

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

Salad Only

08/07/2017-09/29/2017

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy

**May Contain*

***Contains Pork*

Mon 8/7/2017

SALAD, APPLE Slcd IW CHCube2.0
SNACK: CHIP SS, SunchpMixHC WG
VEG: POTATO, FF CtinaGen7 1/2c
VEG: CARROTS, Baby 1/4c GFP IW
FRUIT: CUP SS, Applesc Cin1/2c
COND PC Ketchup 9g Heinz
MILK SS, 1% White 8oz
MILK SS, Skim 8oz
MILK SS, Skim Chocolate

Milk
Milk, Wheat
None
None
None
None
Milk
Milk
Milk

Tues 8/8/2017

Farmer's Market Salad
Breadstick WG 1.0 (Alpha)
BRD: CRACK SS, GFishChd.75ozWG
COND PC Drsg Ranch 12g
VEG: SALAD, Bean Three 3/4 c
VEG: CARROTS, Sliced Fz 1/4c
JUICE SS, Frt Bld 100% 4oz Crt
MILK SS, 1% White 8oz
MILK SS, Skim 8oz
MILK SS, Skim Chocolate

Milk, Wheat
Wheat
Milk, Wheat
Eggs, Milk
None
None
None
Milk
Milk
Milk

Wed 8/9/2017

	SALAD, Ham CH MZ SC W 2.25 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Italian 12g VEG: SALAD, Side RomMix AP1/2c VEG: CORN, Fz 1/2c COND PC Drsg Italian 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Pork** Soy, Wheat Soy None None Soy None Milk Milk Milk
Thurs	8/10/2017	
	SALAD, HamTky CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Drsg French 12g BRD: CRACK SS, ScoobyDoo CinWG VEG: BROCCOLI, Frz Chpd 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Pork** Soy, Wheat Egg Soy, Wheat None None None Milk Milk
Fri	8/11/2017	
	SALAD, ChixDcd Ceas AP 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Caesar Crmy VEG: POTATO, Tater Tots 1/2 c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat Egg, Fish, Milk, Soy, Wheat None None None None Milk Milk Milk
Mon	8/14/2017	
	Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: CORN, Fz 1/4c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: BANANA (100-120ct) Whl MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk
Tues	8/15/2017	
	SALAD, APPLE Slcd IW CHCube2.0 SNACK: CHIP SS, SunchpMixHC WG VEG: POTATO, Tater Tots 1/2 c	Milk Milk, Wheat None

	VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None Milk Milk Milk
Wed	8/16/2017	
	SALAD, Tky CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Drsg Ranch 12g BRD: CRACK SS, Chz-It WG VEG: BROCCOLI, GFP IW 1/2c VEG: PEAS, Green Fz 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Eggs, Milk Milk, Soy, Wheat None None None Milk Milk Milk
Thurs	8/17/2017	
	SALAD, ChixPop CH AP W 2.0 COND PC Drsg Ranch 12g BRD: CRACK SS, Jungle WG VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Eggs, Milk Wheat None None None Milk Milk Milk
Fri	8/18/2017	
	SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Ranch 12g VEG: POTATO, Mashed 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Eggs, Milk *Milk None None Egg Milk Milk Milk
Mon	8/21/2017	
	Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk

	MILK SS, Skim Chocolate	Milk
Tues	8/22/2017	
	Farmer's Market Salad Breadstick WG 1.0 (Alpha) COND PC Drsg Ranch 12g BRD: CRACK SS, GFishChd.75ozWG VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat Wheat Eggs, Milk Milk, Wheat None None None Milk Milk Milk
Wed	8/23/2017	
	SALAD, HamTky CH MZ AP W 2.0 COND PC Drsg French 12g Roll, DinnerWheatAP(Alpha)1ea VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Pork** Egg Soy, Wheat None None None None Milk Milk Milk
Thurs	8/24/2017	
	SALAD, Egg Chef AP W 2.0 Breadstick WG 1.0 (Alpha) COND PC Drsg Ranch 12g BRD: CRACK SS, GFishPrtz .75oz VEG: SALAD, Side RomMix AP1/2c VEG: PEAS, Green Fz 1/2c Fruit: Clementine GFP 1/2c COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk Wheat Eggs, Milk Milk, Wheat None None None Egg Milk Milk Milk
Fri	8/25/2017	
	SALAD, Tky CH MZ AP W 2.0 COND PC Drsg Ranch 12g Roll, DinnerWheatAP(Alpha)1ea VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Eggs, Milk Soy, Wheat None None None Milk Milk Milk
Mon	8/28/2017	

	Farmer's Market Salad Breadstick WG 1.0 (Alpha) COND PC Drsg Ranch 12g BRD: CRACK SS, GFishChd.75ozWG VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat Wheat Eggs, Milk Milk, Wheat None None None Milk Milk Milk
Tues	8/29/2017	
	SALAD, APPLE Slcd IW CHCube2.0 BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat None None None Milk Milk Milk
Wed	8/30/2017	
	SALAD NAC, BfGd IWCHIP AP2.0 BRD: CRACK SS, Jungle WG VEG: POTATO, Tater Tots 1/2 c VEG: SALAD, Side RomMix AP1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy Wheat None None Eggs, Milk None None Milk Milk Milk
Thurs	8/31/2017	
	SALAD, ChixPop CH AP W 2.0 COND PC Drsg Ranch 12g Roll, DinnerWheatAP(Alpha)2ea VEG: POTATO, FF CtinaGen7 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Mixed B COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Eggs, Milk Soy, Wheat None None None None Milk Milk Milk
Fri	9/1/2017	
	SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Drsg French 12g VEG: BROCCOLI, GFP IW 1/2c	Milk Soy, Wheat Egg None

	<p>VEG: CARROTS, Sliced Fz 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>None None Milk Milk Milk</p>
Tues	9/5/2017	
	<p>Farmer's Market Salad Breadstick WG 1.0 (Alpha) BRD: CRACK SS, Chz-It WG COND PC Drsg Ranch 12g VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk, Wheat Wheat Milk, Soy, Wheat Eggs, Milk None None None None None Milk Milk Milk</p>
Wed	9/6/2017	
	<p>SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg French 12g VEG: CORN, Fz 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: APPLE, Slcd IW 2oz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk Soy, Wheat Egg None None None Milk Milk Milk</p>
Thurs	9/7/2017	
	<p>SALAD, Egg Chef AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg French 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Egg, Milk Soy, Wheat Egg None None None Milk Milk Milk</p>
Fri	9/8/2017	
	<p>SALAD, Tky CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Ranch 12g VEG: SALAD, Side RomMix AP1/2c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Drsg French 12g</p>	<p>Milk Soy, Wheat Eggs, Milk None None None Egg</p>

	COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Milk Milk Milk
Mon	9/11/2017	
	SALAD, APPLE Slcd IW CHCube2.0 SNACK: CHIP SS, SunchpMixHC WG VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Milk, Wheat None None None None Milk Milk Milk
Tues	9/12/2017	
	Farmer's Market Salad Breadstick WG 1.0 (Alpha) BRD: CRACK SS, GFishChd.75ozWG COND PC Drsg Ranch 12g VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/4c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat Wheat Milk, Wheat Eggs, Milk None None None Milk Milk Milk
Wed	9/13/2017	
	SALAD, Ham CH MZ SC W 2.25 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Italian 12g VEG: SALAD, Side RomMix AP1/2c VEG: CORN, Fz 1/2c COND PC Drsg Italian 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Pork** Soy, Wheat Soy None None Soy None Milk Milk Milk
Thurs	9/14/2017	
	SALAD, HamTky CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Drsg French 12g BRD: CRACK SS, ScoobyDoo CinWG VEG: BROCCOLI, Frz Chpd 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk, Pork** Soy, Wheat Egg Soy, Wheat None None None Milk Milk

	MILK SS, Skim Chocolate	Milk
Fri	9/15/2017	
	SALAD, ChixDcd Ceas AP 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Caesar Crmy VEG: POTATO, Tater Tots 1/2 c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat Egg, Fish, Milk, Soy, Wheat None None None None Milk Milk Milk
Mon	9/18/2017	
	Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: CORN, Fz 1/4c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: BANANA (100-120ct) Whl MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Tues	9/19/2017	
	SALAD, APPLE Slcd IW CHCube2.0 SNACK: CHIP SS, SunchpMixHC WG VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Milk, Wheat None None None None Milk Milk Milk
Wed	9/20/2017	
	SALAD, Tky CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Drsg Ranch 12g BRD: CRACK SS, Chz-It WG VEG: BROCCOLI, GFP IW 1/2c VEG: PEAS, Green Fz 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Eggs, Milk Milk, Soy, Wheat None None None Milk Milk Milk
Thurs	9/21/2017	
	SALAD, ChixPop CH AP W 2.0 COND PC Drsg Ranch 12g	Milk, Soy, Wheat Eggs, Milk

	BRD: CRACK SS, Jungle WG VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None Milk Milk Milk
Fri	9/22/2017	
	SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Ranch 12g VEG: POTATO, Mashed 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Eggs, Milk *Milk None None Egg Milk Milk Milk
Mon	9/25/2017	
	Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Tues	9/26/2017	
	Farmer's Market Salad Breadstick WG 1.0 (Alpha) COND PC Drsg Ranch 12g BRD: CRACK SS, GFishChd.75ozWG VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat Wheat Eggs, Milk Milk, Wheat None None None Milk Milk Milk
Wed	9/27/2017	
	SALAD, HamTky CH MZ AP W 2.0 COND PC Drsg French 12g Roll, DinnerWheatAP(Alpha)1ea VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Ketchup 9g Heinz	Milk, Pork** Egg Soy, Wheat None None None None

MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk
Thurs 9/28/2017	
SALAD, Egg Chef AP W 2.0	Egg, Milk
Breadstick WG 1.0 (Alpha)	Wheat
COND PC Drsg Ranch 12g	Eggs, Milk
BRD: CRACK SS, GFishPrtz .75oz	Milk, Wheat
VEG: SALAD, Side RomMix AP1/2c	None
VEG: PEAS, Green Fz 1/2c	None
Fruit: Clementine GFP 1/2c	None
COND PC Drsg French 12g	Egg
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk
Fri 9/29/2017	
SALAD, Tky CH MZ AP W 2.0	Milk
COND PC Drsg Ranch 12g	Eggs, Milk
Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
VEG: CORN, Fz 1/2c	None
VEG: CARROTS, Baby 1/4c GFP IW	None
FRUIT: APPLE, 138ct Whole 1c	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk