

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch 9-12

1 Hot

06/01/2017-06/30/2017

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy

**May Contain*

***Contains Pork*

Thurs 6/1/2017

PASTA, Spaghetti WG 1c	Wheat
SAUCE P, Marin AP 1/2c	None
BEEF Meatballs, RS AP 5ea 2.0	Milk, Soy, Wheat
Breadstick WG 1.0 (Alpha)	Wheat
VEG: BROCCOLI, Frz Chpd 1/2c	None
VEG: TOMATOES, Cherry 1/2c	None
JUICE SS, Grape100% 4oz Cart	None
FRUIT: APPLE, 138ct Whole 1c	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk

Fri 6/2/2017

SDW BN, ChixPty Pln WG/WG 2.0	Soy, Wheat
BRD: CRACK SS, GFishChd.75ozWG	Milk, Wheat
COND PC Sauce, BBQ 12g	Soy, Wheat
VEG: POTATO, Tater Tots 1/2 c	None
COND PC Ketchup 9g Heinz	None
VEG: CELERY, Sticks AP 1/2c	None
JUICE SS, Frt Bld 100% 4oz Crt	None
FRUIT: CUP SS, Applesc Pea1/2c	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk

Mon 6/5/2017	
TACO ChixGd Soft WG 2.0 2ea RICE, Mex Spiced WG 1BG COND PC Sauce, Taco 9g VEG: PEAS, Green Fz 1/2c VEG: CARROTS, Coin 1/4c GFP IW VEG: CARROTS, Coin 1/4c GFP IW FRUIT: PEARS 135 ct. JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk Soy None None None None None None Milk Milk Milk
Tues 6/6/2017	
BRD: WAFFLE, AP WG Maple Md IW CHIX Sausage Patty 2ea 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c JUICE SS, Orange 100% 4oz Cart COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk, Soy, Wheat None None None None None None None Milk Milk Milk
Wed 6/7/2017	
Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, GFishPrtz .75oz VEG: BROCCOLI, GFP IW 1/2c VEG: CORN, Fz 1c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk, Wheat None None None None None Milk Milk Milk
Thurs 6/8/2017	
CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat None None None None None Milk Milk Milk
Fri 6/9/2017	

	ENT: STEW, BfMtbl Korean 2.0 RICE, Plain WG 2BG VEG: PEAS, Green Fz 1/2c VEG: SALAD, Side RomMix AP1c COND PC Drsg French 12g FRUIT: PEARS 135 ct. JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat, Milk None None None Egg None None Milk Milk Milk
Mon	6/12/2017	
	TACO BfGd Soft AP WG 2.0 2ea RICE, Cilantro WG 1BG COND PC Sauce, Taco 9g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: CRAISINS, SS Cherry1.16 JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None Soy None None None None Milk Milk Milk
Tues	6/13/2017	
	STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c VEG: PEAS, Green Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None None Milk Milk Milk
Wed	6/14/2017	
	BURG, Beef AMAP WG 2.25- ALPHA SNACK: CHIP SS, SunchpMixGS WG COND PC Ketchup 9g Heinz VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Frt Bld 100% 4oz Crt COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk, Wheat None None None None None None Milk Milk Milk
Thurs	6/15/2017	
	SAUCE P, Spag AP Beef SS 2.0	Soy

	PASTA, Rotini WG 1c Roll, DinnerWheatAP(Alpha)1ea VEG: SALAD, Side RomMix AP1c VEG: CORN, Fz 1/2c FRUIT: PEARS 135 ct. JUICE SS, Apple 100% 4oz Cart COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg*, Wheat Soy, Wheat None None None None Egg Milk Milk Milk
Fri	6/16/2017	
	SDW SLDR, ChixPty WG 2.0 COND PC Sauce, BBQ 12g VEG: CARROTS, Coin 1/4c GFP IW VEG: CARROTS, Coin 1/4c GFP IW VEG: PEAS, Green Fz 1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, Soy Soy, Wheat None None None None None Milk Milk Milk
Mon	6/19/2017	
	MELT SUB AP, BfMtbl PizzaSS2.0 VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW JUICE SS, Grape100% 4oz Cart BRD: CRACK SS, GFishChd.75ozWG FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None Milk, Wheat None Milk Milk Milk
Tues	6/20/2017	
	Pizza Tony's Galaxy Smart Chz VEG: PEAS, Green Fz 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: CUP SS, Mixed 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None Milk Milk Milk
Wed	6/21/2017	
	CHIX Nugget, WG (5) 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz VEG: CORN, Fz 1/2c	Soy, Wheat Soy, Wheat None None

	VEG: SALAD, Side RomMix AP1c JUICE SS, Apple 100% 4oz Cart COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None Eggs, Milk None Milk Milk Milk
Thurs	6/22/2017	
	HOT DOG, Plain WG 2.0 BRD: CRACK SS, Jungle WG COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: POTATO, FF CtinaGen7 1/2c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/2c FRUIT: CUP SS, Applesc STW1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat Wheat None None None None None None None Milk Milk Milk
Fri	6/23/2017	
	ENT: PASTA, Mac&ChzSS2.0(2BG) Breadstick WG 1.0 (Alpha) VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg*, Milk, Soy, Wheat Wheat None None None None Milk Milk Milk
Mon	6/26/2017	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: TOMATOES, Cherry 1/2c VEG: PEAS, Green Fz 1/2c FRUIT: CUP SS, Mixed 1/2c FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None None Milk Milk Milk
Tues	6/27/2017	
	BRD: PANCAKES, AP WG MplBstIW CHIX Sausage Patty 2ea 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW	Eggs, Milk, Soy, Wheat None None None

	VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c JUICE SS, Frt Bld 100% 4oz Crt COND PC Ketchup 9g Heinz COND PC Drsg Ranch 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None None Eggs, Milk Milk Milk Milk
Wed	6/28/2017	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, GFishPrtz .75oz VEG: PEAS, Green Fz 1/2c VEG: PEPPERS, Red Strips1/2c FRUIT: PEARS 135 ct. JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk, Wheat None None None None Milk Milk Milk
Thurs	6/29/2017	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Strawb1.16 JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Fri	6/30/2017	
	HOT DOG, Plain WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: SALAD, Side RomMix AP1c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Apple 100% 4oz Cart COND PC Drsg French 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None None None None Egg None Milk Milk Milk