





# BREAKFAST MENU



March-2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>March 1, 2010</b> Honey Kix Pears Trail Mix 	<b>March 2, 2010</b> Honey Apple Bagel Fresh Fruit Cream Cheese	<b>March 3, 2010</b> Baking Powder Biscuit <b>Sausage Patty*</b> Tater Tots 100% Fruit Juice Strawberry Jam Ketchup	<b>March 4, 2010</b> Pancakes Fresh Fruit Syrup 	<b>March 5, 2010</b> Corn Puffs Peaches Apple Spice Bread
<b>March 8, 2010</b> Bite-Size Mini Wheats Fresh Fruit Nutri-Donut	<b>March 9, 2010</b> English Muffin Scrambled Eggs <b>Sausage Patty*</b> 100% Fruit Juice Apple Jelly	<b>March 10, 2010</b> Breakfast Cheese <b>Pizza Pocket+</b> Fresh Fruit Homemade Granola Bar 	<b>March 11, 2010</b> Canadian Bacon <b>with Bagelette</b> Tater Tots Peaches Ketchup	<b>March 12, 2010</b> <b>Peach Bread</b> Cinnamon Applesauce Banana Breakfast Grain Bar
<b>March 15, 2010</b> Cheerios Fresh Fruit Banana Bread 	<b>March 16, 2010</b> Warm Bagel 100% Fruit Juice Cream Cheese	<b>March 17, 2010</b> <b>Egg &amp; Cheese Sandwich</b> Tater Tots Pears Mixed Fruit Jelly Ketchup 	<b>March 18, 2010</b> Pancakes Strawberry-Banana Applesauce Syrup 	<b>March 19, 2010</b> <b>Nutri-Bun</b> Fresh Fruit Oatmeal Breakfast Grain Bar
<b>March 22, 2010</b> <b>Corn Puffs</b> Mixed Fruit Cup Apple Spice Bread	<b>March 23, 2010</b> <b>Strawberry Yogurt</b> Fresh Fruit Homemade Granola Bar 	<b>March 24, 2010</b> <b>Waffles</b> Fresh Fruit Trail Mix Syrup	<b>March 25, 2010</b> <b>Cinnamon Raisin Bagel</b> 100% Fruit Juice Cream Cheese	<b>March 26, 2010</b> <b>Bite-Size Mini Wheats</b> Applesauce Oatmeal Breakfast Grain Bar
<b>March 29, 2010</b> <b>Apple Cinnamon Cheerios</b> Fresh Fruit Nutri-Bun	<b>March 30, 2010</b> <b>Egg &amp; Cheese Sandwich</b> Sausage Links* 100% Fruit Juice Grape Jelly 	<b>March 31, 2010</b> <b>Canadian Bacon with Bagelette</b> Tater Tots Cinnamon Applesauce Ketchup	<div style="background-color: #90EE90; padding: 10px;"> <p style="text-align: center; color: #000080; font-weight: bold; font-size: 1.2em;">The Breakfast Buzz</p> <p><b>School Breakfast: The Facts</b>            Research shows school breakfast is good for children's bodies and minds. Breakfast eaters have improved memory, problem-solving skills, verbal fluency, and creative abilities.  <b>Special note:</b> Throughout the month, we will serve <b>Michigan apples</b>. It's part of our mission to offer locally-grown produce.</p> </div>	

Meals Served with Milk

Milk Provided By FSP Contains No Growth Hormones or Antibiotics

## National School Breakfast Month