

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Cold Breakfast Allergens

**05/01/2017-05/31/2017**

<i>Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy</i>	<i>*May Contain **Contains Pork</i>
<b>Mon 5/1/2017</b>	
BRD: POPTARTS, Straw 1.76oz WG CHEESE, MZ String LF 1ea 1.0 FRUIT: CUP SS, Peaches Dcd1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Milk None None Milk Milk
<b>Tues 5/2/2017</b>	
CEREAL BWL, CinnTstCrnch RS WG BRD: CRACK SS, Animal WG FRUIT: CRAISINS, SS Cherry1.16 JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Soy, Wheat None None Milk Milk
<b>Wed 5/3/2017</b>	
BRD: MUF AP, Choc 2oz WG (1BG) FRUIT: CUP SS, Applesc Cin1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Eggs, Milk, Soy None None Milk Milk
<b>Thurs 5/4/2017</b>	
BRD: BAR, Cereal Trix WG IW YOGURT SS, Danimals Str/Ban4oz	Wheat, Soy Milk

	<b>FRUIT: PEARS 135 ct.</b> <b>JUICE SS, Apple 100% 4oz Cart</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	None None Milk Milk
<b>Fri</b>	<b>5/5/2017</b>	
	<b>BRD: MUF AP, Blueb 2ozWG (1BG)</b> <b>CHEESE, MZ String LF 1ea 1.0</b> <b>FRUIT: CRAISINS, SS Strawb1.16</b> <b>FRUIT: ORANGE 138ct Whole 1/2c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	Wheat, Eggs, Soy Milk None None Milk Milk
<b>Mon</b>	<b>5/8/2017</b>	
	<b>BRD: Bkfst Rnd Cinn 2.2oz WGIW</b> <b>FRUIT: CUP SS, Applesc Pea1/2c</b> <b>JUICE SS, Apple 100% 4oz Cart</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	Wheat, Milk, Soy, Eggs None None Milk Milk
<b>Tues</b>	<b>5/9/2017</b>	
	<b>BRD: BAR, Benefit BanChoc WGIW</b> <b>FRUIT: CUP SS, Pears Dcd 1/2c</b> <b>FRUIT: CRAISINS, SS Strawb1.16</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	Eggs, Milk, Wheat, Soy None None Milk Milk
<b>Wed</b>	<b>5/10/2017</b>	
	<b>BRD: MUF AP, Ban 2oz WG (1BG)</b> <b>FRUIT: PEARS 135 ct.</b> <b>JUICE SS, Apple 100% 4oz Cart</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	Egg, Wheat, Soy None None Milk Milk
<b>Thurs</b>	<b>5/11/2017</b>	
	<b>BRD: BAGEL. White WG 2oz</b> <b>COND PC Cream Cheese 1oz</b> <b>FRUIT: CUP SS, Peaches Dcd1/2c</b> <b>FRUIT: APPLE, 138ct Whole 1c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	Wheat Milk None None Milk Milk
<b>Fri</b>	<b>5/12/2017</b>	
	<b>CEREAL BWL, Rice Krispies WG</b> <b>BRD: CRACK SS, Animal WG</b> <b>FRUIT: CUP SS, Applesc STW1/2c</b> <b>FRUIT: ORANGE 138ct Whole 1/2c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	None Soy, Wheat None None Milk Milk
<b>Mon</b>	<b>5/15/2017</b>	
	<b>BRD: BAR, BtyCr Butrscth OatIW</b> <b>YOGURT SS, Danimals Str/Ban4oz</b>	Egg, Milk, Soy, Wheat Milk

	FRUIT: CUP SS, Pears Dcd 1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	None None Milk Milk
<b>Tues</b>	<b>5/16/2017</b>	
	BRD: BAGEL. White WG 2oz COND PC Cream Cheese 1oz FRUIT: CUP SS, Applesc 1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat Milk None None Milk Milk
<b>Wed</b>	<b>5/17/2017</b>	
	CEREAL BWL, Cheerios WG BRD: CRACK SS, ScoobyDoo CinWG FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	None Soy, Wheat None None Milk Milk
<b>Thurs</b>	<b>5/18/2017</b>	
	CEREAL BWL, Froot Loops RS WG CHEESE, MZ String LF 1ea 1.0 FRUIT: CUP SS, Applesc Cin1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, *Soy Milk None None Milk Milk
<b>Fri</b>	<b>5/19/2017</b>	
	BRD: BAR, Cereal Trix WG IW YOGURT SS, Danimals Vanilla4oz FRUIT: CRAISINS, SS Cherry1.16 FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Milk None None Milk Milk
<b>Mon</b>	<b>5/22/2017</b>	
	CEREAL BWL, CinnTstCrnch RS WG BRD: CRACK SS, Bear GrhmHnyWG FRUIT: CUP SS, Applesc 1/2c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Wheat None None Milk Milk
<b>Tues</b>	<b>5/23/2017</b>	
	CEREAL BWL, Apple Jck RS WG BRD: CRACK SS, Jungle WG FRUIT: CRAISINS, SS Cherry1.16 JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, *Soy Wheat None None Milk Milk

<b>Wed 5/24/2017</b>	
<b>CEREAL BWL, Golden Grahams WG</b> <b>BRD: CRACK SS, Animal WG</b> <b>FRUIT: APPLE, 138ct Whole 1c</b> <b>JUICE SS, Grape100% 4oz Cart</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	Wheat Soy, Wheat None None Milk Milk
<b>Thurs 5/25/2017</b>	
<b>BRD: BAR, Cereal FrtyCh WG IW</b> <b>CHEESE, MZ String LF 1ea 1.0</b> <b>FRUIT: CUP SS, Peaches Dcd1/2c</b> <b>FRUIT: ORANGE 138ct Whole 1/2c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	Soy, Wheat Milk None None Milk Milk
<b>Fri 5/26/2017</b>	
<b>CEREAL BWL, Cheerios WG</b> <b>BRD: CRACK SS, Bear GrhmChocWG</b> <b>FRUIT: CUP SS, Applesc Pea1/2c</b> <b>FRUIT: CRAISINS, SS Strawb1.16</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	None Wheat None None Milk Milk
<b>Tues 5/30/2017</b>	
<b>BRD: MUF AP, ApCin 2ozWG (1BG)</b> <b>YOGURT SS, Danimals Vanilla4oz</b> <b>FRUIT: CUP SS, Peaches Dcd1/2c</b> <b>JUICE SS, Apple 100% 4oz Cart</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	Wheat, Eggs, Soy Milk None None Milk Milk
<b>Wed 5/31/2017</b>	
<b>CEREAL BWL, Froot Loops RS WG</b> <b>CHEESE, MZ String LF 1ea 1.0</b> <b>FRUIT: APPLE, 138ct Whole 1c</b> <b>JUICE SS, Frt Bld 100% 4oz Crt</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	Wheat, *Soy Milk None None Milk Milk