











Breakfast Menu

FSP
March-2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
National School Breakfast Week - Go for the Gold March 5-9 Eating a healthy balanced breakfast at school helps students shine. 			March 1, 2012 Multi-Grain Cheerios Fresh Apple 100% Fruit Juice Vanilla Whole-Grain Crackers 	March 2, 2012 Whole-Grain Pancakes Fresh Fruit Syrup
			March 5, 2012 Non-Fat Fruit Yogurt Fresh Apple Homemade Granola Bar 	March 6, 2012 Honey Kix 100% Fruit Juice Zucchini Bread
March 12, 2012 Apple Cinnamon Cheerios Peaches Banana Bread	March 13, 2012 Egg & Cheese on a Bun Sausage Links* Fresh Fruit	March 14, 2012 Whole-Grain French Toast Sticks Cinnamon Applesauce Oats & Honey Goldfish Grahams	March 15, 2012 Canadian Bacon with Bagelette Tri-Taters Strawberry Whole-Grain Crackers Ketchup 	March 16, 2012 Non-Fat Fruit Yogurt Fresh Apple Homemade Granola Bar
March 19, 2012 Bite-Size Mini Wheats Pears Pumpkin Bread	March 20, 2012 Whole-Grain Pancakes Fresh Apple Syrup  	March 21, 2012 Baking Powder Biscuit Sausage Patty* Tater Tots 100% Fruit Juice Ketchup Strawberry Jam	March 22, 2012 Honey Apple Bagel 100% Fruit Juice Cream Cheese	March 23, 2012 Chewy Oatmeal Raisin Bar Fresh Fruit
March 26, 2012 Canadian Bacon with Bagelette Tri-Taters Pineapple Oatmeal Breakfast Grain Bar Ketchup	March 27, 2012 Corn Puffs Cinnamon Applesauce Carrot Bread	March 28, 2012 Waffles Fresh Apple Animal Crackers Syrup 	March 29, 2012 English Muffin Scrambled Eggs Sausage Patty* Fresh Fruit Mixed Fruit Jelly 	March 30, 2012 Apple Cinnamon Cheerios 100% Fruit Juice Mini Banana Loaf

Meals Served with Milk

Milk and Yogurt Provided By FSP Contain No Growth Hormones or Antibiotics