

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

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05/01/2017-05/31/2017

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain*
***Contains Pork*

Day	Date	Allergens
Mon	5/1/2017	
	TACO ChixGd Soft WG 2.0 2ea	Milk, Soy, Wheat
	RICE, Mex Spiced WG 1BG	Milk
	COND PC Sauce, Taco 9g	Soy
	VEG: PEAS, Green Fz 1/2c	None
	VEG: CARROTS, Coin 1/4c GFP IW	None
	FRUIT: PEARS 135 ct.	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	5/2/2017	
	BRD: WAFFLE, AP WG Maple Md IW	Egg, Milk, Soy, Wheat
	CHIX Sausage Patty 1ea 1.0	None
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	5/3/2017	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat

	VEG: BROCCOLI, GFP IW 1/2c	None
	VEG: CORN, Fz 1/4c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	5/4/2017	
	CHIX Tender, KK (3) WG 2.0	Egg, Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: BEANS, Black BBQ 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	5/5/2017	
	ENT: STEW, BfMtbl Korean 2.0	Soy, Wheat, Milk
	RICE, Plain WG 2BG	None
	VEG: PEAS, Green Fz 1/2c	None
	VEG: SALAD, Side RomMix AP1/2c	None
	FRUIT: PEARS 135 ct.	None
	COND PC Drsg French 12g	Egg
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	5/8/2017	
	TACO BfGd Soft AP WG 2.0 2ea	Milk, Soy, Wheat
	COND PC Sauce, Taco 9g	Soy
	VEG: BEANS, Black 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: CRAISINS, SS Cherry1.16	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	5/9/2017	
	STICKS, MAX SNAX Pizza AP 2.0	Milk, Soy, Wheat
	SAUCE P, Marin AP 1/4c	None
	VEG: PEAS, Green Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc STW1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	5/10/2017	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat

	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	5/11/2017	
	SAUCE P, Spag AP Beef SS 2.0	Soy
	PASTA, Rotini WG 1c	Egg*, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: CORN, Fz 1/2c	None
	FRUIT: PEARS 135 ct.	None
	COND PC Drsg French 12g	Egg
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	5/12/2017	
	SDW SLDR, ChixPty WG 2.0	Wheat, Soy
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: PEAS, Green Fz 1/2c	None
	VEG: CARROTS, Coin 1/4c GFP IW	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	5/15/2017	
	MELT SUB AP, BfMtbl PizzaSS2.0	Milk, Soy, Wheat
	VEG: BEANS, Bkd Veg AP 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	5/16/2017	
	ENT: BOWL, ChixPop CH 2.0	Milk, Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	VEG: PEAS, Green Fz 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: CUP SS, Mixed 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk

Wed	5/17/2017	
	CHIX Nugget, WG (5) 2.0	Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	VEG: CORN, Fz 1/2c	None
	VEG: SALAD, Side RomMix AP1/2c	None
	COND PC Drsg Ranch 12g	Eggs, Milk
	FRUIT: PEARS 135 ct.	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	5/18/2017	
	HOT DOG, Plain WG 2.0	Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc STW1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	5/19/2017	
	ENT: PASTA, Mac&ChzSS2.0(2BG)	Egg*, Milk, Soy, Wheat
	VEG: BROCCOLI, GFP IW 1/2c	None
	VEG: CARROTS, Sliced Fz 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	5/22/2017	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Mustard 6g	None
	COND PC Ketchup 9g Heinz	None
	VEG: TOMATOES, Cherry 1/4c	None
	VEG: PEAS, Green Fz 1/2c	None
	FRUIT: CUP SS, Mixed 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	5/23/2017	
	BRD: PANCAKES, AP WG MplBlstIW	Eggs, Milk, Soy, Wheat
	CHIX Sausage Patty 1ea 1.0	None
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None

	FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None Milk Milk Milk
Wed	5/24/2017	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, GFishPrtz .75oz VEG: PEAS, Green Fz 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk, Wheat None None None Milk Milk Milk
Thurs	5/25/2017	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Strawb1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Fri	5/26/2017	
	HOT DOG, Plain WG 2.0 COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: SALAD, Side RomMix AP1/2c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Drsg French 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None None None Egg None Milk Milk Milk
Tues	5/30/2017	
	Pizza Tony's Galaxy Smart Chz VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/4c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None Milk Milk Milk
Wed	5/31/2017	
	NACHOS BfGd Bn Scp AP- IW Chip VEG: SALAD, Side RomMix AP1/2c	Milk, Soy None

VEG: PEAS, Green Fz 1/2c

None

COND PC Drsg Italian 12g

Soy

FRUIT: PEARS 135 ct.

None

MILK SS, 1% White 8oz

Milk

MILK SS, Skim 8oz

Milk

MILK SS, Skim Chocolate

Milk