

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

AB

02/01/2018-02/28/2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain
**Contains Pork*

Thurs	2/1/2018	
	PASTA, Spaghetti WG 1c	Wheat, *Egg
	SAUCE P, Marin AP 1/2c	None
	BEEF Meatballs, RS AP 5ea 2.0	Milk, Soy, Wheat
	ENT: BOWL, ChixPop CH 2.0- OPI	Milk, Soy, Wheat
	BRD: CRACK SS, ScoobyDoo CinWG	Soy, Wheat
	VEG: BROCCOLI, Frz Chpd 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	2/2/2018	
	MELT BD, AM WG 2.0	Milk, Soy, Wheat
	MELT MUFF, EggPty AM 1.25 WG	Soy, Wheat, Milk, Egg
	VEG: POTATO, Tater Tots 1/2 c	None
	COND PC Ketchup 9g Heinz	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk

	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	2/5/2018	
	TACO ChixGd Soft WG 2.0 2ea	Milk, Soy, Wheat
	RICE, Mex Spiced WG 1BG	Milk
	COND PC Sauce, Taco 9g	Soy
	Pizza Tony's Galaxy Smart Pep	Milk, Soy, Wheat
	VEG: CORN, Fz 1/4c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	2/6/2018	
	BRD: WAFFLE, AP WG Maple Md IW	Egg, Milk, Soy, Wheat
	CHIX Sausage Patty 1ea 1.0	None
	MELT BD, AM WG 2.0	Milk, Soy, Wheat
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc PeachMa	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	2/7/2018	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	BEEF Meatballs, BBQ 5ea 2.0	Milk, Soy, Wheat
	VEG: POTATO, Mashed 1/2c	*Milk
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	VEG: POTATO, Mashed 1/2c	*Milk
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	2/8/2018	
	CHIX Tender, KK (3) WG 2.0	Egg, Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	BURG, Beef AP WG 2.0	Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: BEANS, Black BBQ 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: PEACHES Dice w/Syr 1/2c	None

	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	2/9/2018	
	ENT: PASTA, Mac&ChzSS2.0(2BG)	Egg*, Milk, Soy, Wheat
	SDW BN, FishPty(C) PlnWG/WG2.0	Wheat, Soy, Milk, Eggs, Fish
	COND PC Ketchup 9g Heinz	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	VEG: SALAD, Side RomMix AP1/2c	None
	FRUIT: PEARS 135 ct.	None
	COND PC Drsg French 12g	Egg
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	2/12/2018	
	TACO BfGd Soft AP WG 2.0 2ea	Milk, Soy, Wheat
	COND PC Sauce, Taco 9g	Soy
	SDW BN, ChixPty Pln WG/WG 2.0	Soy, Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: BEANS, Black 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: CRAISINS, SS Origin1.16	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	2/13/2018	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	STICKS, CORN DOG Chix AP 2.0	Egg, Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: CORN, Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc STW1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	2/14/2018	
	STICKS, MAX SNAX Pizza AP 2.0	Milk, Soy, Wheat
	SAUCE P, Marin AP 1/4c	None
	MELT BD, AM WG 2.0	Milk, Soy, Wheat
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	COND PC Ketchup 9g Heinz	None

	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	2/15/2018	
	ENT: PASTA, ChixDcd PenneRose2	Milk, Wheat, *Egg
	Roll, DinnerWheatAP(Alpha)2ea	Soy, Wheat
	TACO ChixGd Soft WG 2.0 2ea	Milk, Soy, Wheat
	RICE, Mex Spiced WG 1BG	Milk
	COND PC Sauce, Taco 9g	Soy
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: PEAS, Green Fz 1/2c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	COND PC Drsg French 12g	Egg
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	2/16/2018	
	NACHOS Bean Scp 2.0 - IW Chip	Milk, Soy
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	Fruit: Clementine GFP 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	2/19/2018	
	Pizza Tony's Galaxy Smart Pep	Milk, Soy, Wheat
	BRD: CRACK SS, Animal WG	Soy, Wheat
	MELT SUB AP, BfMtbl PizzaSS2.0	Milk, Soy, Wheat
	VEG: BEANS, Bkd Veg AP 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	2/20/2018	
	BRD: PANCAKES, AP WG Strawb PI	Wheat, Egg, Milk
	YOGURT SS, Danimals Vanilla4oz	Milk
	ENT: BOWL, ChixPop CH 2.0- OPI	Milk, Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	BRD: CRACK SS, Animal WG	Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: FRUIT MIX w/Lt Syr 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk

	MILK SS, Skim Chocolate	Milk
Wed	2/21/2018	
	CHIX Nugget, WG (5) 2.0	Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	MELT BD, AM WG 2.0	Milk, Soy, Wheat
	VEG: POTATO, Diced Cajun	None
	VEG: SALAD, Side RomMix AP1/2c	None
	COND PC Drsg Ranch 12g	Eggs, Milk
	FRUIT: PEARS 135 ct.	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	2/22/2018	
	HOT DOG, Plain WG 2.0	Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	BRD: CRACK SS, Chz-It WG	Milk, Soy, Wheat
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc Mixed B	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	2/23/2018	
	ENT: PASTA, Mac&ChzSS2.0(2BG)	Egg*, Milk, Soy, Wheat
	FISH, Sticks AP (C) WG2.0(4ea)	Fish, Milk, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	COND PC Ketchup 9g Heinz	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	VEG: CARROTS, Sliced Fz 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	2/26/2018	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Mustard 6g	None
	COND PC Ketchup 9g Heinz	None
	STICKS, MAX SNAX Pizza AP 2.0	Milk, Soy, Wheat
	SAUCE P, Marin AP 1/4c	None
	VEG: CORN, Fz 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None

	FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Milk Milk Milk
Tues	2/27/2018	
	BRD: PANCAKES, AP WG Maple PIL CHIX Sausage Patty 1ea 1.0 MELT BD, T.Ham PV WG 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, Egg, Milk None Milk, Wheat None None None None None Milk Milk Milk
Wed	2/28/2018	
	BEEF Salis Steak AP B 2.0 PASTA, Noodles EggWGParsly1/2c COND_Gravy, Brown LS SS SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: POTATO, Mashed 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: APPLE, Slcd IW 2oz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Wheat, Egg, Milk, Soy Milk, Wheat, Soy, *Egg Soy, Wheat Soy, Wheat *Milk None None Milk Milk Milk