Cheese Sub Mustard Three Bean Salad Baby Carrots Fresh Fruit Flavored Applesauce	26 Egg Chef Salad + Dinner Roll Ranch Dressing Fresh Celery Baby Carrots 100% Fruit Juice Cheddar Goldfish Crackers
29 Cheese Sub + Baby Carrots Grape Tomatoes Fresh Fruit 100% Fruit Juice Goldfish Pretzels	30 Confetti Pancakes + Vanilla Yogurt Cheese Cubes Baby Carrots Grape Tomatoes Flavored Applesauce 100% Fruit Juice	31 Chicken Ham & Cheese Sandwich Mustard Three Bean Salad Baby Carrots Fresh Fruit 100% Fruit Juice Cheez-It Crackers		

Back to SCHOOL

- 1. Review previous year and set goals for the new school year**
- 2. Pick out clothes and pack backpack the night before**
- 3. Get involved this year by signing up for clubs and extracurriculars**

