

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

Menu Name: K-8 Lunch 3 Entree (AB Salad)
Site: 1 - Archdiocese of Chicago

Include Cost: No
Report Style: Detailed

Monday - 05/02/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
000179 BRD: PANCAKES, AP WG Confetti	Pouch	12000	220	1.00	300	11	7.00	0.00	36.00	4.00	4.00
829505 CHIX Sausage Patty 2ea 2.0	2 Patty	12000	200	3.00	500	0	12.00	0.00	2.00	0.00	22.00
990548 STICKS, CORN DOG CHIX AP WG 2.0	Each	2000	300	3.50	400	8	16.00	0.00	25.00	3.00	14.00
825862 COND PC Mustard 6g	Each	1850	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
990624 YOGURT BULK, STRW W/OATS HNY GRAN 2.0 (1BG)	Serving	1000	336	0.68	255	35	6.09	0.00	58.38	2.03	10.71
831141 BRD: CRACK SS, ScoobyDoo CinWG	Package	1000	120	1.00	115	8	3.50	0.00	21.00	1.00	2.00
990625 VEG: POTATO, TATER TOTS (MCCAIN) 3/4C	12 Each	14550	174	1.34	482	0	9.38	0.00	21.44	1.34	1.34
825856 COND PC Ketchup 9g Heinz	Each	14550	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000124 FRUIT: PEARS 150 ct.	Each (150ct)	13950	67	0.03	1	12	0.17	0.00	17.97	3.66	0.42
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			744	5.40	1447	40	27.72	0.00	94.97	8.50	32.40
% of Calories				6.53%		21.5%	33.5%	0.0%	51.1%		17.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Tuesday - 05/03/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990667 ENT: BOWL, CHIXPOP CH WG 2.5 (1BG)	Bowl	12000	396	5.80	585	2	19.53	0.00	34.59	5.54	20.81
990672 PACK: BEEF MEATLOAF CHZBRGR NOI, BRDSTK ALPHA 2(1)	Pack	2250	240	5.00	530	6	11.00	0.00	22.00	2.50	15.00
900176 SALAD, APPLE Slcd IW CHCube2.0	Each	750	210	9.00	380	6	14.00	0.00	7.00	1.00	14.00
825962 BRD: CRACK SS, GFishPrtz .75oz	Package	750	90	0.00	200	0	1.50	0.00	16.00	1.00	2.00
830676 VEG: BROCCOLI, CUT FRZ CKD 3/4C	3/4 Cup	12300	37	0.02	14	2	0.16	0.00	6.97	3.91	4.04
000154 FRUIT: CRAISINS, SS Origin1.16	Box (1.16oz)	13500	110	0.00	0	24	0.00	0.00	27.00	2.00	0.00
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			593	6.16	759	40	18.68	0.00	77.55	9.92	30.21
% of Calories				9.35%		27.0%	28.4%	0.0%	52.3%		20.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Wednesday - 05/04/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990678 BURG, BEEF AM AP WG 2.25 (2BG) (ALPHA)	Each	12200	305	4.62	505	4	11.50	0.00	28.50	2.00	19.50
825856 COND PC Ketchup 9g Heinz	Each	12200	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
990642 MELT BD, T.HAM (JENNIE-O) AM WG 2.0 (2BG) (ALPHA)	Sandwich	2400	357	9.00	1280	4	17.67	0.00	28.33	2.00	20.67
990705 SALAD, THAM C/BPEPP ITALIAN AP 2.25	Each	400	215	5.72	656	3	12.60	0.00	4.52	0.86	19.10
990650 Breadstick WG 1BG (1EA)(Alpha) - Indiv Overwrapped	Each	400	70	0.00	140	1	1.00	0.00	14.00	1.50	3.00
833328 COND PC, DRESSING ITALIAN FF 12G (PPI)	Packet	400	5	0.00	120	0	0.00	0.00	1.00	0.00	0.00
990629 VEG: CARROTS, DICED FZ CKD 3/4C	3/4 Cup	12300	49	0.16	78	5	0.90	0.00	10.21	4.36	0.77
000108 FRUIT: CUP SS, APPLESC CINN UNSWT SHLF-STBL 1/2C	Each (1/2c)	14400	50	0.00	0	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			506	5.78	943	36	13.78	0.00	67.89	6.54	27.58
% of Calories				10.28%		28.5%	24.5%	0.0%	53.7%		21.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Thursday - 05/05/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990728 TACO BfGd Soft AP NON-WG 2.25 (2BG) 2EA	2 Each	12000	334	4.71	793	1	12.88	0.00	36.88	3.46	18.68
825869 COND PC Sauce, Taco 9g	Each	11250	4	0.00	57	0	0.02	0.00	0.76	0.12	0.10
990535 SDW AP, CHEESY PULL APART SW QUESO WG IW 2 (2BG)	Each	2400	300	6.00	580	5	13.00	0.00	33.00	2.00	14.00
990658 SALAD NAC, BfGd AP 2.0 - w/o Chips	Each	600	184	6.97	391	3	11.64	0.00	6.22	1.74	13.90
831270 SNACK: CHIP SS, Tort Bkd ScpWG	Package	600	110	0.00	125	0	2.50	0.00	19.00	1.00	2.00
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	600	100	0.50	170	0	4.00	0.00	14.00	1.00	2.00
825102 VEG: BEANS, REFRIED AP 1/2C	1/2 Cup	12300	139	0.00	499	1	1.74	0.00	23.21	6.96	6.96
826372 VEG: SALAD, SIDE ROMMIX AP 1/2c	1/2 Cup	13950	6	0.00	4	1	0.00	0.00	1.21	0.40	0.40
826059 COND PC, DRESSING RANCH 12G (HEINZ)	Each	13950	49	0.76	101	1	4.92	0.10	0.91	0.02	0.10

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
826343 JUICE SS, Grape100% 4oz Cart	Each	14850	80	0.00	15	18	0.00	0.00	18.00	0.00	1.00
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			675	6.04	1489	37	19.64	0.09	91.15	9.43	32.34
% of Calories				8.05%		21.9%	26.2%	0.1%	54.0%		19.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Friday - 05/06/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990531 PIZZA AP TONY 4X6 CHZ 100% WG 2.0	Each	11500	300	5.00	440	8	11.00	0.00	34.00	4.00	16.00
990339 ENT: PASTA, MAC&CHZ SS WG 2.0 (2BG)	2-6oz spoodles	2500	472	12.51	845	2	20.91	*0.00	49.44	5.42	20.86
990582 YOGURT BULK, VAN W/OATS HNY GRAN 2.0 (1BG)	Serving	1000	336	0.68	255	37	6.09	0.00	59.72	2.03	10.71
831720 BRD: CRACK SS, Bear GrhmCinnWG	Package	1000	120	0.00	115	7	4.00	0.00	20.00	1.00	2.00
830678 VEG: BEANS, GREEN CUT FZ CKD 3/4c	3/4 Cup	12300	29	0.05	1	2	0.18	0.00	6.76	3.15	1.56
825008 FRUIT: APPLE, 138CT Whole 1C	Each (138ct)	14100	62	0.03	1	12	0.20	0.00	16.52	2.87	0.31
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			518	6.33	675	37	13.43	*0.00	76.10	9.45	25.36
% of Calories				11.00%		28.6%	23.3%	*0.0%	58.8%		19.6%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Monday - 05/09/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990585 PACK: CHIX NUGGET SAVORY, PRETZEL SOFT ROD WG2(2BG)	Pack	12000	270	1.88	478	0	10.50	0.00	26.50	2.25	18.25
825867 COND PC Sauce, BBQ 12g	Each	11000	15	0.00	158	3	0.03	0.00	3.34	0.16	0.14
990612 HOT DOG, PLAIN TKY (JENNIE-O) WG 2.0 (ALPHA)	Each	2250	280	3.00	970	3	13.50	0.00	29.00	2.50	13.00
825856 COND PC Ketchup 9g Heinz	Each	2250	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
900176 SALAD, APPLE Slcd IW CHCube2.0	Each	750	210	9.00	380	6	14.00	0.00	7.00	1.00	14.00
825962 BRD: CRACK SS, GFishPrtz .75oz	Package	750	90	0.00	200	0	1.50	0.00	16.00	1.00	2.00
830644 VEG: BEANS, BKD VEG AP 3/4c	3/4 Cup	12300	333	0.00	772	21	1.51	0.00	65.05	12.10	16.64
826340 JUICE SS, Frt Bld 100% 4oz Crt	Each	14850	60	0.00	10	13	0.00	0.00	14.00	0.00	0.00
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			714	2.70	1498	48	12.96	0.00	112.21	12.32	38.29
% of Calories				3.40%		26.9%	16.3%	0.0%	62.9%		21.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Tuesday - 05/10/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
000491 MELT BD, AM WG 2.0 (2BG) (ALPHA)	Sandwich	10000	365	10.62	1320	4	19.50	0.00	28.50	2.00	18.50
990571 MELT SUB AP, CHIXMTBL PIZZA SS 2.0 (W/O BUN)	Serving	4000	218	4.47	574	5	12.37	0.00	10.68	1.87	16.16
990572 BUN, HOT DOG WG (Alpha) - Indiv Overwrapped	Each	4000	150	0.00	270	3	2.50	0.00	28.00	2.50	6.00
990582 YOGURT BULK, VAN W/OATS HNY GRAN 2.0 (1BG)	Serving	1000	336	0.68	255	37	6.09	0.00	59.72	2.03	10.71
831720 BRD: CRACK SS, Bear GrhmCinnWG	Package	1000	120	0.00	115	7	4.00	0.00	20.00	1.00	2.00
990628 VEG: POTATO, FF CRINKLE CUT (MCCAIN) 3/4C	3/4c	14550	128	0.53	160	0	5.34	0.00	20.29	1.07	1.07
825856 COND PC Ketchup 9g Heinz	Each	14550	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	14100	47	0.02	0	9	0.12	0.00	11.73	2.40	0.94
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			647	9.15	1538	33	23.43	0.00	83.64	5.99	28.20
% of Calories				12.73%		20.4%	32.6%	0.0%	51.7%		17.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Wednesday - 05/11/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990541 NACHOS BFGD AP Bn CHZ 2.25 - w/o Chips	Serving	12000	214	5.39	658	1	9.60	0.06	17.20	3.31	13.92
831270 SNACK: CHIP SS, Tort Bkd ScpWG	Package	12000	110	0.00	125	0	2.50	0.00	19.00	1.00	2.00
990573 PACK: CHIX DRUMSTK OVRSTD, BISC MINI APWG 2.5(1BG)	Pack	2500	260	6.50	530	1	15.00	0.00	16.00	1.00	18.00
990722 SALAD, VEG BAJA AP ROMAINE 2.25	Each	500	221	6.15	374	4	9.85	0.00	22.36	5.16	11.88
000218 BRD: MUF AP, CORN 2OZ IW WG (1BG)	Muffin	500	180	1.50	180	12	6.00	0.00	28.00	1.00	4.00
826059 COND PC, DRESSING RANCH 12G (HEINZ)	Each	500	49	0.76	101	1	4.92	0.10	0.91	0.02	0.10
990677 VEG: BLEND, 4 WAY MIX FRZ CKD 3/4C	3/4 Cup	12300	92	0.04	49	4	0.21	0.00	18.51	6.22	4.04
833552 FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	13500	110	0.00	0	24	0.00	0.00	27.00	2.00	0.00
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
Weighted Daily Average			585	5.73	947	42	13.07	0.05	88.22	10.72	26.78
% of Calories				8.82%		28.7%	20.1%	0.1%	60.3%		18.3%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Thursday - 05/12/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990737 PACK: PASTA, SPAG CHIXPTYGLDN MZ SPAGSCSS WGR2.5(2)	Pack	11600	456	4.45	573	9	19.10	0.00	48.29	6.39	22.92
900045 BURG, BEEF AP WG 2.0 (2BG) (ALPHA)	Each	2500	260	2.50	305	3	8.00	0.00	28.00	2.00	17.00
825856 COND PC Ketchup 9g Heinz	Each	2500	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
832680 SALAD, ChixPop CH AP W 2.5 (1BG)	Each	900	325	5.78	493	3	18.96	0.00	18.65	4.20	19.44
990650 Breadstick WG 1BG (1EA)(Alpha) - Indiv Overwrapped	Each	900	70	0.00	140	1	1.00	0.00	14.00	1.50	3.00
826059 COND PC, DRESSING RANCH 12G (HEINZ)	Each	900	49	0.76	101	1	4.92	0.10	0.91	0.02	0.10
990629 VEG: CARROTS, DICED FZ CKD 3/4C	3/4 Cup	12300	49	0.16	78	5	0.90	0.00	10.21	4.36	0.77
825008 FRUIT: APPLE, 138CT Whole 1C	Each (138ct)	14100	62	0.03	1	12	0.20	0.00	16.52	2.87	0.31
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			619	4.72	787	39	19.02	0.01	83.83	11.89	30.03
% of Calories				6.86%		25.2%	27.7%	0.0%	54.2%		19.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Friday - 05/13/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990689 PACK: MTBL CHIX KOREAN, RICE WG 2.0 (2BG)	Pack	10500	439	3.44	576	11	13.43	0.01	61.65	2.14	19.63
990549 PIZZA AP TONY GALAXY CHZ 4IN ROUND IW WG 2.0 (2BG)	Each	3500	280	6.00	410	8	12.00	0.00	26.00	3.00	15.00
990624 YOGURT BULK, STRW W/OATS HNY GRAN 2.0 (1BG)	Serving	1000	336	0.68	255	35	6.09	0.00	58.38	2.03	10.71
831141 BRD: CRACK SS, ScoobyDoo CinWG	Package	1000	120	1.00	115	8	3.50	0.00	21.00	1.00	2.00
990721 VEG: SALAD, Side Rom AP Chopped 1c	1 Cup	13950	6	0.01	3	0	0.11	0.00	1.24	0.79	0.46
826055 COND PC, DRESSING FRENCH 12G (HEINZ)	Each	13950	52	0.66	128	3	4.33	85.08	3.17	0.09	0.09
990557 VEG: TOMATOES, GRAPE 1/4C	1/4 Cup	13950	8	0.01	2	1	0.09	0.00	1.68	0.52	0.38
000116 FRUIT: CUP SS, APPLESC UNSWT SHLF-STBL 1/2C	Each (1/2c)	14400	50	0.00	0	12	0.00	0.00	14.00	1.00	0.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			609	4.85	818	43	17.56	79.13	89.02	4.66	26.15
% of Calories				7.17%		28.2%	26.0%	116.9%	58.5%		17.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Monday - 05/16/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990332 STICKS, MOZZ BRD CRUNCHER PIZZA WG 2 (2.5BG) (4EA)	4 Each	12000	420	9.00	670	3	20.00	0.00	41.00	6.00	20.00
990730 PACK: PASTA, LOMEIN CHIXDCD SS NONWG 2.0 (2BG)	Pack	2250	394	1.69	378	9	8.19	*0.01	53.01	2.75	22.78
900176 SALAD, APPLE Slcd IW CHCube2.0	Each	750	210	9.00	380	6	14.00	0.00	7.00	1.00	14.00
825962 BRD: CRACK SS, GFishPrtz .75oz	Package	750	90	0.00	200	0	1.50	0.00	16.00	1.00	2.00
830676 VEG: BROCCOLI, CUT FRZ CKD 3/4C	3/4 Cup	12300	37	0.02	14	2	0.16	0.00	6.97	3.91	4.04
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	14100	47	0.02	0	9	0.12	0.00	11.73	2.40	0.94
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			581	8.24	803	29	18.74	*0.00	74.05	10.77	31.61
% of Calories				12.76%		20.0%	29.0%	*0.0%	51.0%		21.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Tuesday - 05/17/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990731 PACK: PASTA, ROTINI CHIXMTBL & SPAG SC SS NONWG2(2	Pack	11200	452	3.54	250	8	13.44	0.00	58.38	5.24	23.13
990642 MELT BD, T.HAM (JENNIE-O) AM WG 2.0 (2BG) (ALPHA)	Sandwich	2800	357	9.00	1280	4	17.67	0.00	28.33	2.00	20.67
990624 YOGURT BULK, STRW W/OATS HNY GRAN 2.0 (1BG)	Serving	1000	336	0.68	255	35	6.09	0.00	58.38	2.03	10.71
831141 BRD: CRACK SS, ScoobyDoo CinWG	Package	1000	120	1.00	115	8	3.50	0.00	21.00	1.00	2.00
830678 VEG: BEANS, GREEN CUT FZ CKD 3/4c	3/4 Cup	12300	29	0.05	1	2	0.18	0.00	6.76	3.15	1.56
825008 FRUIT: APPLE, 138CT Whole 1C	Each (138ct)	14100	62	0.03	1	12	0.20	0.00	16.52	2.87	0.31
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			614	4.80	622	38	14.81	0.00	90.65	9.76	30.74
% of Calories				7.04%		24.8%	21.7%	0.0%	59.1%		20.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Wednesday - 05/18/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990736 SDW BN, ChixPty Gldn Crspy Pln WG/WG 2.0 (ALPHA)	Sandwich	12000	390	2.50	700	4	16.00	0.00	42.00	5.00	20.00
825867 COND PC Sauce, BBQ 12g	Each	11000	15	0.00	158	3	0.03	0.00	3.34	0.16	0.14
990548 STICKS, CORN DOG CHIX AP WG 2.0	Each	2400	300	3.50	400	8	16.00	0.00	25.00	3.00	14.00
825862 COND PC Mustard 6g	Each	2275	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
990658 SALAD NAC, BfGd AP 2.0 - w/o Chips	Each	600	184	6.97	391	3	11.64	0.00	6.22	1.74	13.90
831270 SNACK: CHIP SS, Tort Bkd ScpWG	Package	600	110	0.00	125	0	2.50	0.00	19.00	1.00	2.00
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	600	100	0.50	170	0	4.00	0.00	14.00	1.00	2.00
830647 VEG: BEANS, BLACK BBQ 3/4C	3/4 Cup	12300	234	0.03	435	14	0.29	*0.00	45.81	8.55	11.04
000116 FRUIT: CUP SS, APPLESC UNSWT SHLF-STBL 1/2C	Each (1/2c)	14400	50	0.00	0	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			723	3.19	1304	45	16.84	*0.00	108.18	12.72	35.31
% of Calories				3.97%		24.9%	21.0%	*0.0%	59.9%		19.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Thursday - 05/19/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990697 PACK: BEEF SALIS STK, NDLSPRSL, BFGRVY SS NonWG2(1	Pack	11100	350	7.20	515	4	17.55	0.14	28.84	2.32	18.76
990541 NACHOS BFGD AP Bn CHZ 2.25 - w/o Chips	Serving	3500	214	5.39	658	1	9.60	0.06	17.20	3.31	13.92
831270 SNACK: CHIP SS, Tort Bkd ScpWG	Package	3500	110	0.00	125	0	2.50	0.00	19.00	1.00	2.00
990665 SALAD, ChixDcd Ceas AP W/CAES DRNG 2.0	Package	400	361	7.22	674	3	29.67	0.00	4.71	0.86	18.17
990653 Roll, DinnerWheat WG 1EA(Alpha) -Indiv Overwrapped	each	400	80	0.00	160	1	1.50	0.00	14.00	1.00	3.00
830251 VEG: CORN, FZ CKD 3/4C	3/4 Cup	12300	102	0.13	1	4	0.85	0.00	24.38	3.03	3.22
000124 FRUIT: PEARS 150 ct.	Each (150ct)	13950	67	0.03	1	12	0.17	0.00	17.97	3.66	0.42
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			590	7.21	758	32	17.99	0.11	82.40	8.66	28.39
% of Calories				11.00%		21.7%	27.4%	0.2%	55.9%		19.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Friday - 05/20/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
000157 BEEF GD, SLOPPY JOE MEAT SS 2.0 (W/O BUN)	#10 scp (2 MMA)	10600	146	3.03	353	3	7.36	*0.00	6.68	1.00	11.95
990545 BUN, HAMBURGER WG (Alpha) - Indiv Overwrapped	Each	10600	150	0.00	260	3	2.00	0.00	26.00	2.00	6.00
990690 PACK: FR TST STK AP (4), CHIX SSG PTY (2) WG 2(2BG)	Pack	3400	460	4.50	800	9	22.00	0.00	40.00	3.00	28.00
990582 YOGURT BULK, VAN W/OATS HNY GRAN 2.0 (1BG)	Serving	1000	336	0.68	255	37	6.09	0.00	59.72	2.03	10.71
831720 BRD: CRACK SS, Bear GrhmCinnWG	Package	1000	120	0.00	115	7	4.00	0.00	20.00	1.00	2.00
990618 VEG: POTATO SWT, FF SEASONED (MCCAIN) 3/4C	3/4 Cup	12300	251	1.57	282	11	9.41	0.00	37.63	1.57	1.57
826337 JUICE SS, Apple 100% 4oz Cart	Each	14850	60	0.00	15	13	0.00	0.00	14.00	0.00	0.00
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			705	4.79	1056	46	20.49	*0.00	97.59	4.29	28.36
% of Calories				6.11%		26.1%	26.2%	*0.0%	55.4%		16.1%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Monday - 05/23/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990610 MELT SUB AP, CHIXMTBL BBQ SS 2.0 (W/O BUN)	Sandwich	11500	268	3.33	586	23	10.83	0.00	29.79	0.83	14.17
990572 BUN, HOT DOG WG (Alpha) - Indiv Overwrapped	Each	11500	150	0.00	270	3	2.50	0.00	28.00	2.50	6.00
000243 CALZONE MEAT TKY BF COMBO AP WG 2.0 (2BG)	Each	2500	250	2.00	480	4	6.00	0.00	33.00	4.00	18.00
990624 YOGURT BULK, STRW W/OATS HNY GRAN 2.0 (1BG)	Serving	1000	336	0.68	255	35	6.09	0.00	58.38	2.03	10.71
831141 BRD: CRACK SS, ScoobyDoo CinWG	Package	1000	120	1.00	115	8	3.50	0.00	21.00	1.00	2.00
830678 VEG: BEANS, GREEN CUT FZ CKD 3/4c	3/4 Cup	12300	29	0.05	1	2	0.18	0.00	6.76	3.15	1.56
825008 FRUIT: APPLE, 138CT Whole 1C	Each (138ct)	14100	62	0.03	1	12	0.20	0.00	16.52	2.87	0.31
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			572	3.37	933	51	12.70	0.00	91.58	8.70	28.07
% of Calories				5.30%		35.7%	20.0%	0.0%	64.0%		19.6%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Tuesday - 05/24/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990531 PIZZA AP TONY 4X6 CHZ 100% WG 2.0	Each	11000	300	5.00	440	8	11.00	0.00	34.00	4.00	16.00
990543 Pack: Corn Dog Mini Tky, PretBite Chz WG 2 (2BG)	Serving	3250	338	7.88	987	3	16.50	0.00	30.50	3.50	15.50
900176 SALAD, APPLE Slcd IW CHCube2.0	Each	750	210	9.00	380	6	14.00	0.00	7.00	1.00	14.00
825962 BRD: CRACK SS, GFishPrtz .75oz	Package	750	90	0.00	200	0	1.50	0.00	16.00	1.00	2.00
830676 VEG: BROCCOLI, CUT FRZ CKD 3/4C	3/4 Cup	12300	37	0.02	14	2	0.16	0.00	6.97	3.91	4.04
831449 FRUIT: CRAISINS, SS Strawb1.16	Box (1.16oz)	13500	110	0.00	0	24	0.00	0.00	27.00	2.00	0.00
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			534	6.14	747	45	13.04	0.00	78.12	8.80	26.40
% of Calories				10.35%		33.7%	22.0%	0.0%	58.5%		19.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Wednesday - 05/25/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900045 BURG, BEEF AP WG 2.0 (2BG) (ALPHA)	Each	10000	260	2.50	305	3	8.00	0.00	28.00	2.00	17.00
825856 COND PC Ketchup 9g Heinz	Each	10000	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
990654 PACK: CHIX POPCORN, BRDSTK ALPHA AP WG 2.0 (2BG)	Serving	4600	326	2.78	529	2	15.46	0.00	29.58	4.84	18.58
825867 COND PC Sauce, BBQ 12g	Each	4100	15	0.00	158	3	0.03	0.00	3.34	0.16	0.14
990643 SALAD, T.HAM TKY CH MZ AP W 2.0	Each	400	175	5.25	489	2	9.42	0.00	4.41	0.86	16.53
990653 Roll, DinnerWheat WG 1EA(Alpha) -Indiv Overwrapped	each	400	80	0.00	160	1	1.50	0.00	14.00	1.00	3.00
826055 COND PC, DRESSING FRENCH 12G (HEINZ)	Each	400	52	0.66	128	3	4.33	85.08	3.17	0.09	0.09
830644 VEG: BEANS, BKD VEG AP 3/4c	3/4 Cup	12300	333	0.00	772	21	1.51	0.00	65.05	12.10	16.64
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	14100	47	0.02	0	9	0.12	0.00	11.73	2.40	0.94
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			706	2.99	1289	46	12.34	2.27	111.00	15.09	39.31
% of Calories				3.81%		26.1%	15.7%	2.9%	62.9%		22.3%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Thursday - 05/26/2022

Reimbursable Meal Total 15000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990674 SDW BN, CHAM TKY(JENNIE-O SLCD) PV WG 2(2BG)(ALPHA	Sandwich	11000	325	6.01	762	4	12.78	0.00	28.01	2.00	22.55
825862 COND PC Mustard 6g	Each	10250	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
990612 HOT DOG, PLAIN TKY (JENNIE-O) WG 2.0 (ALPHA)	Each	3000	280	3.00	970	3	13.50	0.00	29.00	2.50	13.00
825856 COND PC Ketchup 9g Heinz	Each	3000	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
990582 YOGURT BULK, VAN W/OATS HNY GRAN 2.0 (1BG)	Serving	1000	336	0.68	255	37	6.09	0.00	59.72	2.03	10.71
831720 BRD: CRACK SS, Bear GrhmCinnWG	Package	1000	120	0.00	115	7	4.00	0.00	20.00	1.00	2.00
990551 VEG: SALAD, POTATO AP 3/4C (1/2C VEG)	3/4 Cup	12500	330	3.00	810	11	18.01	0.00	40.52	4.50	3.00
990592 VEG: CARROTS, FRESH BABY IW 1.3OZ	Bag (1.3 ozw)	13950	13	0.01	29	2	0.05	0.00	3.04	1.07	0.24
000124 FRUIT: PEARS 150 ct.	Each (150ct)	13500	67	0.03	1	12	0.17	0.00	17.97	3.66	0.42

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	10341	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2997	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	149	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			771	7.88	1712	42	28.44	0.00	101.11	10.21	30.28
% of Calories				9.20%		21.8%	33.2%	0.0%	52.5%		15.7%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Friday - 05/27/2022

Reimbursable Meal Total 13000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990687 ENT: BOWL, RICE CHIXDCD SOUTHWEST CH 2.0 (2BG)	Bowl	10000	389	4.27	356	1	11.97	*0.00	51.23	2.05	19.69
000491 MELT BD, AM WG 2.0 (2BG) (ALPHA)	Sandwich	2200	365	10.62	1320	4	19.50	0.00	28.50	2.00	18.50
832680 SALAD, ChixPop CH AP W 2.5 (1BG)	Each	800	325	5.78	493	3	18.96	0.00	18.65	4.20	19.44
990650 Breadstick WG 1BG (1EA)(Alpha) - Indiv Overwrapped	Each	800	70	0.00	140	1	1.00	0.00	14.00	1.50	3.00
826059 COND PC, DRESSING RANCH 12G (HEINZ)	Each	800	49	0.76	101	1	4.92	0.10	0.91	0.02	0.10
990629 VEG: CARROTS, DICED FZ CKD 3/4C	3/4 Cup	10660	49	0.16	78	5	0.90	0.00	10.21	4.36	0.77
826340 JUICE SS, Frt Bld 100% 4oz Crt	Each	12870	60	0.00	10	13	0.00	0.00	14.00	0.00	0.00
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	8962	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2597	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	129	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			584	5.91	786	34	15.27	*0.01	83.93	5.84	27.49
% of Calories				9.11%		23.3%	23.5%	*0.0%	57.5%		18.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

Tuesday - 05/31/2022

Reimbursable Meal Total 14000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
990690 PACK: FR TST STK AP (4), CHIX SSG PTY (2) WG 2(2BG	Pack	13060	460	4.50	800	9	22.00	0.00	40.00	3.00	28.00
990582 YOGURT BULK, VAN W/OATS HNY GRAN 2.0 (1BG)	Serving	940	336	0.68	255	37	6.09	0.00	59.72	2.03	10.71
831720 BRD: CRACK SS, Bear GrhmCinnWG	Package	940	120	0.00	115	7	4.00	0.00	20.00	1.00	2.00
990625 VEG: POTATO, TATER TOTS (MCCAIN) 3/4C	12 Each	13580	174	1.34	482	0	9.38	0.00	21.44	1.34	1.34
825856 COND PC Ketchup 9g Heinz	Each	13580	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
825008 FRUIT: APPLE, 138CT Whole 1C	Each (138ct)	13160	62	0.03	1	12	0.20	0.00	16.52	2.87	0.31
900015 MILK SS, SKIM CHOCOLATE 8 FLOZ - PRAIRIE FARMS	Carton	9652	110	0.00	210	18	0.00	0.00	19.00	0.00	8.00
900012 MILK SS, 1% WHITE 8 FLOZ - PRAIRIE FARMS	Carton	2797	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

May 2, 2022 thru May 31, 2022

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, SKIM WHITE 8 FLOZ - PRAIRIE FARMS	Carton	139	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			793	5.87	1492	40	30.99	0.00	97.31	7.00	35.76
% of Calories				6.66%		20.2%	35.2%	0.0%	49.1%		18.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=30				

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			637	6	1067	40	18.14	*3.89	89.55	9.11	30.43
% of Calories				7.88%		25.1%	25.6%	*5.5%	56.2%		19.1%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.