




MAY 2022 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mini Confetti Pancakes Poultry Sausage or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams Tater Tots / Ketchup Fresh Fruit	3 Chicken Mashed Potato Bowl or Fresh Apple & Cheese Plate + / Goldfish Pretzels Steamed Broccoli Craisins	4 Cheeseburger Ketchup or Italian Salad Breadstick / Italian Dressing Steamed Carrots Flavored Applesauce	5 Soft Tacos Taco Sauce or Nacho Salad Tostitos Scoops / Goldfish Crackers Refried Beans + Tossed Salad / Ranch Dressing 100% Fruit Juice	6 Cheesy Flatbread + or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Steamed Green Beans Fresh Fruit
9 Chicken Nuggets Pretzel Rod / BBQ Sauce or Fresh Apple & Cheese Plate + / Goldfish Pretzels Baked Beans + 100% Fruit Juice	10 All American Cheese Melt + or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears French Fries / Ketchup Fresh Fruit	11 Nacho Combo Tostito's Scoops or Baja Salad + Corn Muffin / Ranch Dressing Steamed Mixed Vegetables Craisins	12 Chicken Parmesan with Spaghetti or Popcorn Chicken Salad Breadstick / Ranch Dressing Steamed Carrots Fresh Fruit	13 Korean Meatballs Brown Rice or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams Romaine Salad / French Dressing Fresh Grape Tomatoes Flavored Applesauce
16 Pizza Crunchers + or Fresh Apple & Cheese Plate + / Goldfish Pretzels Steamed Broccoli Fresh Fruit	17 Rotini with Meatballs or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams Steamed Green Beans Fresh Fruit	18 Breaded Chicken Sandwich / BBQ Sauce or Nacho Salad Tostitos Scoops / Goldfish Crackers BBQ Black Beans Flavored Applesauce	19 Salisbury Steak with Gravy / Egg Noodles or Chicken Caesar Salad Dinner Roll / Caesar Dressing Sweet Golden Corn Fresh Fruit	20 Sloppy Joe on a Bun or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Sweet Potato Fries 100% Fruit Juice
23 BBQ Meatball Sub or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams Steamed Green Beans Fresh Fruit	24 Cheesy Flatbread + or Fresh Apple & Cheese Plate + / Goldfish Pretzels Steamed Broccoli Craisins	25 Classic Hamburger Ketchup or All-American Salad Dinner Roll / French Dressing Baked Beans + Fresh Fruit	26 "PICNIC" LUNCH Turkey, Chicken Ham, & Provolone Cheese on a Bun / Mustard or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Potato Salad / Baby Carrots Fresh Fruit	27 Southwest Chicken & Rice Bowl or Popcorn Chicken Salad Breadstick / Ranch Dressing Steamed Carrots 100% Fruit Juice
30 	31 French Toast Sticks Poultry Sausage or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Tater Tots / Ketchup Fresh Fruit	CHALLENGE OF THE MONTH: HOMEMADE SIDEWALK PAINT  Using water, cornstarch, and food coloring you can make your own sidewalk paint! Just mix equal parts water and cornstarch and then add the food coloring of your choice. Using a muffin tin as your painter's palette, you can mix up a variety of colors to make your own work of art outside. 		

Did you know...

- We use heart healthy whole-grain breads and serve 100% fruit juice
- Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics
- Nutrition and allergen information available at www.FSPro.com
- Menu items do not contain pork
- + Item does not contain meat

Menu Subject to Change

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