



FSP recognizes that some children and adults may have a degree of intolerance or possible allergic reaction to certain foods and food ingredients. An allergen guide has been designed to provide information, based on manufacturer's ingredient statements, for products currently used on our menus. This list indicates if any product contains any of the "Big 12" allergens according to their ingredient statement. These allergens include: peanuts, corn, dairy, wheat/gluten, MSG, egg, fish, shellfish, tree nuts, soy, spices and nitrates. This product listing (allergen guide) is posted on our website at [www.fspro.com](http://www.fspro.com) and is updated regularly.

A number of items on the menu are produced in our own commissary. Although a certain ingredient may not appear in the recipe, that ingredient and allergen may be present in our facility. Additionally, because we purchase some products from other manufacturers, *we cannot guarantee* that food products are free of traces of a particular food ingredient at any time. Some food products may be manufactured in a facility or on the same production line as an allergen not present in the food's ingredient statement. If the manufacturer has informed us of that, it is noted in the allergen chart.

Please be aware that there are new products that are added to the menu on a continuous basis. Because of our bidding process and use of different brand name products, substitutions are sometimes necessary.

If you have questions regarding the ingredients of a specific product, we invite you to contact us to discuss your concerns.

Thank you!

FSP/ Ceres Food Group, Inc.  
Nutrition Services  
5150 N. Northwest Highway  
Chicago, IL 60630  
773-385-6020  
[nutritioninfo@fspro.com](mailto:nutritioninfo@fspro.com)