

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

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01/02/2018-01/31/2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain*
***Contains Pork*

Tues	1/2/2018	
	BRD: WAFFLE, AP WG Maple Md IW	Egg, Milk, Soy, Wheat
	CHIX Sausage Patty 1ea 1.0	None
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc PeachMa	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	1/3/2018	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	VEG: BROCCOLI, Frz Chpd 1/2c	None
	VEG: CORN, Fz 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	1/4/2018	
	CHIX Tender, KK (3) WG 2.0	Egg, Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat

	COND PC Sauce, BBQ 12g VEG: POTATO, Mashed 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: PEACHES Dice w/Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat *Milk None None Milk Milk Milk
Fri	1/5/2018	
	ENT: PASTA, Mac&ChzSS2.0(2BG) VEG: BEANS, Black 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg*, Milk, Soy, Wheat None None None Egg Milk Milk Milk
Mon	1/8/2018	
	TACO BfGd Soft AP WG 2.0 2ea COND PC Sauce, Taco 9g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy None None None Milk Milk Milk
Tues	1/9/2018	
	STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None Milk Milk Milk
Wed	1/10/2018	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None None Milk Milk Milk
Thurs	1/11/2018	

	ENT: PASTA, ChixDcd PenneRose2 Roll, DinnerWheatAP(Alpha)2ea VEG: SALAD, Side RomMix AP1/2c VEG: PEAS, Green Fz 1/2c FRUIT: APPLE, 138ct Whole 1c COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat, *Egg Soy, Wheat None None None Egg Milk Milk Milk
Fri	1/12/2018	
	NACHOS Bean Scp 2.0 - IW Chip VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW Fruit: Clementine GFP 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy None None None Milk Milk Milk
Mon	1/15/2018	
	Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, Animal WG VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Tues	1/16/2018	
	BRD: PANCAKES, AP WG Strawb PI YOGURT SS, Danimals Vanilla4oz VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, Egg, Milk Milk None None None Milk Milk Milk
Wed	1/17/2018	
	CHIX Nugget, WG (5) 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz VEG: POTATO, Diced Cajun VEG: SALAD, Side RomMix AP1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz	Soy, Wheat Soy, Wheat None None None Eggs, Milk None None Milk Milk

	MILK SS, Skim Chocolate	Milk
Thurs	1/18/2018	
	HOT DOG, Plain WG 2.0	Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc Mixed B	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	1/19/2018	
	ENT: PASTA, Mac&ChzSS2.0(2BG)	Egg*, Milk, Soy, Wheat
	VEG: BROCCOLI, GFP IW 1/2c	None
	VEG: CARROTS, Sliced Fz 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	1/22/2018	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Mustard 6g	None
	COND PC Ketchup 9g Heinz	None
	VEG: CORN, Fz 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: FRUIT MIX w/Lt Syr 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	1/23/2018	
	BRD: PANCAKES, AP WG Maple PIL	Wheat, Egg, Milk
	CHIX Sausage Patty 1ea 1.0	None
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc 1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	1/24/2018	
	BEEF Salis Steak AP B 2.0	Milk, Soy, Wheat
	PASTA, Noodles EggWGParsly1/2c	Wheat, Egg, Milk, Soy
	COND_Gravy, Brown LS SS	Milk, Wheat, Soy, *Egg
	VEG: POTATO, Mashed 1/2c	*Milk

	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: APPLE, Slcd IW 2oz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	1/25/2018	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	BRD: CRACK SS, Animal WG	Soy, Wheat
	VEG: BEANS, Black Charro 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: CRAISINS, SS Origin1.16	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	1/26/2018	
	ENT: PASTA, Chz Penne- No EGG	Wheat, Milk, *Eggs
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: POTATO Swt, FF Crink 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	COND PC Drsg Ranch 12g	Eggs, Milk
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	1/29/2018	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Cin1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	1/30/2018	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	VEG: SALAD, Bean Three 3/4 c	None
	VEG: CARROTS, Sliced Fz 1/4c	None
	JUICE SS, Frt Bld 100% 4oz Crt	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	1/31/2018	
	NACHOS BfGd Bn Scp AP- IW Chip	Milk, Soy
	VEG: SALAD, Side RomMix AP1/2c	None

VEG: CORN, Fz 1/2c
COND PC Drsg Ranch 12g
FRUIT: PEARS 135 ct.
MILK SS, 1% White 8oz
MILK SS, Skim 8oz
MILK SS, Skim Chocolate

None
Eggs, Milk
None
Milk
Milk
Milk