MENU: FSP Cold Pack Breakfast Pre-k

 Site
 Toasted Oats Cereal
 0.5 oz G

 Wilk
 1 c

Meal Date 6/3/24

Total Projected Reimbursable Breakfast _____

Food Item Used and Form		Grade Group	Portion Size* (Number/	Student Projected	Total Projected	、 (weight or -	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	Стопр	Weight/ Quantity)	Servings	Servings	Quantity)		Actual		
Toasted Oats Cereal	1207704	Pre-k	½ cup							
Orange Slices	82041	Pre-k	4 each							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

MENU: FSP Cold Pack Breakfast Pre-k

Lemon Crunch Bar 2 oz G

Applesauce ½ c F

Milk 1 c

Meal Date 6/4/24

Total Projected Reimbursable Breakfast_____

Food Item Used and Form	Recipe or Product (Name and	Grade Group	Portion Size* (Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	Стопр	Weight/ Quantity)	Servings	Servings	Quantity)		Actual		
Lemon Crunch Bar	4622	Pre-k	1 each							
Applesauce	82082	Pre-k	½ cup							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							
										_

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe

MENU: FSP Cold Pack Breakfast Pre-k

Strawberry Yogurt 1 MMA 1 G Honey Wheat English Muffin Pear Slices ½ c F Milk 1 c

Meal Date 6/5/24

Site

Total Projected Reimbursable Breakfast_

Food Item Used and Form	Recipe or Product (Name and	Grade Group	Portion Size* (Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	Стопр	Weight/ Quantity)	Servings	Servings	Quantity)		Act		
Strawberry Yogurt	82407	Pre-k	½ cup							
Honey Wheat English Muffin	101012	Pre-k	1 each							
Pear Slices	1352678	Pre-k	4 each							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							

^{*}Portion size: must be same as planned. Use separate line if adjusted for age. **Amount of food used based on USDA Food Buying Guide or USDA recipe.

MENU: FSP Cold Pack Breakfast Pre-k

0.75 G

Site
Cantaloupe
½ c F
Milk
1 c

Banana Bread

Meal Date 6/6/24

Total Projected Reimbursable Breakfast_____

Food Item Used and Form	(Name and	Grade Group	Portion Size* (Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers	
	`Number)		Weight/ Quantity)	Servings	Servings	Quantity)		Act	tual		
Banana Bread	259991	Pre-k	1 each								
Cantaloupe	82208	Pre-k	½ cup								
Milk, 1 %	82071	Pre-k	1 each								
Milk, Skim	82089	Pre-k	1 each								
Milk, Skim, Chocolate	82086	Pre-k	1 each								

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

MENU: FSP Cold Pack Breakfast Pre-k

Apple Oatmeal Darlington Bar 2 oz G Site Pineapple ½ c F Milk 1 c **Meal Date 6/7/24**

Total Projected	Reimbursable Breakfas	s t

Food Item Used and Form	Recipe or Product (Name and	Grade Group	Portion Size* (Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers	
	Number)		Weight/ Quantity)	Servings	Servings	Quantity)		Act	Actual		
Apple Oatmeal Darlington Bar	111174	Pre-k	1 each								
Pineapple	82190	Pre-k	½ cup								
Milk, 1 %	82071	Pre-k	1 each								
Milk, Skim	82089	Pre-k	1 each								
Milk, Skim, Chocolate	82086	Pre-k	1 each								

NOTE: All foods, including condiments and milk, must be included daily. *Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

Site

Meal Date 6/10/24

MENU: FSP Cold Pack Breakfast Pre-k

 Corn Flakes
 0.5 oz G

 Orange Slices
 ½ c F

 Milk
 1 c

Total Projected Reimbursable Breakfast_

Food Item Used and Form	Recipe or Product (Name and	Grade Group	Portion Size* (Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	Стопр	Weight/ Quantity)	Servings	Servings	Quantity)		Act	tual	
Corn Flakes	1192391	Pre-k	1/2 cup							
Orange Slices	82041	Pre-k	½ cup							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

Site

Meal Date 6/11/24

MENU: FSP Cold Pack Breakfast Pre-k

Blueberry Lemon Muffin 1 oz G

Appleberry Sauce ½ c F

Milk 1 c

Total Projected Reimbursable Breakfast_

Food Item Used and Form		Grade Group	Portion Size* (Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	3.5.1.	Weight/ Quantity)	Servings	Servings	Quantity)		Act	tual	
Blueberry Lemon Muffin	1171899	Pre-k	1 each							
Appleberry Sauce	13635	Pre-k	½ cup							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

MENU: FSP Cold Pack Breakfast Pre-k

Site	WG Bagel with Cream Cheese	2 oz G
	Pear Slices	½ c F
Meal Date 6/12/24	Milk	1 c

Total Projected Reimbursable Breakfast_____

Food Item Used and Form	(Name and	Grade Group	Portion Size* (Number/	Student Projected	Total Projected	(Weight or	Student Servings					
	Number)	5.5.4	Weight/ Quantity)	Servings	Servings	Quantity)		Act	tual			
WG Plain Bagel	1034987	Pre-k	1 each									
Cream Cheese	82392	Pre-k	1 tbs									
Pear Slices	1352678	Pre-k	½ cup									
Milk, 1 %	82071	Pre-k	1 each									
Milk, Skim	82089	Pre-k	1 each									
Milk, Skim, Chocolate	82086	Pre-k	1 each									

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

MENU: FSP Cold Pack Breakfast Pre-k

 Site
 Apple Bread
 1 oz G

 Honeydew
 ½ c F

 Meal Date 6/13/24
 Milk
 1 c

Total Projected Reimbursable Breakfast_____

Food Item Used and Form	Recipe or Product (Name and	Grade Group	Portion Size* (Number/	Student Projected	Total Projected Servings	(weight of	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	O. Gup	Weight/ Quantity)	Servings	Servings	Quantity)		Actual		
Apple Bread	1392604	Pre-k	1 each							
Honeydew	294080	Pre-k	½ cup							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

Site

Meal Date 6/14/24 Total Projected Reimbursable Breakfast

MENU: FSP Cold Pack Breakfast Pre-k

Cherry Apple Crunch Bar 2 oz G Fruit Salad CHP $\frac{1}{2} \text{ c } F$ Milk 1 c

Food Item Used and Form	Recipe or Product (Name and	Grade Group	Grade (Number/ Pro Weight/ Se		Projected	ed (Weight or _	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	Group	Weight/ Quantity)	Servings	Servings	Quantity)		Act		
Cherry Apple Crunch Bar	4134	Pre-k	1 each							
Fruit Salad CHP	84783	Pre-k	½ cup							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

MENU: FSP Cold Pack Breakfast Pre-k

 Site
 Toasted Oats Cereal
 0.5 oz G

 Applesauce
 ½ c F

 Milk
 1 c

Total Projected Reimbursable Breakfast_____

Food Item Used and Form		Grade Group	Portion Size* (Number/ Weight/ Quantity)	Student Projected Servings	Total Projected Servings	Amount of Food Used** (Weight or Quantity)	Student Servings	A la Carte Servings	Adult Servings	Leftovers
								Act	ual	
Toasted Oats Cereal	1207704	Pre-k	1/2 cup							
Applesauce	82082	Pre-k	½ cup							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

MENU: FSP Cold Pack Breakfast Pre-k

 Site
 Choco Grow Bar
 1 oz G

 Orange Slices
 ½ c F

 Meal Date 6/18/24
 Milk
 1 c

Total Projected Reimbursable Breakfas	<u> </u>
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Food Item Used and Form	Recipe or Product (Name and	Grade Group	Portion Size* (Number/	Size* Student (Number/ Projected P	Total Projected Servings	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	Стопр	Weight/ Quantity)	Servings		Quantity)		Act	ual	
Choco GrowBar	82183	Pre-k	1 each							
Orange Slices	82041	Pre-k	½ cup							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

MENU: FSP Cold Pack Breakfast Pre-k

1 oz MMA

Vanilla Yogurt Honey Wheat English Muffin 1 oz G Site Pear Slices ½ c F Meal Date 6/19/24 Milk 1 c

Total Projected	Reimbursable Breakfast	<u> </u>

Food Item Used and Form	Recipe or Product (Name and	Grade Group	(Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	Отопр	Weight/ Quantity)	Servings	Servings	Quantity)		Act	ual	
Vanilla Yogurt	82932	Pre-k	½ cup							
Honey Wheat English Muffin	101012	Pre-k	1 each							
Pear Slices	1352678	Pre-k	4 each							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

MENU: FSP Cold Pack Breakfast Pre-k

1 oz G

Blueberry Bread Site Honeydew ½ c F Milk 1 c

Meal Date 6/20/24

Total Projected Reimbursable Breakfast_

Food Item Used and Form		Grade Group	Portion Size* (Number/ Weight/ Quantity)	Student Projected	Total Projected Servings	Amount of Food Used** (Weight or Quantity)	Student Servings	A la Carte Servings	Adult Servings	Leftovers
				Servings			Actual			
Blueberry Bread	31063	Pre-k	1 each							
Honeydew	294080	Pre-k	½ cup							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

MENU: FSP Cold Pack Breakfast Pre-k

2 oz G

Strawberry Oatmeal Darlington Bar Applesauce Site ½ c F Milk 1 c

Meal Date 6/21/24

Total Projected Reimbursable Breakfast_

Food Item Used and Form	Recipe or Product (Name and	Grade	Grade Group Grade Group Weight/ Quantity)	Student Projected	Total Projected Servings	Amount of Food Used** (Weight or Quantity)	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	Number)	Огоир		Servings				Act	tual	
Strawberry Oatmeal Darlington Bar	34229	Pre-k	1 each							
Applesauce	82082	Pre-k	½ cup							
Milk, 1 %	82071	Pre-k	1 each							
Milk, Skim	82089	Pre-k	1 each							
Milk, Skim, Chocolate	82086	Pre-k	1 each							

^{*}Portion size: must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used based on USDA Food Buying Guide or USDA recipe.

Completing the Sample Production Record

- 1. Site: Name of the site (school) where the menu is served and/or prepared.
- 2. Meal Date: Record the date the menu is served and/or prepared.
- 3. Menu: List the food items that make the meal reimbursable.
- 4. <u>Food Item and Form Used</u>: The same food items listed on the menu in number three should be described in more detail. For example, peaches would be listed as *sliced in light syrup*; chicken nuggets would be listed as *breaded and baked*. Listing food item and form information is the first step in effectively communicating the menu to the staff. Listing all food items offered, including condiments, is important for future monitoring by the state agency.
- 5. Recipe or Product (name or number): This accurately identifies a specific recipe or food item to be used. It is critical to specify exact recipes and products. If the preparer or server uses a different recipe or product than indicated by the menu planner, the food provided to students may not necessarily meet the nutrient standard or meal requirements as planned.
 - Recipe refers to USDA recipes or locally-developed recipes. For example, cherry cobbler could be
 recorded as USDA C-6. Locally developed recipes can be referred to with a number code or by recipe
 name. The product name and number refers to processed foods. This number would be obtained from
 the manufacturer such as Prairie Product #1245. A product information sheet should be on file
 containing the nutrition information of the product. Generic items such as milk, peaches, and pickles do
 not require a product number because these types of items are available in the USDA-approved
 software database.
- 6. <u>Grade Group</u>: List the grade group(s) of the students for which the menu is planned. Schools may serve multiple grade groups. The Food Based Menu Planning approach includes the following grade groupings: K-5, 6-8 and 9-12. If the serving sizes and/or meal is different for each of the three grade groups each grade group served must be listed separately. For grades K-5 and 6-8 they could use the same menu and meet both meal pattern requirements and could therefore be labeled K-8.
- 7. <u>Portion Size (number, weight, quantity)</u>: This information is important to ensure the correct portion size is served as well as planned and prepared. Without this guide on the production sheet, the server may have no way of knowing the correct portion size for the grade group.
- 8. Student Projected Servings: Projects the number of servings to prepare for student reimbursable meals.
- 9. <u>Total Projected Servings</u>: This figure includes projected reimbursable student meals, adult meals, and a la carte sales of the food item. The menu planner must also forecast, or predict the approximate number of servings needed of each menu item. Projecting the number of servings is the first step in determining how much food to order, how much time to allot for preparation, and which equipment to use. In menus that offer several different selections with Offer versus Serve (OVS), it will not be necessary to plan and prepare portions of each menu item for each person. Past production records (that must be kept on file) can help accurately forecast future production and menu planning figures for all menu planning approaches.
- 10. <u>Amount of Food Used (weight or quantity)</u>: Site staff must keep records to verify the planned menu was actually prepared and served. Staff should record this information in a way that is appropriate for the food item. For example, the amount of food used might be listed as 300 slices of cheese pizza, six #10 cans of peaches, ten pounds of carrots, and 50 cartons of milk.
- 11. Student Servings: Record the actual number of students served.
- 12. A la Carte Servings: Record the actual amount of the food item that was sold a la carte.
- 13. Adult Servings: Record the number of adult meals actually served.
- 14. <u>Leftovers</u>: Once the meal is served, site staff should record leftovers on the production records. Estimate the quantity/portions or number of servings left over from the recipes. This will assist with any revisions when the menu is served in the future.

Sample Format Production Record

Site: Abraham Lincoln Elementary School

Meal Date: January 27, 20016

Total Projected Reimbursable Lunches _____175

■ MENU

 Salisbury Steak and Whole Wheat Roll OR Chicken Nuggets, BBQ Sauce

 Baked Potato OR Fresh Carrot Sticks Broccoli and Cherry Tomatoes

Low-Fat Ranch Dressing

Cherry Cobbler

½ c F and ½ G

2 oz M/MA

1 G/B

3/4 c V

8 oz fl M

Food Item and Form Used	Recipe or Product (Name	Grade Group	Portion Size* (Number/	Student Projected	Total Projected	Amount of Food Used** (Weight or	Student Servings	A la Carte Servings	Adult Servings	Leftovers
	and Number)	Group	Weight/ Quantity)	Servings	Servings	Quantity)		Ac	ual	
Meat/Meat Alternate Salisbury Steak Chicken Nuggets	D-33 PC (List ICS Bulletin number if available)	K-5	1 ea/2 oz 5 ea/2oz	50 115	75 130	220 serv 76¼ lb	42 108		22 15	11 serv 1¾ lb
Vegetable/Fruit Baked Potato, 5 oz, 1/25 Carrot Sticks, pre-cut Broccoli Flowers, pre-cut Tomatoes, cherry, fresh Cherry Cobbler	C-6	K-5	1 ea/3/4 c	150 135 135 135 135	165 150 150 150 200	165 ea 6 lb 3 lb 7 lb 8 pans	145 125 105 115 152		10 5 5 5 5	10 ea ¾ lb ¾ lb 1 lb
Grains/Breads Whole-Wheat Roll	Brand X	K-5	1 ea/1.25oz eq	150	175	175 rolls	138		10	27 ea
Other BBQ Sauce Low-Fat Ranch Dressing	Brand Z Brand Q	K-5	Portion pack/ 2 ea Portion pack/	300 150	310 175	310 ea 175 ea	290 148		5	10 ea
Milk: Variety	2.3.14 &	K-5	1 ea ½ pt	145	200	200 (½ pt)	140	40	5	15 (½ pt)

^{*}Portion size: Must be same as planned. Use separate line if adjusted for age.

^{**}Amount of food used: Based on USDA Food Buying Guide or USDA recipe.