
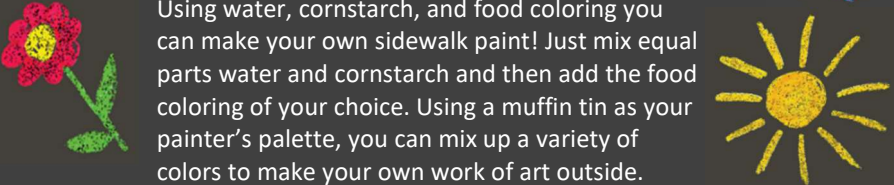


# MAY 2022 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>Popcorn Chicken</b> Pretzel Rod Ranch Dressing  Potato Salad Baby Carrots Fresh Fruit	<b>3</b> <b>Confetti Pancakes +</b> Vanilla Yogurt  Baby Carrots Grape Tomatoes Craisins	<b>4</b> <b>Italian Salad</b> Breadstick Italian Dressing  Bell Pepper Strips Flavored Applesauce Belly Bear Grahams	<b>5</b> <b>Chicken Ham &amp; Cheese Sandwich</b> Mustard  Three Bean Salad 100% Fruit Juice	<b>6</b> <b>All-American Salad</b> Dinner Roll Ranch Dressing  Fresh Celery Fresh Fruit Cheddar Goldfish Crackers
<b>9</b> <b>Strawberry Banana Yogurt +</b> Blueberry Muffin String Cheese  Baby Carrots Grape Tomatoes 100% Fruit Juice	<b>10</b> <b>FUN PACK</b> <b>Pepperoni Slices</b> Cheddar Cheese Cubes Mini Flatbread  Potato Salad Baby Carrots Fresh Fruit	<b>11</b> <b>Turkey &amp; Cheese Sub</b> Mustard  Three Bean Salad Craisins	<b>12</b> <b>Popcorn Chicken Salad</b> Dinner Roll Ranch Dressing  Fresh Celery Fresh Fruit Belly Bear Grahams	<b>13</b> <b>Chicken Ham, Turkey &amp; Cheese Sandwich</b> Mayonnaise  Sweet Golden Corn Bell Pepper Strips Flavored Applesauce
<b>16</b> <b>Popcorn Chicken</b> Pretzel Rod Ranch Dressing  Potato Salad Baby Carrots Fresh Fruit	<b>17</b> <b>Confetti Pancakes +</b> Vanilla Yogurt  Baby Carrots Grape Tomatoes Fresh Fruit	<b>18</b> <b>Italian Salad</b> Breadstick Italian Dressing  Bell Pepper Strips Flavored Applesauce Belly Bear Grahams	<b>19</b> <b>Chicken Ham &amp; Cheese Sandwich</b> Mustard  Three Bean Salad Fresh Fruit	<b>20</b> <b>All-American Salad</b> Dinner Roll Ranch Dressing  Fresh Celery 100% Fruit Juice Cheddar Goldfish Crackers
<b>23</b> <b>Strawberry Banana Yogurt +</b> Blueberry Muffin String Cheese  Baby Carrots Grape Tomatoes Fresh Fruit	<b>24</b> <b>FUN PACK</b> <b>Pepperoni Slices</b> Cheddar Cheese Cubes Mini Flatbread  Potato Salad Baby Carrots Craisins	<b>25</b> <b>Turkey &amp; Cheese Sub</b> Mustard  Three Bean Salad Fresh Fruit	<b>26</b> <b>Chicken Ham, Turkey &amp; Cheese Sandwich</b> Mayonnaise  Sweet Golden Corn Bell Pepper Strips Fresh Fruit	<b>27</b> <b>Popcorn Chicken Salad</b> Dinner Roll Ranch Dressing  Fresh Celery 100% Fruit Juice Belly Bear Grahams
<b>30</b> 	<b>31</b> <b>Confetti Pancakes +</b> Vanilla Yogurt  Baby Carrots Grape Tomatoes Fresh Fruit	<b>CHALLENGE OF THE MONTH: HOMEMADE SIDEWALK PAINT</b>  <p>Using water, cornstarch, and food coloring you can make your own sidewalk paint! Just mix equal parts water and cornstarch and then add the food coloring of your choice. Using a muffin tin as your painter's palette, you can mix up a variety of colors to make your own work of art outside.</p>		

## Did you know...

- We use heart healthy whole-grain breads and serve 100% fruit juice
  - Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics
  - Nutrition and allergen information available at [www.FSPro.com](http://www.FSPro.com)
  - Menu items do not contain pork
  - + Item does not contain meat
- \*Menu Subject to Change\*

K-8 LEX



Please visit us at [www.FSPro.com](http://www.FSPro.com)