

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch 9-12

1 Hot

**3/1/2018-3/30/2018**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy*

*\*May Contain*

*\*\*Contains Pork*

#### **Thurs 3/1/2018**

Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
BRD: CRACK SS, Animal WG	Soy, Wheat
VEG: BEANS, Black Charro 1/2c	None
VEG: BROCCOLI, GFP IW 1/2c	None
FRUIT: CRAISINS, SS Origin1.16	None
JUICE SS, Orange 100% 4oz Cart	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk

#### **Fri 3/2/2018**

ENT: PASTA, Chz Penne- No EGG	Wheat, Milk, *Eggs
BRD: CRACK SS, GFishPrtz .75oz	Milk, Wheat
VEG: SALAD, Side RomMix AP1c	None
VEG: POTATO Swt, FF Crink 1/2c	None
FRUIT: ORANGE 138ct Whole 1/2c	None
JUICE SS, Apple 100% 4oz Cart	None
COND PC Drsg Ranch 12g	Eggs, Milk
COND PC Ketchup 9g Heinz	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk

<b>Mon 3/5/2018</b>	
BURG, Beef AMAP WG 2.25- ALPHA COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c JUICE SS, Apple 100% 4oz Cart COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None None None None Milk Milk Milk
<b>Tues 3/6/2018</b>	
Pizza Tony's Galaxy Smart Chz VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/2c FRUIT: PEACHES Dice w/Syr 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None Milk Milk Milk
<b>Wed 3/7/2018</b>	
NACHOS BfGd Bn Scp AP- IW Chip RICE, Plain WG 1BG VEG: SALAD, Side RomMix AP1c VEG: CORN, Fz 1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy None None None Eggs, Milk None None Milk Milk Milk
<b>Thurs 3/8/2018</b>	
PASTA, Spaghetti WG 1c SAUCE P, Marin AP 1/2c BEEF Meatballs, RS AP 5ea 2.0 Roll, Dinner Wheat AP (Alpha) VEG: BROCCOLI, Frz Chpd 1/2c VEG: TOMATOES, Cherry 1/2c JUICE SS, Grape100% 4oz Cart FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, *Egg None Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
<b>Fri 3/9/2018</b>	

	MELT BD, AM WG 2.0 BRD: CRACK SS, Jungle WG VEG: POTATO, Tater Tots 1/2 c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/2c JUICE SS, Frt Bld 100% 4oz Crt FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Wheat None None None None None Milk Milk Milk
<b>Mon</b>	<b>3/12/2018</b>	
	TACO ChixGd Soft WG 2.0 2ea RICE, Mex Spiced WG 1BG COND PC Sauce, Taco 9g VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk Soy None None None None None Milk Milk Milk
<b>Tues</b>	<b>3/13/2018</b>	
	BRD: WAFFLE, AP WG Maple Md IW CHIX Sausage Patty 2ea 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa JUICE SS, Orange 100% 4oz Cart COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk, Soy, Wheat None None None None None None None Milk Milk Milk
<b>Wed</b>	<b>3/14/2018</b>	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, GFishPrtz .75oz VEG: POTATO, Mashed 1/2c VEG: CELERY, Sticks GFP 1/4 c VEG: CELERY, Sticks GFP 1/4 c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk, Wheat *Milk None None None None Milk Milk Milk
<b>Thurs</b>	<b>3/15/2018</b>	

	CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: PEACHES Dice w/Syr 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
<b>Fri</b>	<b>3/16/2018</b>	
	ENT: PASTA, Mac&ChzSS2.0(2BG) Roll, DinnerWheatAP(Alpha)2ea VEG: BROCCOLI, GFP IW 1/2c VEG: SALAD, Side RomMix AP1c COND PC Drsg French 12g FRUIT: PEARS 135 ct. JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg*, Milk, Soy, Wheat Soy, Wheat None None Egg None None Milk Milk Milk
<b>Mon</b>	<b>3/19/2018</b>	
	TACO Bfgd Soft AP WG 2.0 2ea RICE, Cilantro WG 1BG COND PC Sauce, Taco 9g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None Soy None None None None Milk Milk Milk
<b>Tues</b>	<b>3/20/2018</b>	
	BURG, Beef AMAP WG 2.25- ALPHA SNACK: CHIP SS, SunchpMixGS WG COND PC Ketchup 9g Heinz VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Frt Bld 100% 4oz Crt COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk, Wheat None None None None None None Milk Milk Milk
<b>Wed</b>	<b>3/21/2018</b>	
	ENT: PASTA, ChixDcd PenneRose2	Milk, Wheat, *Egg

	Roll, DinnerWheatAP(Alpha)2ea VEG: SALAD, Side RomMix AP1c VEG: PEPPERS, Red Strips1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat None None None None Egg Milk Milk Milk
<b>Thurs</b>	<b>3/22/2018</b>	
	ENT: PASTA, ChixDcd PenneRose2 Roll, DinnerWheatAP(Alpha)2ea VEG: SALAD, Side RomMix AP1c VEG: PEPPERS, Red Strips1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat, *Egg Soy, Wheat None None None None Egg Milk Milk Milk
<b>Fri</b>	<b>3/23/2018</b>	
	NACHOS Bean Scp 2.0 - IW Chip RICE, Cilantro WG 1BG VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW VEG: CORN, Fz 1/2c Fruit: Clementine GFP 1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy None None None None None None Milk Milk Milk
<b>Mon</b>	<b>3/26/2018</b>	
	Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, Animal WG VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW JUICE SS, Grape100% 4oz Cart FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None None Milk Milk Milk
<b>Tues</b>	<b>3/27/2018</b>	
	BRD: PANCAKES, AP WG Strawb PI YOGURT SS, Danimals Vanilla4oz CHEESE, MZ String LF 1ea 1.0	Wheat, Egg, Milk Milk Milk

	VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None None Milk Milk Milk
<b>Wed</b>	<b>3/28/2018</b>	
	CHIX Nugget, WG (5) 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz VEG: POTATO, Diced Cajun VEG: SALAD, Side RomMix AP1c JUICE SS, Apple 100% 4oz Cart COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None None Eggs, Milk None None Milk Milk Milk
<b>Thurs</b>	<b>3/29/2018</b>	
	HOT DOG, Plain WG 2.0 BRD: CRACK SS, Jungle WG COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: POTATO, FF CtinaGen7 1/2c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/2c FRUIT: CUP SS, Applesc Mixed B JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat Wheat None None None None None None None Milk Milk Milk
<b>Fri</b>	<b>3/30/2018</b>	
	ENT: PASTA, Mac&ChzSS2.0(2BG) Breadstick WG 1.0 (Alpha) VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg*, Milk, Soy, Wheat Wheat None None None None Milk Milk Milk