

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

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**08/07/2017-09/29/2017**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy*

*\*May Contain  
\*\*Contains Pork*

Day	Date	Allergens
Mon	8/7/2017	
	SDW BN, BfGd SIJoe SS WG 2.0	Soy, Wheat
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Cin1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	8/8/2017	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	VEG: SALAD, Bean Three 3/4 c	None
	VEG: CARROTS, Sliced Fz 1/4c	None
	JUICE SS, Frt Bld 100% 4oz Crt	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	8/9/2017	
	NACHOS BfGd Bn Scp AP- IW Chip	Milk, Soy
	VEG: SALAD, Side RomMix AP1/2c	None

	<b>VEG: CORN, Fz 1/2c</b> <b>COND PC Drsg Italian 12g</b> <b>FRUIT: PEARS 135 ct.</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	None Soy None Milk Milk Milk
<b>Thurs</b>	<b>8/10/2017</b>	
	<b>PASTA, Spaghetti WG 1c</b> <b>SAUCE P, Marin AP 1/2c</b> <b>BEEF Meatballs, RS AP 5ea 2.0</b> <b>BRD: CRACK SS, ScoobyDoo CinWG</b> <b>VEG: BROCCOLI, Frz Chpd 1/2c</b> <b>VEG: TOMATOES, Cherry 1/4c</b> <b>FRUIT: APPLE, 138ct Whole 1c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Wheat, *Egg None Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
<b>Fri</b>	<b>8/11/2017</b>	
	<b>MELT MUFF, EggPty CSauAM2.25WG</b> <b>VEG: POTATO, Tater Tots 1/2 c</b> <b>COND PC Ketchup 9g Heinz</b> <b>VEG: CELERY, Sticks AP 1/4c</b> <b>FRUIT: CUP SS, Applesc Pea1/2c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Egg, Milk, Soy, Wheat None None None None Milk Milk Milk
<b>Mon</b>	<b>8/14/2017</b>	
	<b>TACO ChixGd Soft WG 2.0 2ea</b> <b>RICE, Mex Spiced WG 1BG</b> <b>COND PC Sauce, Taco 9g</b> <b>VEG: CORN, Fz 1/4c</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>FRUIT: BANANA (100-120ct) Whl</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat Milk Soy None None None None Milk Milk Milk
<b>Tues</b>	<b>8/15/2017</b>	
	<b>BRD: WAFFLE, AP WG Maple Md IW</b> <b>CHIX Sausage Patty 1ea 1.0</b> <b>VEG: POTATO, Tater Tots 1/2 c</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>FRUIT: CUP SS, Applesc PeachMa</b> <b>COND PC Ketchup 9g Heinz</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	Egg, Milk, Soy, Wheat None None None None None Milk Milk

	MILK SS, Skim Chocolate	Milk
Wed	8/16/2017	
	Pizza Tony's Galaxy Smart Chz VEG: BROCCOLI, GFP IW 1/2c VEG: PEAS, Green Fz 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None Milk Milk Milk
Thurs	8/17/2017	
	CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Fri	8/18/2017	
	BEEF Salis Steak AP B 2.0 PASTA, Noodles EggWGParsly1/2c COND_Gravy, Brown LS SS VEG: POTATO, Mashed 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Wheat, Egg, Milk, Soy Milk, Wheat, Soy, *Egg *Milk None None Egg Milk Milk Milk
Mon	8/21/2017	
	TACO BfGd Soft AP WG 2.0 2ea COND PC Sauce, Taco 9g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy None None None Milk Milk Milk
Tues	8/22/2017	
	STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c MILK SS, 1% White 8oz	Milk, Soy, Wheat None None None None Milk

	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Wed</b>	<b>8/23/2017</b>	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Thurs</b>	<b>8/24/2017</b>	
	ENT: PASTA, ChixDcd PenneRose2	Milk, Wheat, *Egg
	Roll, DinnerWheatAP(Alpha)2ea	
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: PEAS, Green Fz 1/2c	None
	Fruit: Clementine GFP 1/2c	None
	COND PC Drsg French 12g	Egg
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Fri</b>	<b>8/25/2017</b>	
	SDW SLDR, ChixPty WG 2.0	Wheat, Soy
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Mon</b>	<b>8/28/2017</b>	
	MELT SUB AP, BfMtbl PizzaSS2.0	Milk, Soy, Wheat
	VEG: BEANS, Bkd Veg AP 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Tues</b>	<b>8/29/2017</b>	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	BRD: CRACK SS, Animal WG	Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: FRUIT MIX w/Lt Syr 1/2c	None

	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Wed</b>	<b>8/30/2017</b>	
	CHIX Nugget, WG (5) 2.0	Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: SALAD, Side RomMix AP1/2c	None
	COND PC Drsg Ranch 12g	Eggs, Milk
	FRUIT: PEARS 135 ct.	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Thurs</b>	<b>8/31/2017</b>	
	HOT DOG, Plain WG 2.0	Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc Mixed B	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Fri</b>	<b>9/1/2017</b>	
	Pizza Tony's Galaxy Smart Pep	Milk, Soy, Wheat
	BRD: CRACK SS, Chz-It WG	Milk, Soy, Wheat
	VEG: BROCCOLI, GFP IW 1/2c	None
	VEG: CARROTS, Sliced Fz 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Tues</b>	<b>9/5/2017</b>	
	BRD: PANCAKES, AP WG MplBstIW	Eggs, Milk, Soy, Wheat
	CHIX Sausage Patty 1ea 1.0	None
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc 1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk

<b>Wed</b>	<b>9/6/2017</b>	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: APPLE, Slcd IW 2oz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
<b>Thurs</b>	<b>9/7/2017</b>	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None Milk Milk Milk
<b>Fri</b>	<b>9/8/2017</b>	
	HOT DOG, Plain WG 2.0 COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: SALAD, Side RomMix AP1/2c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Drsg French 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None None None Egg None Milk Milk Milk
<b>Mon</b>	<b>9/11/2017</b>	
	SDW BN, BfGd SIJoe SS WG 2.0 VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat None None None None Milk Milk Milk
<b>Tues</b>	<b>9/12/2017</b>	
	Pizza Tony's Galaxy Smart Chz VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/4c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk, Soy, Wheat None None None Milk Milk

	MILK SS, Skim Chocolate	Milk
Wed	9/13/2017	
	NACHOS BfGd Bn Scp AP- IW Chip	Milk, Soy
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: CORN, Fz 1/2c	None
	COND PC Drsg Italian 12g	Soy
	FRUIT: PEARS 135 ct.	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	9/14/2017	
	PASTA, Spaghetti WG 1c	Wheat, *Egg
	SAUCE P, Marin AP 1/2c	None
	BEEF Meatballs, RS AP 5ea 2.0	Milk, Soy, Wheat
	BRD: CRACK SS, ScoobyDoo CinWG	Soy, Wheat
	VEG: BROCCOLI, Frz Chpd 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	9/15/2017	
	SDW BN, ChixPty Pln WG/WG 2.0	Soy, Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: POTATO, Tater Tots 1/2 c	None
	COND PC Ketchup 9g Heinz	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	9/18/2017	
	TACO ChixGd Soft WG 2.0 2ea	Milk, Soy, Wheat
	RICE, Mex Spiced WG 1BG	Milk
	COND PC Sauce, Taco 9g	Soy
	VEG: CORN, Fz 1/4c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: BANANA (100-120ct) Whl	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	9/19/2017	
	BRD: WAFFLE, AP WG Maple Md IW	Egg, Milk, Soy, Wheat
	CHIX Sausage Patty 1ea 1.0	None
	VEG: POTATO, Tater Tots 1/2 c	None

	VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None Milk Milk Milk
Wed	9/20/2017	
	Pizza Tony's Galaxy Smart Chz VEG: BROCCOLI, GFP IW 1/2c VEG: PEAS, Green Fz 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None Milk Milk Milk
Thurs	9/21/2017	
	CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Fri	9/22/2017	
	BEEF Salis Steak AP B 2.0 PASTA, Noodles EggWGParsly1/2c COND_Gravy, Brown LS SS VEG: POTATO, Mashed 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Wheat, Egg, Milk, Soy Milk, Wheat, Soy, *Egg *Milk None None Egg Milk Milk Milk
Mon	9/25/2017	
	TACO BfGd Soft AP WG 2.0 2ea COND PC Sauce, Taco 9g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy None None None Milk Milk Milk
Tues	9/26/2017	
	STICKS, MAX SNAX Pizza AP 2.0	Milk, Soy, Wheat



	SAUCE P, Marin AP 1/4c	None
	VEG: CORN, Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc STW1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Wed</b>	<b>9/27/2017</b>	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Thurs</b>	<b>9/28/2017</b>	
	ENT: PASTA, ChixDcd PenneRose2	Milk, Wheat, *Egg
	Roll, DinnerWheatAP(Alpha)2ea	Soy, Wheat
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: PEAS, Green Fz 1/2c	None
	Fruit: Clementine GFP 1/2c	None
	COND PC Drsg French 12g	Egg
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Fri</b>	<b>9/29/2017</b>	
	SDW SLDR, ChixPty WG 2.0	Wheat, Soy
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk