

			01 <b>Fruity Cheerios Bar</b> String Cheese Diced Peaches Fresh Grapes	02 <b>Apple Jacks</b> Jungle Crackers Peach Applesauce Craisins
05 <b>Cheerios</b> Chocolate Bear Grahams Grape Juice Fresh Orange	06 <b>Banana Muffin</b> Strawberry Banana Yogurt Diced Peaches Apple Juice	07 <b>Froot Loops</b> String Cheese Fresh Apple Fruit Juice	08 <b>Cinnamon Chex</b> Animal Crackers Strawberry Applesauce Grape Juice	09 <b>Yogurt w/ Trail Mix</b> Diced Peaches Raisins
12 <b>Frosted Strawberry Poptart</b> String Cheese Diced Peaches Fruit Juice	13 <b>Cinnamon Toast Crunch</b> Honey Bear Grahams Craisins Orange Juice	14 <b>Chocolate Chip Muffin</b> Cinnamon Applesauce Grape Juice	15 <b>Trix Cereal Bar</b> Strawberry Banana Yogurt Diced Pears Apple Juice	16 <b>Rice Krispies</b> Animal Crackers Craisins Fresh Orange
19 <b>Cinnamon Dazzle Ultimate Breakfast Round</b> Peach Applesauce Apple Juice	20 <b>Frosted Fudge Poptart</b> Vanilla Yogurt Diced Pears Craisins	21 <b>Banana Muffin</b> Fresh Pear Apple Juice	22 <b>Cinnamon Raisin Bagel</b> Cream Cheese Diced Peaches Grape Juice	23 <b>Banana Chocolate Bar</b> Peach Mango Applesauce Fresh Orange
26 <b>Blueberry Muffin</b> Strawberry Banana Yogurt Diced Pears Apple Juice	27 <b>Plain Bagel</b> Cream Cheese Craisins Grape Juice	28 <b>Cheerios</b> Animal Crackers Fresh Apple Orange Juice	29 <b>Froot Loops</b> String Cheese Cinnamon Applesauce Fruit Juice	30 <b>Trix Cereal Bar</b> Chocolate Bear Grahams Craisins Fresh Pear

**Did you know...?**

\*Menu Subject to Change\*

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- \*Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

**Health & Wellness Message- Decoding Food Labels?**

Everyone wants to purchase food that is nutritious and safe. Many people check food labels when they are grocery shopping in an effort to make sure that happens. Unlike the Nutrition Facts label, which is highly monitored, front of the package food labels aren't closely regulated. Beware of words such as natural, fat-free, and light. They might make foods seem healthier than they are.

Nutrition Facts	
Amount Per Serving	
Calories 200	
Calories from Fat 27	
	% Daily Value*
Total Fat 3g	6%
Saturated Fat 2g	4%
Trans Fat 0g	0%