

			01 Pretzel Goldfish Crackers Fruit Juice	02 Apple Cinnamon Nutra Grain Bar 1% White Milk
05 Animal Crackers 1% White Milk	06 Cheez-It Crackers Apple Juice	07 Fruity Cheerios Bar 1% White Milk	08 Blueberry Muffin 1% White Milk	09 Chocolate Bear Grahams Fresh Pear
12 Cheddar Goldfish Crackers Apple Juice	13 Animal Crackers 1% White Milk	14 String Cheese Fruit Juice	15 Cheez-It Crackers 1% White Milk	16 Scooby Cinnamon Grahams 1% White Milk
19 Jungle Crackers 1% White Milk	20 Cinnamon Bear Grahams 1% White Milk	21 Pretzel Goldfish Crackers Orange Juice	22 Bug Bites Cinnamon Grahams 1% White Milk	23 Harvest Cheddar SunChips Fresh Apple Slices
26 Scooby Doo Crackers 1% White Milk	27 Team Cheerios Bar Orange Juice	28 Cheez-It Crackers 1% White Milk	29 Cheddar Cheese Cubes Orange Juice	30 Honey Bear Grahams 1% White Milk

**Did you know...?**

\*Menu Subject to Change\*

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- \*Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

**Health & Wellness Message- Decoding Food Labels?**

Everyone wants to purchase food that is nutritious and safe. Many people check food labels when they are grocery shopping in an effort to make sure that happens. Unlike the Nutrition Facts label, which is highly monitored, front of the package food labels aren't closely regulated. Beware of words such as natural, fat-free, and light. They might make foods seem healthier than they are.

Nutrition Facts	
Amount Per Serving	
Calories 200	
Calories from Fat 27	
% Daily Value*	
Total Fat 3g	6%
Saturated Fat 2g	4%
Trans Fat 0g	0%