

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

Salad Only

**05/01/2017-05/31/2017**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy* *\*May Contain*  
*\*\*Contains Pork*

Day	Date	
Mon	5/1/2017	
	<b>Yogurt with Trailmix</b> <b>BRD: CRACK SS, ScoobyDoo CinWG</b> <b>VEG: PEAS, Green Fz 1/2c</b> <b>VEG: CARROTS, Coin 1/4c GFP IW</b> <b>FRUIT: PEARS 135 ct.</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Tues	5/2/2017	
	<b>SALAD, APPLE Slcd IW CHCube2.0</b> <b>SNACK: CHIP SS, SunchpMixHC WG</b> <b>VEG: POTATO, Tater Tots 1/2 c</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>FRUIT: CUP SS, Applesc Pea1/2c</b> <b>COND PC Ketchup 9g Heinz</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk Milk, Wheat None None None None Milk Milk Milk
Wed	5/3/2017	

	<p>SALAD, Tky CH MZ AP W 2.0  Roll, DinnerWheatAP(Alpha)1ea  COND PC Drsg Ranch 12g  BRD: CRACK SS, Animal WG  VEG: BROCCOLI, GFP IW 1/2c  VEG: CORN, Fz 1/4c  FRUIT: ORANGE 138ct Whole 1/2c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk  Soy, Wheat  Eggs, Milk  Soy, Wheat  None  None  None  Milk  Milk  Milk</p>
<b>Thurs</b>	<b>5/4/2017</b>	
	<p>SALAD, ChixPop CH AP W 2.0  COND PC Drsg Ranch 12g  BRD: CRACK SS, Jungle WG  VEG: BEANS, Black BBQ 1/2c  VEG: TOMATOES, Cherry 1/4c  FRUIT: APPLE, 138ct Whole 1c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat  Eggs, Milk  Wheat  None  None  None  Milk  Milk  Milk</p>
<b>Fri</b>	<b>5/5/2017</b>	
	<p>SALAD, RomMix CH MZ AP W 2.0  Roll, DinnerWheatAP(Alpha)2ea  COND PC Drsg Ranch 12g  VEG: PEAS, Green Fz 1/2c  VEG: SALAD, Side RomMix AP1/2c  FRUIT: PEARS 135 ct.  COND PC Drsg French 12g  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk  Soy, Wheat  Eggs, Milk  None  None  None  Egg  Milk  Milk  Milk</p>
<b>Mon</b>	<b>5/8/2017</b>	
	<p>Yogurt with Trailmix  BRD: CRACK SS, ScoobyDoo CinWG  VEG: BEANS, Black 1/2c  VEG: TOMATOES, Cherry 1/4c  FRUIT: CRAISINS, SS Cherry1.16  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat  Soy, Wheat  None  None  None  Milk  Milk  Milk</p>
<b>Tues</b>	<b>5/9/2017</b>	
	<p>Farmer's Market Salad  Breadstick WG 1.0 (Alpha)  COND PC Drsg Ranch 12g  BRD: CRACK SS, GFishChd.75ozWG  VEG: PEAS, Green Fz 1/2c</p>	<p>Milk, Wheat  Wheat  Eggs, Milk  Milk, Wheat  None</p>

	<p>VEG: CARROTS, Baby 1/4c GFP IW  FRUIT: CUP SS, Applesc STW1/2c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>None  None  Milk  Milk  Milk</p>
<b>Wed</b>	<b>5/10/2017</b>	
	<p>SALAD, HamTky CH MZ AP W 2.0  COND PC Drsg French 12g  Roll, DinnerWheatAP(Alpha)1ea  VEG: POTATO, FF CtinaGen7 1/2c  VEG: BROCCOLI, GFP IW 1/2c  FRUIT: ORANGE 138ct Whole 1/2c  COND PC Ketchup 9g Heinz  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk, Pork**  Egg  Soy, Wheat  None  None  None  None  None  Milk  Milk  Milk</p>
<b>Thurs</b>	<b>5/11/2017</b>	
	<p>SALAD, Egg Chef AP W 2.0  Breadstick WG 1.0 (Alpha)  COND PC Drsg Ranch 12g  BRD: CRACK SS, GFishPrtz .75oz  VEG: SALAD, Side RomMix AP1/2c  VEG: CORN, Fz 1/2c  FRUIT: PEARS 135 ct.  COND PC Drsg French 12g  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Egg, Milk  Wheat  Eggs, Milk  Milk, Wheat  None  None  None  Egg  Milk  Milk  Milk</p>
<b>Fri</b>	<b>5/12/2017</b>	
	<p>SALAD, Tky CH MZ AP W 2.0  COND PC Drsg Ranch 12g  Roll, DinnerWheatAP(Alpha)1ea  VEG: PEAS, Green Fz 1/2c  VEG: CARROTS, Coin 1/4c GFP IW  FRUIT: APPLE, 138ct Whole 1c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk  Eggs, Milk  Soy, Wheat  None  None  None  None  Milk  Milk  Milk</p>
<b>Mon</b>	<b>5/15/2017</b>	
	<p>Farmer's Market Salad  Breadstick WG 1.0 (Alpha)  COND PC Drsg Ranch 12g  BRD: CRACK SS, GFishChd.75ozWG  VEG: BEANS, Bkd Veg AP 1/2c  VEG: CARROTS, Baby 1/4c GFP IW  FRUIT: CUP SS, Applesc Pea1/2c</p>	<p>Milk, Wheat  Wheat  Eggs, Milk  Milk, Wheat  None  None  None</p>

	MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Milk Milk
<b>Tues</b>	<b>5/16/2017</b>	
	SALAD, APPLE Slcd IW CHCube2.0 BRD: CRACK SS, Animal WG VEG: PEAS, Green Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CUP SS, Mixed 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat None None None Milk Milk Milk
<b>Wed</b>	<b>5/17/2017</b>	
	SALAD NAC, BfGd IWCHIP AP2.0 BRD: CRACK SS, Jungle WG VEG: CORN, Fz 1/2c VEG: SALAD, Side RomMix AP1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy Wheat None None Eggs, Milk None Milk Milk Milk
<b>Thurs</b>	<b>5/18/2017</b>	
	SALAD, ChixPop AP 2.0 COND PC Drsg Ranch 12g Roll, DinnerWheatAP(Alpha)2ea VEG: POTATO, FF CtinaGen7 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc STW1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Eggs, Milk Soy, Wheat None None None None Milk Milk Milk
<b>Fri</b>	<b>5/19/2017</b>	
	SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Drsg French 12g VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Egg None None None Milk Milk Milk
<b>Mon</b>	<b>5/22/2017</b>	
	Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG	Milk, Soy, Wheat Soy, Wheat

	<b>VEG: TOMATOES, Cherry 1/4c</b> <b>VEG: PEAS, Green Fz 1/2c</b> <b>FRUIT: CUP SS, Mixed 1/2c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	None None None Milk Milk Milk
<b>Tues</b>	<b>5/23/2017</b>	
	<b>Farmer's Market Salad</b> <b>Breadstick WG 1.0 (Alpha)</b> <b>BRD: CRACK SS, Chz-It WG</b> <b>COND PC Drsg Ranch 12g</b> <b>VEG: POTATO, Tater Tots 1/2 c</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>FRUIT: CUP SS, Applesc 1/2c</b> <b>COND PC Ketchup 9g Heinz</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Wheat Wheat Milk, Soy, Wheat Eggs, Milk None None None None None Milk Milk Milk
<b>Wed</b>	<b>5/24/2017</b>	
	<b>SALAD, RomMix CH MZ AP W 2.0</b> <b>Roll, DinnerWheatAP(Alpha)2ea</b> <b>COND PC Drsg French 12g</b> <b>VEG: PEAS, Green Fz 1/2c</b> <b>VEG: CELERY, Sticks AP 1/4c</b> <b>FRUIT: PEARS 135 ct.</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk Soy, Wheat Egg None None None Milk Milk Milk
<b>Thurs</b>	<b>5/25/2017</b>	
	<b>SALAD, Egg Chef AP W 2.0</b> <b>Roll, DinnerWheatAP(Alpha)2ea</b> <b>COND PC Drsg French 12g</b> <b>VEG: BEANS, Black Charro 1/2c</b> <b>VEG: BROCCOLI, GFP IW 1/2c</b> <b>FRUIT: CRAISINS, SS Strawb1.16</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Egg, Milk Soy, Wheat Egg None None None Milk Milk Milk
<b>Fri</b>	<b>5/26/2017</b>	
	<b>SALAD, Tky CH MZ AP W 2.0</b> <b>Roll, DinnerWheatAP(Alpha)2ea</b> <b>COND PC Drsg Ranch 12g</b> <b>VEG: SALAD, Side RomMix AP1/2c</b> <b>VEG: POTATO, FF CtinaGen7 1/2c</b> <b>FRUIT: ORANGE 138ct Whole 1/2c</b>	Milk Soy, Wheat Eggs, Milk None None None

	COND PC Drsg French 12g	Egg
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Tues</b>	<b>5/30/2017</b>	
	Farmer's Market Salad	Milk, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	BRD: CRACK SS, GFishChd.75ozWG	Milk, Wheat
	COND PC Drsg Ranch 12g	Eggs, Milk
	VEG: SALAD, Bean Three 3/4 c	None
	VEG: CARROTS, Sliced Fz 1/4c	None
	JUICE SS, Frt Bld 100% 4oz Crt	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Wed</b>	<b>5/31/2017</b>	
	SALAD, Ham CH MZ SC W 2.25	Milk, Pork**
	Roll, DinnerWheatAP(Alpha)2ea	Soy, Wheat
	COND PC Drsg Italian 12g	Soy
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: PEAS, Green Fz 1/2c	None
	COND PC Drsg Italian 12g	Soy
	FRUIT: PEARS 135 ct.	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk