

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Hot Breakfast Allergens

01/02/2018-01/31/2018

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| <i>Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy</i> | <i>*May Contain **Contains Pork</i> |
| Tues 1/2/2018 | |
| CEREAL BWL, CinnTstCrnch RS WG | Wheat, Soy |
| BRD: CRACK SS, Bear GrhmHnyWG | Wheat |
| FRUIT: CRAISINS, SS Origin1.16 | None |
| JUICE SS, Orange 100% 4oz Cart | None |
| MILK SS, 1% White 8oz | Milk |
| MILK SS, Skim 8oz | Milk |
| Wed 1/3/2018 | |
| BRD: MUF AP, Choc 2oz WG (1BG) | Wheat, Eggs, Milk, Soy |
| FRUIT: CUP SS, Applesc Cin1/2c | None |
| JUICE SS, Grape100% 4oz Cart | None |
| MILK SS, 1% White 8oz | Milk |
| MILK SS, Skim 8oz | Milk |
| Thurs 1/4/2018 | |
| BRD: ROLL AP, CinnMini WG IW | Wheat, Milk |
| FRUIT: PEARS, Dice w/Syr 1/2c | None |
| JUICE SS, Apple 100% 4oz Cart | None |
| MILK SS, 1% White 8oz | Milk |
| MILK SS, Skim 8oz | Milk |
| Fri 1/5/2018 | |
| CEREAL BWL, Rice Krispies WG | None |

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| | BRD: CRACK SS, Animal WG FRUIT: CRAISINS, SS Origin1.16 FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz | Soy, Wheat None None Milk Milk |
| Mon | 1/8/2018 | |
| | BRD: Bkfst Rnd Cinn 2.2oz WGIW FRUIT: CUP SS, Applesc Pea1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz | Wheat, Milk, Soy, Eggs None None Milk Milk |
| Tues | 1/9/2018 | |
| | MELT MUFF, CSaus AM 1.25 WG FRUIT: PEARS, Dice w/Syr 1/2c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz | Milk, Wheat, Soy None None Milk Milk |
| Wed | 1/10/2018 | |
| | BRD: WAFFLE, AP WG Bluebry IW FRUIT: PEARS 135 ct. JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim 8oz | Wheat, Soy, Egg, Milk None None Milk Milk Milk |
| Thurs | 1/11/2018 | |
| | BRD: FR TST AP, Cinn WG IW FRUIT: PEACHES Dice w/Syr 1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz | Wheat, Eggs, Milk, Soy None None Milk Milk |
| Fri | 1/12/2018 | |
| | BRD: BAR, Benefit BanChoc WGIW FRUIT: CUP SS, Applesc PeachMa FRUIT: ORANGE 138ct GFP 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz | Eggs, Milk, Wheat, Soy None None Milk Milk |
| Mon | 1/15/2018 | |
| | BRD: MUF AP, Blueb 2ozWG (1BG) YOGURT SS, Danimals Str/Ban4oz FRUIT: PEARS, Dice w/Syr 1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz | Wheat, Eggs, Soy Milk None None Milk Milk |
| Tues | 1/16/2018 | |
| | BRD: FR TST AP, Berry WG IW | Wheat, Eggs, Milk, Soy |

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| | FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz | None None Milk Milk |
| Wed | 1/17/2018 | |
| | STICKS, CORN DOG TkyMplBkfst1.0 COND PC Syrup 1.4oz Smuckers BRD: CRACK SS, Animal WG FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz | Wheat, Soy, Egg None Soy, Wheat None None Milk Milk |
| Thurs | 1/18/2018 | |
| | BRD: PANCAKES, AP WG Maple PIL FRUIT: CUP SS, Applesc Cin1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz | Wheat, Egg, Milk None None Milk Milk |
| Fri | 1/19/2018 | |
| | BRD: BAR, Cereal Trix WG IW BRD: CRACK SS, Bear GrhmChocWG FRUIT: CRAISINS, SS Origin1.16 FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz | Wheat, Soy Wheat None None Milk Milk |
| Mon | 1/22/2018 | |
| | CEREAL BWL, CinnTstCrnch RS WG BRD: CRACK SS, Bear GrhmHnyWG FRUIT: CUP SS, Applesc Mixed B JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz | Wheat, Soy Wheat None None Milk Milk |
| Tues | 1/23/2018 | |
| | MELT MUFF, EggPty AM 1.25 WG FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz | Soy, Wheat, Milk, Egg None None Milk Milk |
| Wed | 1/24/2018 | |
| | BRD: FR TST AP, Cinn WG IW FRUIT: APPLE, 138ct Whole 1c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz | Wheat, Eggs, Milk, Soy None None Milk Milk |
| Thurs | 1/25/2018 | |

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| | EGG: Omelet CH AP 2.0 BRD: CRACK SS, Animal WG FRUIT: PEACHES Dice w/Syr 1/2c FRUIT: GRAPES, Fresh 1/2c IW MILK SS, 1% White 8oz MILK SS, Skim 8oz | Egg, Milk Soy, Wheat None None Milk Milk |
| Fri | 1/26/2018 | |
| | CEREAL BWL, Apple Jck RS WG BRD: CRACK SS, Jungle WG FRUIT: CUP SS, Applesc Pea1/2c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz | Wheat, *Soy Wheat None None Milk Milk |
| Mon | 1/29/2018 | |
| | CEREAL BWL, Cheerios WG BRD: CRACK SS, Bear GrhmChocWG JUICE SS, Grape100% 4oz Cart FRUIT: ORANGE 138ct GFP 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz | None Wheat None None Milk Milk |
| Tues | 1/30/2018 | |
| | BRD: ROLL AP, CinnMini WG IW FRUIT: PEACHES Dice w/Syr 1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz | Wheat, Milk None None Milk Milk |
| Wed | 1/31/2018 | |
| | MELT BGL, CSaus AM 1.25 WG FRUIT: APPLE, 138ct Whole 1c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz | Milk, Wheat, Soy None None Milk Milk |