

Planned Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

Menu Name: After School Snacks w/out Milk
Site: 1 - Archdiocese of Chicago

Include Cost: No
Report Style: Detailed

Wednesday - 02/01/2023 Reimbursable Meal Total 1775

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
831142 BRD: CRACK SS, Bug Bites CinWG	Package	1776	120	1.00	115	8	3.50	0.00	0	21.00	1.00	2.00	*N/A*	0.0	*N/A*	0.70
826339 JUICE SS, Apple 100% 6oz Cart	Each	1776	80	0.00	20	19	0.00	0.00	0	20.00	0.00	0.00	95	0.0	0.00	0.00
Weighted Daily Average			200	1.00	135	27	3.50	0.00	0	41.02	1.00	2.00	*95	0.0	*0.00	0.70
% of Calories				4.50%		54.0%	15.8%	0.0%		82.0%		4.0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Thursday - 02/02/2023 Reimbursable Meal Total 950

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
831264 SNACK: CHIP SS, Cheeto Bkd Cru	Package	1000	120	1.00	200	1	4.50	0.00	0	16.00	1.00	2.00	*N/A*	20.0	*N/A*	0.40
826341 JUICE SS, Frit Bld 100% 6oz Crt	Each	1000	90	0.00	20	19	0.00	0.00	0	21.00	0.00	0.00	95	0.0	4.80	0.00
Weighted Daily Average			221	1.05	232	21	4.74	0.00	0	38.95	1.05	2.11	*100	21.1	*5.05	0.42
% of Calories				4.28%		38.0%	19.3%	0.0%		70.5%		3.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Friday - 02/03/2023 Reimbursable Meal Total 1800

Planned Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990382 BRD: CRACK SS, CHURRO CRUNCHER 1OZ WG (1BG)	Package	1800	110	0.00	75	8	2.50	0.00	0	21.00	2.00	2.00	0	40.0	0.00	0.72
826348 JUICE SS, Orange 100% 6oz Cart	Each	1800	80	0.00	20	17	0.00	0.00	0	20.00	0.00	1.00	85	0.0	60.00	0.00
Weighted Daily Average			190	0.00	95	25	2.50	0.00	0	41.00	2.00	3.00	85	40.0	60.00	0.72
% of Calories				0.00%		52.6%	11.8%	0.0%		86.3%		6.3%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Monday - 02/06/2023

Reimbursable Meal Total 1800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
831312 BRD: BAR, NutriGr Strwb1.5WGIW	Each	1000	150	0.50	150	14	3.50	0.00	0	30.00	3.00	2.00	*N/A*	140.0	*N/A*	1.90
826341 JUICE SS, Frt Bld 100% 6oz Crt	Each	1000	90	0.00	20	19	0.00	0.00	0	21.00	0.00	0.00	95	0.0	4.80	0.00
Weighted Daily Average			133	0.28	94	18	1.94	0.00	0	28.33	1.67	1.11	*53	77.8	*2.67	1.06
% of Calories				1.89%		54.1%	13.1%	0.0%		85.2%		3.3%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Tuesday - 02/07/2023

Reimbursable Meal Total 1800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
825962 BRD: CRACK SS, GFishPrtz .75oz	Package	1800	90	0.00	200	0	1.50	0.00	0	16.00	1.00	2.00	0	0.0	0.00	0.72

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
829216 CHEESE, MZ String LF 1ea 1.0	Stick	1800	60	2.00	200	1	3.00	0.00	10	1.00	0.00	7.00	400	198.0	*N/A*	0.00
Weighted Daily Average			150	2.00	400	1	4.50	0.00	10	17.00	1.00	9.00	400	198.0	*0.00	0.72
% of Calories				12.00%		2.7%	27.0%	0.0%		45.3%		24.0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Wednesday - 02/08/2023

Reimbursable Meal Total 1750

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
831141 BRD: CRACK SS, ScoobyDoo CinWG	Package	1750	120	1.00	115	8	3.50	0.00	0	21.00	1.00	2.00	*N/A*	0.0	*N/A*	0.70
826348 JUICE SS, Orange 100% 6oz Cart	Each	1750	80	0.00	20	17	0.00	0.00	0	20.00	0.00	1.00	85	0.0	60.00	0.00
Weighted Daily Average			200	1.00	135	25	3.50	0.00	0	41.00	1.00	3.00	*85	0.0	*60.00	0.70
% of Calories				4.50%		50.0%	15.8%	0.0%		82.0%		6.0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Thursday - 02/09/2023

Reimbursable Meal Total 1800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
831267 SNACK: CHIP SS, Dorito NC RFWG	Package	1000	130	0.50	200	0	5.00	0.00	0	20.00	2.00	2.00	100	0.0	0.00	0.36

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Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
826339 JUICE SS, Apple 100% 6oz Cart	Each	1000	80	0.00	20	19	0.00	0.00	0	20.00	0.00	0.00	95	0.0	0.00	0.00
Weighted Daily Average			117	0.28	122	11	2.78	0.00	0	22.22	1.11	1.11	108	0.0	0.00	0.20
% of Calories				2.15%		37.6%	21.4%	0.0%		76.0%		3.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Friday - 02/10/2023

Reimbursable Meal Total 1900

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
831306 BRD: MUF AP, Choc 2oz WG (1BG)	Muffin	1000	190	2.00	130	17	6.00	0.00	35	33.00	2.00	3.00	*N/A*	40.0	*N/A*	1.50
826341 JUICE SS, Frt Bld 100% 6oz Crt	Each	1000	90	0.00	20	19	0.00	0.00	0	21.00	0.00	0.00	95	0.0	4.80	0.00
Weighted Daily Average			147	1.05	79	19	3.16	0.00	18	28.42	1.05	1.58	*50	21.1	*2.53	0.79
% of Calories				6.43%		51.7%	19.3%	0.0%		77.3%		4.3%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Monday - 02/13/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
831285 BRD: CRACK SS, Animal WG	Package	1000	120	1.00	115	8	3.50	0.00	0	22.00	2.00	2.00	*N/A*	0.0	*N/A*	0.80

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
826348 JUICE SS, Orange 100% 6oz Cart	Each	1000	80	0.00	20	17	0.00	0.00	0	20.00	0.00	1.00	85	0.0	60.00	0.00
Weighted Daily Average			200000	1000.00	135000	25000	3500.00	0.00	0	42000.00	2000.00	3000.00	*85000	0.0	*60000.00	800.00
% of Calories				4.50%		50.0%	15.8%	0.0%		84.0%		6.0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Tuesday - 02/14/2023

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
832162 SNACK: CHIP SS, SNACK MIX WG	Package	1000	110	0.00	180	2	3.50	0.00	0	17.00	2.00	2.00	100	20.0	0.00	2.70
825008 FRUIT: APPLE, 138CT Whole 1C	Each (138ct)	1000	62	0.03	1	12	0.20	0.00	0	16.52	2.87	0.31	65	7.2	5.50	0.14
Weighted Daily Average			191	0.04	201	16	4.11	0.00	0	37.25	5.41	2.57	183	30.2	6.11	3.16
% of Calories				0.19%		33.5%	19.4%	0.0%		78.0%		5.4%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Wednesday - 02/15/2023

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990369 Danimals, Strawberry Banana Yogurt	ea	1000	70	0.00	70	9	0.00	0.00	5	12.00	0.00	4.00	*N/A*	100.0	*N/A*	0.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
831142 BRD: CRACK SS, Bug Bites CinWG	Package	1000	120	1.00	115	8	3.50	0.00	0	21.00	1.00	2.00	*N/A*	0.0	*N/A*	0.70
Weighted Daily Average			224	1.18	218	20	4.12	0.00	6	38.82	1.18	7.06	*N/A*	117.6	*N/A*	0.82
% of Calories				4.74%		35.7%	16.6%	0.0%		69.3%		12.6%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Thursday - 02/16/2023

Reimbursable Meal Total 900

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
831289 BRD: CRACK SS, Chz-It WG	Package	900	100	1.00	150	0	3.50	0.00	5	14.00	1.00	2.00	*N/A*	20.0	*N/A*	0.90
826341 JUICE SS, Frt Bld 100% 6oz Crt	Each	900	90	0.00	20	19	0.00	0.00	0	21.00	0.00	0.00	95	0.0	4.80	0.00
Weighted Daily Average			190	1.00	170	19	3.50	0.00	5	35.00	1.00	2.00	*95	20.0	*4.80	0.90
% of Calories				4.74%		40.0%	16.6%	0.0%		73.7%		4.2%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Friday - 02/17/2023

Reimbursable Meal Total 1775

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990750 BRD: CRACKER, SS CINN TIGER BITES WG 150/1OZ	Each	1000	120	1.00	105	8	4.00	0.00	0	21.00	1.00	2.00	*N/A*	*N/A*	*N/A*	0.70

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
826339 JUICE SS, Apple 100% 6oz Cart	Each	1000	80	0.00	20	19	0.00	0.00	0	20.00	0.00	0.00	95	0.0	0.00	0.00
Weighted Daily Average			113	0.56	70	15	2.25	0.00	0	23.10	0.56	1.13	*54	*0.0	*0.00	0.39
% of Calories				4.46%		53.1%	17.9%	0.0%		81.8%		4.0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Monday - 02/20/2023

Reimbursable Meal Total 1775

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
831720 BRD: CRACK SS, Bear GrhmCinnWG	Package	1000	120	0.00	115	7	4.00	0.00	0	20.00	1.00	2.00	*N/A*	140.0	*N/A*	1.00
826341 JUICE SS, Frt Bld 100% 6oz Crt	Each	1000	90	0.00	20	19	0.00	0.00	0	21.00	0.00	0.00	95	0.0	4.80	0.00
Weighted Daily Average			118	0.00	76	15	2.25	0.00	0	23.10	0.56	1.13	*54	78.9	*2.70	0.56
% of Calories				0.00%		50.8%	17.2%	0.0%		78.3%		3.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Tuesday - 02/21/2023

Reimbursable Meal Total 950

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
831264 SNACK: CHIP SS, Cheeto Bkd Cru	Package	1000	120	1.00	200	1	4.50	0.00	0	16.00	1.00	2.00	*N/A*	20.0	*N/A*	0.40

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
826348 JUICE SS, Orange 100% 6oz Cart	Each	1000	80	0.00	20	17	0.00	0.00	0	20.00	0.00	1.00	85	0.0	60.00	0.00
Weighted Daily Average			211	1.05	232	19	4.74	0.00	0	37.89	1.05	3.16	*89	21.1	*63.16	0.42
% of Calories				4.48%		36.0%	20.2%	0.0%		71.8%		6.0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Wednesday - 02/22/2023

Reimbursable Meal Total 1750

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
831141 BRD: CRACK SS, ScoobyDoo CinWG	Package	1000	120	1.00	115	8	3.50	0.00	0	21.00	1.00	2.00	*N/A*	0.0	*N/A*	0.70
826341 JUICE SS, Frt Bld 100% 6oz Crt	Each	1000	90	0.00	20	19	0.00	0.00	0	21.00	0.00	0.00	95	0.0	4.80	0.00
Weighted Daily Average			120	0.57	77	15	2.00	0.00	0	24.00	0.57	1.14	*54	0.0	*2.74	0.40
% of Calories				4.28%		50.0%	15.0%	0.0%		80.0%		3.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Thursday - 02/23/2023

Reimbursable Meal Total 1800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
831267 SNACK: CHIP SS, Dorito NC RFWG	Package	600	130	0.50	200	0	5.00	0.00	0	20.00	2.00	2.00	100	0.0	0.00	0.36

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
826339 JUICE SS, Apple 100% 6oz Cart	Each	600	80	0.00	20	19	0.00	0.00	0	20.00	0.00	0.00	95	0.0	0.00	0.00
Weighted Daily Average			70	0.17	73	6	1.67	0.00	0	13.33	0.67	0.67	65	0.0	0.00	0.12
% of Calories				2.19%		34.3%	21.5%	0.0%		76.2%		3.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Friday - 02/24/2023

Reimbursable Meal Total 1800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990555 BRD: BAR, BENEFIT MINI MAPLE BROWN SUGAR WG IW	Each	1000	130	1.00	110	9	4.00	0.00	0	23.00	3.00	2.00	*N/A*	120.0	*N/A*	0.90
826348 JUICE SS, Orange 100% 6oz Cart	Each	1000	80	0.00	20	17	0.00	0.00	0	20.00	0.00	1.00	85	0.0	60.00	0.00
Weighted Daily Average			117	0.56	72	14	2.22	0.00	0	23.89	1.67	1.67	*47	66.7	*33.33	0.50
% of Calories				4.31%		47.9%	17.1%	0.0%		81.7%		5.7%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Monday - 02/27/2023

Reimbursable Meal Total 1800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
831313 BRD: BAR, NutriGr Blubr1.5WGIW	Each	1000	150	0.50	135	14	3.50	0.00	0	30.00	3.00	2.00	*N/A*	140.0	*N/A*	1.90

Planned Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
826339 JUICE SS, Apple 100% 6oz Cart	Each	1000	80	0.00	20	19	0.00	0.00	0	20.00	0.00	0.00	95	0.0	0.00	0.00
Weighted Daily Average			128	0.28	86	18	1.94	0.00	0	27.78	1.67	1.11	*53	77.8	*0.00	1.06
% of Calories				1.97%		56.2%	13.6%	0.0%		86.8%		3.5%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

Tuesday - 02/28/2023

Reimbursable Meal Total 1800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	1000	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
829216 CHEESE, MZ String LF 1ea 1.0	Stick	1000	60	2.00	200	1	3.00	0.00	10	1.00	0.00	7.00	400	198.0	*N/A*	0.00
Weighted Daily Average			89	1.39	206	1	3.89	0.00	6	8.33	0.56	5.00	222	121.1	*0.00	0.40
% of Calories				14.06%		4.5%	39.3%	0.0%		37.4%		22.5%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	10146	51	6889	1265	177.97	0.00	2	2127.52	101.24	152.48	*4345	*44.6	*3012.15	40.70
% of Calories		4.49%		49.9%	15.8%	0.0%		83.9%		6.0%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.