

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

AB

3/1/2018-3/30/2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy

**May Contain
**Contains Pork*

Thurs	3/1/2018	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, Animal WG Sandwich, Melt Turkey Ham & AM VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat Wheat, Milk, Soy None None None Milk Milk Milk
Fri	3/2/2018	
	ENT: PASTA, Chz Penne- No EGG BURR AP, Bean & Cheese WG 2.0 VEG: SALAD, Side RomMix AP1/2c VEG: POTATO Swt, FF Crink 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Drsg Ranch 12g COND PC Ketchup 9g Heinz	Wheat, Milk, *Eggs Milk, Wheat None None None Eggs, Milk None

	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	3/5/2018	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	SDW BN, BfGd SIJoe SS WG 2.0	Soy, Wheat
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Cin1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	3/6/2018	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	STICKS, CORN DOG Chix AP 2.0	Egg, Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: SALAD, Bean Three 3/4 c	None
	VEG: CARROTS, Sliced Fz 1/4c	None
	JUICE SS, Frt Bld 100% 4oz Crt	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	3/7/2018	
	NACHOS BfGd Bn Scp AP- IW Chip	Milk, Soy
	CHIX Drumstk, AP OvnRstd 2.5	None
	RICE, Plain WG 2BG	None
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: CORN, Fz 1/2c	None
	COND PC Drsg Ranch 12g	Eggs, Milk
	FRUIT: PEARS 135 ct.	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	3/8/2018	
	PASTA, Spaghetti WG 1c	Wheat, *Egg
	SAUCE P, Marin AP 1/2c	None
	BEEF Meatballs, RS AP 5ea 2.0	Milk, Soy, Wheat
	Roll, Dinner Wheat AP (Alpha)	Soy, Wheat
	ENT: BOWL, ChixPop CH 2.0- OPI	Milk, Soy, Wheat
	BRD: CRACK SS, ScoobyDoo CinWG	Soy, Wheat
	VEG: BROCCOLI, Frz Chpd 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None

	FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Milk Milk Milk
Fri	3/9/2018	
	MELT BD, AM WG 2.0 MELT MUFF, EggPty AM 1.25 WG VEG: POTATO, Tater Tots 1/2 c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Pea 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat, Milk, Egg None None None None Milk Milk Milk
Mon	3/12/2018	
	TACO ChixGd Soft WG 2.0 2ea RICE, Mex Spiced WG 1BG COND PC Sauce, Taco 9g Pizza Tony's Galaxy Smart Pep VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk Soy Milk, Soy, Wheat None None None Milk Milk Milk
Tues	3/13/2018	
	BRD: WAFFLE, AP WG Maple Md IW CHIX Sausage Patty 1ea 1.0 MELT BD, AM WG 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk, Soy, Wheat None Milk, Soy, Wheat None None None None Milk Milk Milk
Wed	3/14/2018	
	Pizza Tony's Galaxy Smart Chz BEEF Meatballs, BBQ 5ea 2.0 RICE, Plain WG 1BG VEG: BROCCOLI, GFP IW 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk, Soy, Wheat None None None None Milk Milk Milk

Thurs	3/15/2018	
	CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g BURG, Beef AP WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: PEACHES Dice w/Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat Soy, Wheat None None None None None Milk Milk Milk
Fri	3/16/2018	
	ENT: PASTA, Mac&ChzSS2.0(2BG) SDW BN, FishPty(C) PlnWG/WG2.0 COND PC Ketchup 9g Heinz VEG: BROCCOLI, GFP IW 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg*, Milk, Soy, Wheat Wheat, Soy, Milk, Eggs, Fish None None None None Egg Milk Milk Milk
Mon	3/19/2018	
	TACO BfGd Soft AP WG 2.0 2ea COND PC Sauce, Taco 9g SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Tues	3/20/2018	
	STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c STICKS, CORN DOG Chix AP 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk, Soy, Wheat None Egg, Soy, Wheat None None None None None Milk Milk

	MILK SS, Skim Chocolate	Milk
Wed	3/21/2018	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	CHIX Tender, KK (3) WG 2.0	Egg, Soy, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	3/22/2018	
	ENT: PASTA, ChixDcd PenneRose2	Milk, Wheat, *Egg
	Roll, DinnerWheatAP(Alpha)2ea	Soy, Wheat
	TACO ChixGd Soft WG 2.0 2ea	Milk, Soy, Wheat
	RICE, Mex Spiced WG 1BG	Milk
	COND PC Sauce, Taco 9g	Soy
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: PEAS, Green Fz 1/2c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	COND PC Drsg French 12g	Egg
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	3/23/2018	
	NACHOS Bean Scp 2.0 - IW Chip	Milk, Soy
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	Fruit: Clementine GFP 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	3/26/2018	
	Pizza Tony's Galaxy Smart Pep	Milk, Soy, Wheat
	BRD: CRACK SS, Animal WG	Soy, Wheat
	MELT SUB AP, BfMtbl PizzaSS2.0	Milk, Soy, Wheat
	VEG: BEANS, Bkd Veg AP 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk

	MILK SS, Skim Chocolate	Milk
Tues	3/27/2018	
	BRD: PANCAKES, AP WG Strawb PI	Wheat, Egg, Milk
	YOGURT SS, Danimals Vanilla4oz	Milk
	ENT: BOWL, ChixPop CH 2.0- OPI	Milk, Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	BRD: CRACK SS, Animal WG	Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: FRUIT MIX w/Lt Syr 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	3/28/2018	
	CHIX Nugget, WG (5) 2.0	Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	MELT BD, AM WG 2.0	Milk, Soy, Wheat
	VEG: POTATO, Diced Cajun	None
	VEG: SALAD, Side RomMix AP1/2c	None
	COND PC Drsg Ranch 12g	Eggs, Milk
	FRUIT: PEARS 135 ct.	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	3/29/2018	
	HOT DOG, Plain WG 2.0	Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	BRD: CRACK SS, Chz-It WG	Milk, Soy, Wheat
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc Mixed B	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	3/30/2018	
	ENT: PASTA, Mac&ChzSS2.0(2BG)	Egg*, Milk, Soy, Wheat
	FISH, Sticks AP (C) WG2.0(4ea)	Fish, Milk, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	COND PC Ketchup 9g Heinz	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	VEG: CARROTS, Sliced Fz 1/4c	None

FRUIT: APPLE, 138ct Whole 1c

None

MILK SS, 1% White 8oz

Milk

MILK SS, Skim 8oz

Milk

MILK SS, Skim Chocolate

Milk