












Breakfast Menu



February-2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast fuels the body 		February 1, 2012 Honey Kix 100% Fruit Juice Zucchini Bread 	February 2, 2012 Rise & Shine Burrito Applesauce Blueberry Fruit & Grain Bar Taco Sauce 	February 3, 2012 Waffles Fresh Fruit Trail Mix Syrup
		February 6, 2012 Apple Cinnamon Cheerios 100% Fruit Juice Banana Bread	February 7, 2012 Egg & Cheese on a Bun Sausage Links* Fresh Fruit 	February 8, 2012 Whole-Grain French Toast Sticks Peaches Oats & Honey Goldfish Grahams
February 13, 2012 Bite-Size Mini Wheats Pears Pumpkin Bread	February 14, 2012 Whole-Grain Pancakes Fresh Fruit Syrup 	February 15, 2012 Baking Powder Biscuit Sausage Patty* Tater Tots 100% Fruit Juice Ketchup Strawberry Jam	February 16, 2012 Honey Apple Bagel 100% Fruit Juice Cream Cheese	February 17, 2012 Chewy Oatmeal Raisin Bar Fresh Apple 
February 20, 2012 Non-Fat Fruit Yogurt Fresh Fruit Vanilla Whole-Grain Crackers Oatmeal Breakfast Grain Bar	February 21, 2012 Corn Puffs Cinnamon Applesauce Carrot Bread	February 22, 2012 Waffles Fresh Apple Blueberry Fruit & Grain Bar Syrup 	February 23, 2012 English Muffin Scrambled Eggs Sausage Patty* Pineapple Grape Jelly	February 24, 2012 Apple Cinnamon Cheerios 100% Fruit Juice Mini Banana Loaf
February 27, 2012 Warm Bagel 100% Fruit Juice Cream Cheese	February 28, 2012 Kellogg's Rice Krispies Peaches Apple Spice Bread 	February 29, 2012 Egg & Cheese on an English Muffin Tater Tots Mixed Fruit Ketchup		

Meals Served with Milk

Milk and Yogurt Provided By FSP Contain No Growth Hormones or Antibiotics