

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

Salad Only

**01/02/2018-01/31/2018**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy*

*\*May Contain  
\*\*Contains Pork*

<b>Tues</b>	<b>1/2/2018</b>	
	SALAD, APPLE Slcd IW CHCube2.0	Milk
	SNACK: CHIP SS, SunchpMixGS WG	Milk, Wheat
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc PeachMa	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Wed</b>	<b>1/3/2018</b>	
	Yogurt with Trailmix	Milk, Soy, Wheat
	BRD: CRACK SS, Animal WG	Soy, Wheat
	VEG: BROCCOLI, Frz Chpd 1/2c	None
	VEG: CORN, Fz 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Thurs</b>	<b>1/4/2018</b>	
	SALAD, ChixPop CH AP W 2.0	Milk, Soy, Wheat
	COND PC Drsg Ranch 12g	Eggs, Milk

	BRD: CRACK SS, Jungle WG VEG: POTATO, Mashed 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: PEACHES Dice w/Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat *Milk None None Milk Milk Milk
<b>Fri</b>	<b>1/5/2018</b>	
	SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Ranch 12g VEG: BEANS, Black BBQ 3/4c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Eggs, Milk None None None Egg Milk Milk Milk
<b>Mon</b>	<b>1/8/2018</b>	
	Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
<b>Tues</b>	<b>1/9/2018</b>	
	Farmer's Market Salad Breadstick WG 1.0 (Alpha) COND PC Drsg Ranch 12g BRD: CRACK SS, GFishChd.75ozWG VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat Wheat Eggs, Milk Milk, Wheat None None None Milk Milk Milk
<b>Wed</b>	<b>1/10/2018</b>	
	SALAD, HamTky CH MZ AP W 2.0 COND PC Drsg French 12g Roll, DinnerWheatAP(Alpha)1ea VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Ketchup 9g Heinz	Milk, Pork** Egg Soy, Wheat None None None None

	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Thurs</b>	<b>1/11/2018</b>	
	SALAD, Egg Chef AP W 2.0	Egg, Milk
	Breadstick WG 1.0 (Alpha)	Wheat
	COND PC Drsg Ranch 12g	Eggs, Milk
	BRD: CRACK SS, GFishPrtz .75oz	Milk, Wheat
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: PEAS, Green Fz 1/2c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	COND PC Drsg French 12g	Egg
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Fri</b>	<b>1/12/2018</b>	
	NACHOS Bean Scp 2.0 - IW Chip	Milk, Soy
	StrawberryYogurt with Trailmix	Milk, Soy, Wheat
	BRD: CRACK SS, ScoobyDoo CinWG	Soy, Wheat
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	Fruit: Clementine GFP 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Mon</b>	<b>1/15/2018</b>	
	Farmer's Market Salad	Milk, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	COND PC Drsg Ranch 12g	Eggs, Milk
	BRD: CRACK SS, GFishChd.75ozWG	Milk, Wheat
	VEG: BEANS, Bkd Veg AP 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Tues</b>	<b>1/16/2018</b>	
	SALAD, APPLE Slcd IW CHCube2.0	Milk
	BRD: CRACK SS, Animal WG	Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: FRUIT MIX w/Lt Syr 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk

<b>Wed</b>	<b>1/17/2018</b>	
	SALAD NAC, BfGd IWCHIP AP2.0 BRD: CRACK SS, Jungle WG VEG: POTATO, Diced Cajun VEG: SALAD, Side RomMix AP1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy Wheat None None Eggs, Milk None None Milk Milk Milk
<b>Thurs</b>	<b>1/18/2018</b>	
	Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: POTATO, FF CtinaGen7 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Mixed B COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
<b>Fri</b>	<b>1/19/2018</b>	
	SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Drsg Ranch 12g VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Eggs, Milk None None None Milk Milk Milk
<b>Mon</b>	<b>1/22/2018</b>	
	Farmer's Market Salad Breadstick WG 1.0 (Alpha) BRD: CRACK SS, Chz-lt WG COND PC Drsg Ranch 12g VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat Wheat Milk, Soy, Wheat Eggs, Milk None None None Milk Milk Milk
<b>Tues</b>	<b>1/23/2018</b>	
	StrawberryYogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: POTATO, Tater Tots 1/2 c	Milk, Soy, Wheat Soy, Wheat None

	VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None None Milk Milk Milk
<b>Wed</b>	<b>1/24/2018</b>	
	SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Ranch 12g VEG: POTATO, Mashed 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: APPLE, Slcd IW 2oz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Eggs, Milk *Milk None None Milk Milk Milk
<b>Thurs</b>	<b>1/25/2018</b>	
	SALAD, Egg Chef AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg French 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk Soy, Wheat Egg None None None Milk Milk Milk
<b>Fri</b>	<b>1/26/2018</b>	
	Yogurt with Trailmix BRD: CRACK SS, Animal WG VEG: SALAD, Side RomMix AP1/2c VEG: POTATO Swt, FF Crink 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Drsg Ranch 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None Eggs, Milk None Milk Milk Milk
<b>Mon</b>	<b>1/29/2018</b>	
	SALAD, APPLE Slcd IW CHCube2.0 SNACK: CHIP SS, SunchpMixGS WG VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz	Milk Milk, Wheat None None None None Milk

	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Tues</b>	<b>1/30/2018</b>	
	Farmer's Market Salad	Milk, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	BRD: CRACK SS, GFishChd.75ozWG	Milk, Wheat
	COND PC Drsg Ranch 12g	Eggs, Milk
	VEG: SALAD, Bean Three 3/4 c	None
	VEG: CARROTS, Sliced Fz 1/4c	None
	JUICE SS, Frt Bld 100% 4oz Crt	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Wed</b>	<b>1/31/2018</b>	
	SALAD, Ham CH MZ SC W 2.25	Milk, Pork**
	Roll, DinnerWheatAP(Alpha)2ea	Soy, Wheat
	COND PC Drsg Ranch 12g	Eggs, Milk
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: CORN, Fz 1/2c	None
	COND PC Drsg Ranch 12g	Eggs, Milk
	FRUIT: PEARS 135 ct.	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk